Level 7 Women’s Pair

Base may support top at hips, lower back, waist, and/or buttocks. No credit if support on legs.

Leg position of top is optional.

Cartwheel to handstand

Top may mount from base’s arm, leg or thigh. Leg position of top is optional.

Top may hold in straddle or pike.

Top may hold in tuck, pike or straddle.

Top may hold in front or back bird or straddle.

Top may hold in front or back bird or straddle.

Top may also add 180° twist before the wrap.

Top may hold in straddle or pike.

Flexibility individual skill - draw skill (and “OR” option if needed) for top here:

Balance individual skill - draw skill (and “OR” option if needed) for top here:

Agility individual skill - draw skill (and “OR” option if needed) for top here:

Tumbling Individual skill - draw skill (and “OR” option if needed) for top here:

Choreography individual skill - draw skill (and “OR” option if needed) for top here:

Tariff Sheet

Entry #

Age group

Club

Coach contact info:

Name

Phone

Email

Athlete info:

Name

Birthdate

Name

Birthdate

2009-12 Specifications - 01-09
Level 7 Men’s Pair

Tariff Sheet

Entry #

Age group

Club

Coach contact info:

Name

Phone

Email

Athlete info:

Name

Birthday

Flexibility individual skill - draw skill (and "OR" option if needed) for top here:

Balance individual skill - draw skill (and "OR" option if needed) for top here:

Agility individual skill - draw skill (and "OR" option if needed) for top here:

Tumbling Individual skill - draw skill (and "OR" option if needed) for top here:

Choreography individual skill - draw skill (and "OR" option if needed) for top here:

Top may hold in pike or straddle.

Leg position of top is optional.

Cartwheel to handstand.

Top may mount from base's arm, leg or thigh. Leg position of top is optional.

180°

OR

180°

OR

OR

2009-12 Specifications - 01-09
Level 7 Mixed Pair

### Tariff Sheet

<table>
<thead>
<tr>
<th>Entry #</th>
<th>Age group</th>
<th>Club</th>
<th>Coach contact info:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Name</td>
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<tr>
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<td>Phone</td>
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<td>Email</td>
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</table>

### Athlete info:

<table>
<thead>
<tr>
<th>Name</th>
<th>Birthdate</th>
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<tbody>
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</tbody>
</table>

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### Flexibility individual skill - draw skill (and "OR" option if needed) for top here:

### Balance individual skill - draw skill (and "OR" option if needed) for top here:

### Agility individual skill - draw skill (and "OR" option if needed) for top here:

### Tumbling Individual skill - draw skill (and "OR" option if needed) for top here:

### Choreography individual skill - draw skill (and "OR" option if needed) for top here:
Level 7 Women’s Group

Tariff Sheet

Entry #
Age group
Club
Coach contact info:
  Name
  Phone
  Email
Athlete info:
  Name
  Birthdate
  Name
  Birthdate
  Name
  Birthdate

Flexibility individual skill - draw skill
  (and ‘OR’ option if needed) for top here:
  Flexibility individual skill - draw skill
  (and ‘OR’ option if needed) for base here:
  Flexibility individual skill - draw skill
  (and ‘OR’ option if needed) for base here:

Balance individual skill - draw skill
  (and ‘OR’ option if needed) for top here:
  Balance individual skill - draw skill
  (and ‘OR’ option if needed) for base here:
  Balance individual skill - draw skill
  (and ‘OR’ option if needed) for base here:

Agility individual skill - draw skill
  (and ‘OR’ option if needed) for top here:
  Agility individual skill - draw skill
  (and ‘OR’ option if needed) for base here:
  Agility individual skill - draw skill
  (and ‘OR’ option if needed) for base here:

Tumbling individual skill - draw skill
  (and ‘OR’ option if needed) for top here:
  Tumbling individual skill - draw skill
  (and ‘OR’ option if needed) for base here:
  Tumbling individual skill - draw skill
  (and ‘OR’ option if needed) for base here:

Choreography individual skill - draw skill
  (and ‘OR’ option if needed) for top here:
  Choreography individual skill - draw skill
  (and ‘OR’ option if needed) for base here:
  Choreography individual skill - draw skill
  (and ‘OR’ option if needed) for base here:

For credit, straddle hold and beginning of press must be performed from support position, not sit. Lag position of top is optional.

For throw, bases may support top’s hands, arms and/or shoulders (no support on torso).

Top may hold in tuck, pike or straddle.

Top may be in straddle or crocodile on either pyramid in either position indicated by arrows.

For throw, bases may support top’s hands, arms and/or shoulders (no support on torso).