USA GYMNASTICS®

SCHOOL AGE INSTRUCTOR

MEMBERSHIP
Instructor Member

Membership Requirements
- Background Check (18 & Older)
- U110 U.S. Center for SafeSport Core Course

COURSEWORK
- U100 Fundamentals of Gymnastics Instruction
- U101 Safety and Risk Management
- U107 or U108: CPR/First Aid
- B202: Creating an Outstanding Customer Service Culture
- U103: USA Gymnastics Fitness
- U200: Development Coaches Course-Sports Science
- U301: Stewards of Children
- U302: Recognizing and Responding
- R103: School Age-Hands on Training (Live)
- R104: GymCert Level 1
- R105: GymCert BOYS Level 1
- R204: GymCert Level 2
- R301: Brain & Body-Beyond Basics (Live)
- T200: Trampoline and Tumbling Developmental Coaches Course
- W200: Developmental Coaches Course-Hands on Training (Live)
- U310: Regional Congress
- U410: National Congress

NEXT STEP: Pre Team Coach

- U205: Double Goal Coach® Culture, Practice, and Games
- R205: GymCert Level 3
- J205: Honoring the Game: The Official’s Role in Creating a Positive Youth Sports Culture

For more information visit USAGymnasticsUniversity.org