Intermediate/Advanced Group – Execution

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USA GYMNASTIC

Competition:	Group:
Competition	Group

Artistic Faults					Pen	alty				RHYTHMI
At the beginning or during the exercise, one or			0.30			0.60			0.90	
several gymnasts are without apparatus for										
more than 4 seconds	<u> </u>		0.20			0.60			0.00	
During the Collaboration visible immobility of one or several apparatus for more than			0.30			0.60			0.90	
4 seconds (each time, regardless the										
number of the gymnasts)										
None of the gymnasts are in contact with any			0.30			•				
apparatus in the final position.										
At the start of the exercise, one gymnast			0.30							
remains in a lift position for longer than 4 sec					1		•	ī		
Rhythm: harmony between movements	0.10	0.20	0.30	0.40	0.50	0.60	0.70	0.80	0.90	1.00
and musical accents, phrases, tempo										
Absence of harmony between music-					0.50					
Movement at the end of the exercise A musical introduction longer than 4			0.20							
seconds without movement			0.30							
Body and Facial Expression	0.10	0.20	0.30		0.50					
Formations – Lack of variety between		0.20								<u></u> '
amplitude /design in formations										
Formations- Long stop in formation		0.20								
Variety: Formations – Less than 6			0.30							
formations (one-time penalty)		1								
Variety: One type of Collaboration		0.20								
overwhelms the composition							T			
Collaborations – Prohibited elements with			0.30			0.60			0.90	
collaboration (0.3 each) Variety: lack of variety in directions of		0.20								
body movements, in the use of levels,		0.20								
modalities of travelling										
Variety: Lack of variety in Dance Steps		0.20								
Variety: Lack of variety in apparatus			0.30							
elements			0.50							
Dynamic Changes			0.30							
Collective Work: One type of collective		0.20								
work overwhelms the composition										
TOTAL ARTISTIC FAULTS PENALTY										
TOTAL TECHNICAL FAULTS PENALTY										
10.0 - (Artistic Faults + Technical Faults) = FINAL EXECUTION SCORE										

عمارال	Signature		
luuse	Signature		