

Competition: _____

Gymnast: _____

Num: _____ Club: _____

Session: _____



Level 5



Body Difficulty - Max 2.5 7 Body Difficulties (0.1-0.4) Deductions: (- 0.30 each) *Over maximum *Opposite leg *Missing/Additional Diff	
Composition Difficulty -Max 1.5	
TOTAL DIFFICULTY – Max 4.0	

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TOTAL DIFFICULTY – Max 4.0	

Artistic Execution (0.2 each)											
<input type="checkbox"/> Sufficient use of movement with hands, arms, neck, head, trunk <input type="checkbox"/> Variety in shapes of Body Difficulties <input type="checkbox"/> Variety in Dance steps <input type="checkbox"/> Variety in directions of body movements, in the use of levels, modalities of travelling <input type="checkbox"/> Variety and use of the entire floor area <input type="checkbox"/> Variety in the speed and intensity during the whole exercise (dynamism) <input type="checkbox"/> Logical transitions and smooth connections between movements											
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0
Expression					0.0	0.1	0.2	0.3	0.4	0.5	0.6
Deductions:											
*Absence of harmony with music at end (-0.5)											
* Unjustified start (-0.3)											
Technical Faults (7.0 max)						7.0 - _____ = _____					
TOTAL EXECUTION						Max 10.00					

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Judge Signature: _____

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