

Competition: _____

Gymnast: _____ No: _____



Level 5				

Body Difficulty - Max 2.0 5 Body Difficulties (0.1-0.4) Deductions: (- 0.30 each) *Over maximum *Missing/Additional Diff	
Apparatus Technical Elements – 0.2 each X 6 = Max 1.2	
Throws – Max 1.2	
Dance Steps – Max. 0.6	
TOTAL DIFFICULTY – Max 5.0	

Artistic Execution (0.2 each) <input type="checkbox"/> Sufficient use of movement with hands, arms, neck, head, trunk <input type="checkbox"/> Variety in the use of apparatus work <input type="checkbox"/> Variety in Dance steps <input type="checkbox"/> Variety in directions of body movements, in the use of levels, modalities of travelling <input type="checkbox"/> Variety and use of the entire floor area <input type="checkbox"/> Variety in the speed and intensity during the whole exercise (dynamism) <input type="checkbox"/> Logical transitions and smooth connections between movements																									
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Deductions: *Absence of harmony with music at end (-0.5) * Unjustified start (-0.3)																									
Technical Faults (7.0 max)	7.0 - _____ = _____																								
TOTAL EXECUTION - Max 10.00																									

Judge Signature: _____

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