

# ACROBATIC GYMNASTICS TECHNICAL UPDATE March 2019

Updates and clarifications outlined below are effective immediately.

- Level 6 MxP D3
  - The current picture does not match the wording, therefore both elements will be allowed and can be used to fulfill the requirement
    - Boost to immediate wrap
    - Boost straight jump link to pick up to wrap
  
- Repetition of top positions
  - Reminder that this applies at level 7 and 8
  - Tuck, pike, straddle are all considered different positions in the USA JO Code
  
- Wrap Catches
  - The current JO Code states that wraps facing towards the base and wraps facing away from the base are not considered the same position.
    - This is outdated with the current FIG Code that states that a wrap catch regardless of the way it's facing is considered a horizontal catch.
  - USA Acrobatic Gymnastics will follow the FIG Code definition of a wrap catch
    - Both wrap positions are considered the same (horizontal)
  
- Horizontal catches in Women's Group
  - The current JO Code allows for 4 horizontal catches at Level 8.
  - Although current 11-16 rules states that WG can only have a maximum of 3 horizontal catches, Level 8 will continue to allow 4 horizontal catches.
  - 11-16 WG must follow current 11-16 FIG Age Group Rules

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