



**Acrobatic Gymnastics Program Committee  
May 1, 2019 \* Conference Call  
Minutes**

*Call commenced at 3:30pm EST*

**1. Role Call:**

Carisa Laughon, APCC  
Dylan Maurer, Athlete Rep (absent)  
Sarah Thomas, NJOC  
Ronda Francis, NEC  
Holly King, NTC  
Ryan Ward, Acrobatics Program Director (non-voting)

**2. PAGU TC Rep**

*Tonya Case joined the call for this portion of the conversation.*

Tonya provided information regarding the upcoming PAGU Championships including dates and location. We also discussed the upcoming PAGU elections for Acrobatics Technical Committee.

*Tonya left the call.*

The PC further discussed recommending a candidate for nomination to the PAGU Acrobatics Technical Committee.

**Recommend to USA Gymnastics that Tonya Case be nominated as the USA's candidate to the PAGU Acrobatics Technical Committee, in the role of President.**

**Motion: Carisa**

**Second: Ronda**

**Vote: Unanimous**

**3. International Club Competition Request**

The PC considered an international program request.

**4. Disciplinary Issues**

Warning letters for disciplinary issues that occurred this competitive season will be sent from the national office to those individuals involved.

**5. Coach and Athlete Education**

The PC briefly discussed including more education for coaches and athletes in the areas of nutrition, training cycles and over training, and sport psychology.

*Call concluded at 4:45pm EST*