SPECIAL OLYMPICS COACH & GYMNAST WORKSHOP

WHEN: May 3, 2020

WHERE: Chattooga Gymnastics | 4005 Canton Road | Marietta, Georgia 30066
http://www.chattoogagym.com/

WHAT: A workshop for coaches, gymnasts, and Unified Sports partners. The workshop is being presented by Precision Choreography and is appropriate for artistic (men & women) and rhythmic gymnasts.

SANCTIONED BY: Special Olympics North America and Chattooga Gymnastics

SCHEDULE:
Choose the morning or afternoon session when you register.

Morning Session
9:00 - 9:25 AM Intros and Warm Up
9:30 - 10:15 AM Artistry with Nicole, and Confidence Building & Goal Setting with Wendy
10:20 - 11:05 AM Switch Groups
11:10 - 11:45 AM Coaches "Training for Physical Wellness" with Shira
Athletes cool down, photos and autographs with Nicole & Wendy

Afternoon Session
12:30 - 12:55 PM Intros and Warm Up
1:00 - 1:45 PM Artistry with Nicole, and Confidence Building & Goal Setting with Wendy
1:50 - 2:35 PM Switch Groups
2:40 - 3:15 PM Coaches "Training for Physical Wellness" with Shira
Athletes cool down, photos and autographs with Nicole & Wendy

CLINICIANS:

Nicole Langevin  Shira Lewis, DPT  Wendy Bruce

Find out more about the clinicians backgrounds and expertise at http://www.precisionchreo.com/about-us/

REGISTRATION:
• Complete the registration form below and return by March 22 to Cindy at cbickman@earthlink.net
• Attendance at the workshop is FREE, but pre-registration is required

For more information contact Cindy Bickman at cbickman@earthlink.net
Please complete this form & return by March 22 to Cindy at cbickman@earthlink.net

NAME: ____________________________  SO PROGRAM: ____________________________

EMAIL: ____________________________  PHONE #: ____________________________

TEAM/DELEGATION NAME: _______________________________________________________

PREFERRED SESSION:  ☐ MORNING (9:45 – 11:15 AM)  ☐ AFTERNOON (12:30 – 3:15 PM)

COACHES ATTENDING WORKSHOP  EMAIL ADDRESS
1. ____________________________________________  ____________________________
2. ____________________________________________  ____________________________
3. ____________________________________________  ____________________________
4. ____________________________________________  ____________________________

ATHLETES ATTENDING WORKSHOP  ARTISTIC LEVEL  RHYTHMIC LEVEL
1. ____________________________________________  _________  _________
2. ____________________________________________  _________  _________
3. ____________________________________________  _________  _________
4. ____________________________________________  _________  _________
5. ____________________________________________  _________  _________
6. ____________________________________________  _________  _________
7. ____________________________________________  _________  _________
8. ____________________________________________  _________  _________

Thank you for your commitment to coach education and your support of Special Olympics Gymnastics!