



USA GYMNASTICS®

LEVELS 5-7 WOMEN'S ARTISTIC COACHES

MEMBERSHIP

Professional/Junior Professional Member

Membership Requirements

Background Check (Professional Members Only)

U100 Fundamentals of Gymnastics Instruction

U101 Safety and Risk Management

U110 U.S. Center for SafeSport Core Course

COURSEWORK

U107 or U108: CPR/First Aid

U103: USA Gymnastics Fitness

B202: Creating an Outstanding Customer Service Culture

U200: Development Coaches Course-Sports Science

U301: Stewards of Children

U302: Recognizing and Responding

U205: Double Goal Coach® Culture, Practice, and Games

T200: Trampoline and Tumbling Developmental Coaches Course

U310: Regional Congress

***Concussion Education*

USA Gymnastics offers CDC or NFHS Concussion Courses Free of Charge

U410: National Congress

W202: Women's Meet Director Course

U305: Double-Goal Coach®: Developing Triple-Impact Competitors

W300: Women's Junior Olympic Coaches Course (Live)

J205: Honoring the Game: The Official's Role in Creating a Positive Youth Sports Culture

NEXT STEP: Level 8-10 Optional Team Coach

W400: Women's National Coaches Course

B101: Business Foundations 1

U410: National Congress



For more information visit USAGymnasticsUniversity.org