

Competition: _____

Gymnast: _____

Num. _____ Club _____

Level 4	
ROPE	HOOP

<p>Body Difficulty – Max. 1.4 5 Body Difficulties (0.1-0.2-0.3) 1 diff. from each body group + 2 additional Deductions (-0.3 each):</p> <ul style="list-style-type: none"> • Unauthorized distribution of DB • Over max. DB • Slow turn DB 	
<p>Composition requirements – Max. 1.6:</p> <ul style="list-style-type: none"> • Dance Steps – 2 (0.3 each) • Required Apparatus Elements – 5 (0.2 each) <p>Deductions: (-0.3 each)</p> <ul style="list-style-type: none"> • Repetition of pre-acro from the same group (for each -0.3) • More than 4 pre-acrobatic elements 	
<p>TOTAL Difficulty Score Max. (3.00)</p>	

<p>Artistic Faults – Max 2.00</p> <ul style="list-style-type: none"> • Insufficient use of floor area – 0.2 • Missing Min. 1 change in speed and/or intensity of the music is not represented by contrast in the body – 0.2 • More than 3 illogical connections – 0.2 • Expression – lack of face/body segments in the movements – 0.2 																			
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;">Rhythm:</td> <td style="width: 5%;">0.1</td> <td style="width: 5%;">0.2</td> <td style="width: 5%;">0.3</td> <td style="width: 5%;">0.4</td> <td style="width: 5%;">0.5</td> <td style="width: 5%;">0.6</td> <td style="width: 5%;"></td> <td style="width: 5%;"></td> </tr> <tr> <td></td> <td>0.7</td> <td>0.8</td> <td>0.9</td> <td>1.0</td> <td>1.1</td> <td>1.2</td> <td></td> <td></td> </tr> </table>	Rhythm:	0.1	0.2	0.3	0.4	0.5	0.6				0.7	0.8	0.9	1.0	1.1	1.2			
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	0.7	0.8	0.9	1.0	1.1	1.2													
<p>Artistic Deductions: *Absence of harmony with music at the end (-0.5) *Unjustified Start (-0.3) *Lack of contact with apparatus in the beginning/end (-0.3) – composition fault only</p>																			
<p>Technical Faults</p>																			
<p>Total Execution Score (Max. 10) 10.00 - _____ =</p>																			

Judge signature _____