Competition: _____

Gymnast: _____ No: _____

USA GYMNASTICS RHYTHMIC

Level 6

Body Difficulty - Max 3.0 5 Body Difficulties (0.1-0.6) **Deductions: (- 0.30 each)** *Over maximum *Opposite leg *Missing/Additional Diff	
Apparatus Technical Elements - Max 1.6	
Apparatus Combinations – Max 0.6	
Throws – Max 1.2	
Dance Steps – Max 0.6	
TOTAL DIFFICULTY – Max 7.0	

Artistic Execution (0.2 each) ☐ Sufficient use of movement with hands, arms, neck, head, trunk ☐ Variety in the use of apparatus work ☐ Variety in Dance steps ☐ Variety in directions of body movements, in the use of levels, modalities of travelling ☐ Variety and use of the entire floor area ☐ Variety in the speed and intensity during the whole exercise (dynamism) ☐ Logical transitions and smooth connections between movements	

Musicality	0.0	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9	1.0
Expression					0.0	0.1	0.2	0.3	0.4	0.5	0.6

Deductions: *Absence of harmony with music at end (-0.5) * Unjustified start (-0.3)	
Technical Faults (7.0 max)	**7.0 - _____ =_____**
TOTAL EXECUTION - Max 10.00	

Judge Signature: _____

Competition: _____

Gymnast: _____ No: _____

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