

Competition: \_\_\_\_\_

Gymnast: \_\_\_\_\_ No: \_\_\_\_\_



**Level 6**

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|--|--|
| <b>Body Difficulty - Max 3.0</b><br>5 Body Difficulties (0.1-0.6)<br><b>Deductions: (- 0.30 each)</b><br>*Over maximum<br>*Missing/Additional Diff |  |
| <b>Apparatus Technical Elements - Max 1.6</b>  |  |
| <b>Apparatus Combinations – Max 0.6</b>  |  |
| <b>Throws – Max 1.2</b>  |  |
| <b>Dance Steps – Max 0.6</b>   |  |
| <b>TOTAL DIFFICULTY – Max 7.0</b>  |  |

|  |                            |     |     |     |     |     |     |     |     |     |     |     |            |     |     |     |     |     |     |     |  |
|--|----------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------------|-----|-----|-----|-----|-----|-----|-----|--|
| <b>Artistic Execution (0.2 each)</b><br><input type="checkbox"/> Sufficient use of movement with hands, arms, neck, head, trunk<br><input type="checkbox"/> Variety in the use of apparatus work<br><input type="checkbox"/> Variety in Dance steps<br><input type="checkbox"/> Variety in directions of body movements, in the use of levels, modalities of travelling<br><input type="checkbox"/> Variety and use of the entire floor area<br><input type="checkbox"/> Variety in the speed and intensity during the whole exercise (dynamism)<br><input type="checkbox"/> Logical transitions and smooth connections between movements  |                            |     |     |     |     |     |     |     |     |     |     |     |            |     |     |     |     |     |     |     |  |
| <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="border-right: 1px solid black; padding: 2px;">Musicality</td> <td style="border-right: 1px solid black; padding: 2px;">0.0</td> <td style="border-right: 1px solid black; padding: 2px;">0.1</td> <td style="border-right: 1px solid black; padding: 2px;">0.2</td> <td style="border-right: 1px solid black; padding: 2px;">0.3</td> <td style="border-right: 1px solid black; padding: 2px;">0.4</td> <td style="border-right: 1px solid black; padding: 2px;">0.5</td> <td style="border-right: 1px solid black; padding: 2px;">0.6</td> <td style="border-right: 1px solid black; padding: 2px;">0.7</td> <td style="border-right: 1px solid black; padding: 2px;">0.8</td> <td style="border-right: 1px solid black; padding: 2px;">0.9</td> <td style="padding: 2px;">1.0</td> </tr> <tr> <td style="border-right: 1px solid black; padding: 2px;">Expression</td> <td style="border-right: 1px solid black; padding: 2px;">0.0</td> <td style="border-right: 1px solid black; padding: 2px;">0.1</td> <td style="border-right: 1px solid black; padding: 2px;">0.2</td> <td style="border-right: 1px solid black; padding: 2px;">0.3</td> <td style="border-right: 1px solid black; padding: 2px;">0.4</td> <td style="border-right: 1px solid black; padding: 2px;">0.5</td> <td style="padding: 2px;">0.6</td> </tr> </table> | Musicality                 | 0.0 | 0.1 | 0.2 | 0.3 | 0.4 | 0.5 | 0.6 | 0.7 | 0.8 | 0.9 | 1.0 | Expression | 0.0 | 0.1 | 0.2 | 0.3 | 0.4 | 0.5 | 0.6 |  |
| Musicality   | 0.0                        | 0.1 | 0.2 | 0.3 | 0.4 | 0.5 | 0.6 | 0.7 | 0.8 | 0.9 | 1.0 |     |            |     |     |     |     |     |     |     |  |
| Expression   | 0.0                        | 0.1 | 0.2 | 0.3 | 0.4 | 0.5 | 0.6 |     |     |     |     |     |            |     |     |     |     |     |     |     |  |
| <b>Deductions:</b><br>*Absence of harmony with music at end (-0.5)<br>* Unjustified start (-0.3)   |                            |     |     |     |     |     |     |     |     |     |     |     |            |     |     |     |     |     |     |     |  |
| <b>Technical Faults (7.0 max)</b>  | <b>7.0 - _____ = _____</b> |     |     |     |     |     |     |     |     |     |     |     |            |     |     |     |     |     |     |     |  |
| <b>TOTAL EXECUTION - Max 10.00</b>   |                            |     |     |     |     |     |     |     |     |     |     |     |            |     |     |     |     |     |     |     |  |

Judge Signature: \_\_\_\_\_

Competition: \_\_\_\_\_

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| <b>Throws – Max 1.2</b>  |  |
| <b>Dance Steps – Max 0.6</b>   |  |
| <b>TOTAL DIFFICULTY – Max 7.0</b>  |  |

|  |                            |     |     |     |     |     |     |     |     |     |     |     |            |     |     |     |     |     |     |     |  |
|--|----------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------------|-----|-----|-----|-----|-----|-----|-----|--|
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| Musicality   | 0.0                        | 0.1 | 0.2 | 0.3 | 0.4 | 0.5 | 0.6 | 0.7 | 0.8 | 0.9 | 1.0 |     |            |     |     |     |     |     |     |     |  |
| Expression   | 0.0                        | 0.1 | 0.2 | 0.3 | 0.4 | 0.5 | 0.6 |     |     |     |     |     |            |     |     |     |     |     |     |     |  |
| <b>Deductions:</b><br>*Absence of harmony with music at end (-0.5)<br>* Unjustified start (-0.3)   |                            |     |     |     |     |     |     |     |     |     |     |     |            |     |     |     |     |     |     |     |  |
| <b>Technical Faults (7.0 max)</b>  | <b>7.0 - _____ = _____</b> |     |     |     |     |     |     |     |     |     |     |     |            |     |     |     |     |     |     |     |  |
| <b>TOTAL EXECUTION - Max 10.00</b>   |                            |     |     |     |     |     |     |     |     |     |     |     |            |     |     |     |     |     |     |     |  |

Judge Signature: \_\_\_\_\_