



GYMNASTICS FOR ALL

The World of Gymnastics



PRESENTATION OVERVIEW

- What is Gymnastics for All
- Policy & Strategy
 - Key areas
- FIG Gymnastics for All Committee
- Objectives

WHAT IS GYMNASTICS FOR ALL

- Recognized discipline of the FIG
- Fundamental Significance
- FIG's 'Sport for All' component
- Range of movements and activities
- Suitable for all Ages & Abilities
- Physical, Fitness, Health and Social benefits



Policy & Strategy

GfA within the FIG (image/acceptance)

FIG-GfA within IOC and other International organisations

Statements

External competitors

Government relations

Cooperation

: Continental Unions

: Disability

: Competitions



GYMNASTICS FOR ALL KEY AREAS

- Apparatus Gymnastics
- Gymnastics and Dance
- Fitness Activities
- Health & Well-Being

GYMNASTICS FOR ALL COMMITTEE

- 7 members (President + six members)
- Facilitate sharing of ideas and information.
- Helping to spread GfA across the World
- 7 focus areas of work
- Governing Regulations

www.fig-gymnastics.com





FIG GfA COMMITTEE OBJECTIVES

- Worldwide development and spread of GfA
- Creation and enhancement of structures and education in all FIG member federations
- World Gymnaestrada
- Gym for Life Challenge
- Foundation Course
- Symposiums / Colloquiums
- National GG events



FIG GG COMMITTEE OBJECTIVES

- Foundation course (Namibia, October 2007 - Lillsved, April 2008)
- Foundation Course, instructors, Copenhagen, September 2008
- Gymnastics for All Manual - revision
- Join the Gymnaestrada course
 - Cancun - August 2008
 - Asian - spring 2009
- Gym for Life Challenge - promotion
- 14 th Gymnaestrada 2011 Lausanne



Marketing and Communications

Communication

- : Web
- : Newsletters

Promotion / Publications

- : Image of GG
- : Education & Programs
- : Information material
- : Booklets
- : Resource register