



USA GYMNASTICS®

LEVELS 8-10 OPTIONAL TEAM COACHES

MEMBERSHIP

Professional/Junior Professional Member

Membership Requirements

Background Check (Professional Member Only)

U100 Fundamentals of Gymnastics Instruction

U101 Safety and Risk Management

U110 U.S. Center for SafeSport Core Course

COURSEWORK

U107 or U108: First Aid

B202: Creating an Outstanding Customer Service Culture

U200: Development Coaches Course-Sports Science

U301: Stewards of Children

U302: Recognizing and Responding

U205: Double Goal Coach® Culture, Practice, and Games

T200: Trampoline and Tumbling Developmental Coaches Course

U310: Regional Congress

W200: Developmental Coaches Course-Hands on Training (Live)

***Concussion Education*

USA Gymnastics offers CDC or NFHS Courses Free of Charge

W202: Women's Meet Director Course

U305: Double-Goal Coach®: Developing Triple-Impact Competitors

W300: Women's Junior Olympic Coaches Course (Live)

W400: Women's National Coaches Course (Live)

B101: Business Foundations 1

J205: Honoring the Game: The Official's Role in Creating a
Positive Youth Sports Culture

U410: National Congress

FOR MORE INFORMATION VISIT
USAGymnasticsUniversity.org

