

Competition: \_\_\_\_\_

Gymnast: \_\_\_\_\_

Num: \_\_\_\_\_ Club: \_\_\_\_\_

Session: \_\_\_\_\_



<b>Level 5</b>				

<b>Body Difficulty - Max 2.0</b> 5 Body Difficulties (0.1-0.4) <b>Deductions: (- 0.30 each)</b> *Over maximum *Missing/Additional Diff	
<b>Apparatus Technical Elements –</b> 0.2 each X 6 = <b>Max 1.2</b>	
<b>Throws – Max 1.2</b>	
<b>Dance Steps – Max. 0.6</b>	
<b>TOTAL DIFFICULTY – Max 5.0</b>	

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<b>Dance Steps – Max. 0.6</b>	
<b>TOTAL DIFFICULTY – Max 5.0</b>	

<b>Artistic Execution (0.2 each)</b> <input type="checkbox"/> Sufficient use of movement with hands, arms, neck, head, trunk <input type="checkbox"/> Variety in the use of apparatus work <input type="checkbox"/> Variety in Dance steps <input type="checkbox"/> Variety in directions of body movements, in the use of levels, modalities of travelling <input type="checkbox"/> Variety and use of the entire floor area <input type="checkbox"/> Variety in the speed and intensity during the whole exercise (dynamism) <input type="checkbox"/> Logical transitions and smooth connections between movements												
Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0	
Expression					0.0	0.1	0.2	0.3	0.4	0.5	0.6	
<b>Deductions:</b> *Absence of harmony with music at end (-0.5) *Unjustified start (-0.3)												
<b>Technical Faults (7.0 max)</b>						<b>7.0 - _____ = _____</b>						
<b>TOTAL EXECUTION - Max 10.00</b>												

<b>Artistic Execution (0.2 each)</b> <input type="checkbox"/> Sufficient use of movement with hands, arms, neck, head, trunk <input type="checkbox"/> Variety in the use of apparatus work <input type="checkbox"/> Variety in Dance steps <input type="checkbox"/> Variety in directions of body movements, in the use of levels, modalities of travelling <input type="checkbox"/> Variety and use of the entire floor area <input type="checkbox"/> Variety in the speed and intensity during the whole exercise (dynamism) <input type="checkbox"/> Logical transitions and smooth connections between movements												
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<b>Technical Faults (7.0 max)</b>						<b>7.0 - _____ = _____</b>						
<b>TOTAL EXECUTION - Max 10.00</b>												

Judge Signature: \_\_\_\_\_

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