

**Acrobatic Gymnastics 2021 World Team Trials
GENERAL SCHEDULE**

Wednesday, April 21, 2021				
Start Time	End Time	Activity	Groups	Room
		Arrivals	All	
Thursday, April 22, 2021				
Start Time	End Time	Activity	Groups	Room
		Arrivals	All	
9:00 AM	9:30 PM	Open Training (assigned times/cub)		Warm-up Gym
9:00 PM		Competition Gym set-up		Competition Gym
Friday, April 23, 2021				
Start Time	End Time	Activity	Groups	Room
8:00 AM	9:00 AM	Volunteer Meeting	Volunteers	Gym Foyer
9:00 AM	10:00 AM	Orientation Meeting (mandatory)	Coaches, Chaperones, TM	Warm-up Gym
		Athlete meetings - 15 min before assigned training session		Warm-up Gym
10:00 AM	6:35 PM	Podium training (assigned times/club)	All	Warm-up & Competition Gyms
		Size Measurements at end of training session	All	Competition Gym
Saturday, April 24, 2021				
Start Time	End Time	Activity	Groups	Room
Competition Session #1: JE 12-19				
8:20 AM		12-19 Warm-up Open	12-19 pair/groups, as assigned	Warm-up Gym
9:20 AM	9:30 AM	Opening Ceremony, National Anthem	All	Competition Gym
9:30 AM	10:45 AM	12-19 Competition - First Exercise <i>WP - Dynamic</i> <i>WG, MXP - Balance</i>	12-19 pair/groups	Competition Gym
11:30 AM	12:40 PM	12-19 Competition - Second Exercise <i>WP - Balance</i> <i>WG, MXP - Dynamic</i>		
Competition Session #2: Age Group 11-17				
1:20 PM		11-17 Warm-up open	11-17 Pair/groups, as assigned	Warm-up Gym
2:30 PM	3:20 PM	11-17 Age Group Competition - First Exercise <i>WP, MP - Dynamic</i> <i>WG, MXP - Balance</i>	11-17 Pair/groups	Competition Gym
Competition Session #3: JE 13-20 and Seniors				
4:05 PM		13-20 & Seniors Warm-up Open	13-20 & Senior pair/groups, as assigned	Warm-up Gym
5:15 PM	6:15 PM	13-20 & Seniors Competition - First Exercise <i>WP, MP, MG - Dynamic</i> <i>WG, MXP - Balance</i>	13-20 & Senior pair/groups	Competition Gym
7:00 PM	8:00 PM	13-20 & Seniors Competition - Second Exercise <i>WP, MP, MG - Balance</i> <i>WG, MXP - Dynamic</i>		

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Sunday, April 25, 2021				
Start Time	End Time	Activity	Groups	Room
Competition Session #4: Age Group 11-17				
8:20 AM		11-17 Warm-up open	11-17 Pair/groups, as assigned	Warm-up Gym
9:30 AM	10:20 AM	11-17 Age Group Competition - Second Exercise <i>WP, MP - Balance</i> <i>WG, MXP - Dynamic</i>	11-17 Pair/groups	Competition Gym
Competition Session #5: JE 12-19				
11:05 AM		12-19 Warm-up Open	12-19 pair/groups, as assigned	Warm-up Gym
12:15 PM	1:30 PM	12-19 Competition - Third Exercise <i>WP, MxP, WG - Combined</i>	12-19 pair/groups	Competition Gym
Competition Session #6: JE 13-19 and Seniors				
2:20 PM		13-20 & Seniors Warm-up Open	13-20 & Senior pair/groups, as assigned	Warm-up Gym
3:30 PM	4:30 PM	13-20 & Seniors Competition - Third Exercise <i>WP, MP, MxP, WG, MG - Combined</i>	13-20 & Senior pair/groups	Competition Gym
		Departures (at least 4 hours after end of competition session)		
Monday, April 26, 2021				
Start Time	End Time	Activity	Groups	Room
8:00 AM		Team Announcement (via email)	All	
		Departures	All	