



Pictured above: Gymnastics World, Broadview Heights, Ohio



National Gymnastics Day 2009

Once again, gymnastics clubs across the country put forth their best efforts and raised nearly \$150,000 for the Children's Miracle Network. Since USA Gymnastics first partnered with Children's Miracle Network in 2001, the gymnastics community has donated more than \$1 million to the cause. Gym clubs and their members raised money as part of their celebrations for National Gymnastics Day through the Tyson Fitness Challenge. The Tyson Fitness Challenge is a joint initiative of USA Gymnastics and Tyson Foods that helps today's kids get more physically fit through fun activities and raises money to help kids who are fighting illness at Children's Miracle Network hospitals around the country.

"Young kids make an incredible difference when they work for those who really need it," said Steve Penny, president of USA Gymnastics.

"The Children's Miracle Network helps save the lives of kids every day, and USA Gymnastics appreciates everything the gymnastics community does with the Tyson Fitness Challenge and National Gymnastics Day to benefit such a worthwhile cause."

The 2009 Tyson Fitness Challenge and National Gymnastics Day served as catalysts for the fundraising efforts of the top club and individuals for the Children's Miracle Network. Gymnastics World of Broadview Heights, Ohio, once again led the way,

raising a total of \$28,936.26, with the individual winner, Abby Villeneuve, producing \$7,250 of that total. Gymnastics World has been the top fundraising club for the last three years. The top three clubs and individual participants receive prizes from AAI, Tyson and USA Gymnastics.

The top three individuals that raised the most money for Children's Miracle Network in 2009 are listed below and on the next page.

Let's Meet the Winners

By Mary Kate Oreovicz



Abby Villeneuve 1st Place, Broadview, Ohio, Gymnastics World, raised \$7,250

USA Gymnastics: Why did you decide to help raise money for the Children's Miracle Network?

Abby: Because 100% of the money I raised goes to my local Children's Miracle Network Hospital.

USA Gymnastics: Was this your first time participating in the fundraiser?

Abby: No, this was my second year.

USA Gymnastics: How did you encourage your teammates to take part in the fundraiser?

Abby: Mr. Ganim, our gym owner, printed off my flyer and displayed it at the gym.

USA Gymnastics: Who did you ask for donations?

Abby: I asked friends, family and business associates of my Dad. My Dad set up my web page and sent the link out to friends, family and business associates.

USA Gymnastics: What is your favorite memory from this year's fundraiser?

Abby: Getting a \$500 donation from one of my Dad's friends and beating my original goal.

USA Gymnastics: What advice can you offer to athletes who are planning to participate next year?

Abby: Sell raffle tickets like I did. I raffled off an I-Touch, Bose headphones and a \$50 gift card (donated).



Mary Kate Cacchione 2nd Place Winner, Northern Elite Gymnastics and Cheer, Flanders, N.J. raised \$6,050

USA Gymnastics: Why did you decide to help raise money for the Children's Miracle Network?

Mary Kate: I had an awesome experience last year and felt very rewarded knowing how much I could help others through gymnastics. We did a performance at the children's specialized

hospital where we met the kids we were fundraising for and this made the experience very personal. I did it again this year because I believe we made a big impact last year and we could do even more this year.

USA Gymnastics: How did you encourage your teammates to take part in the fundraiser?

Mary Kate: I explained to my teammates how much I felt we could help the hospitals and the sick kids. Also at our gym we had a video from The Children's Miracle Network playing in our lobby about the hospitals and the kids who would benefit from our efforts. We all watched it a bunch of times.

USA Gymnastics: Who did you ask for donations?

Mary Kate: I asked my family, friends, and people my parents work with.

USA Gymnastics: What is your favorite memory from this year's fundraiser?

Mary Kate: We presented a benefit show called "Miracles." We charged \$10 admission and all of the money went to CMN. Our team separated into groups and each group choreographed their own routine. We got to choose the music and create something really cool. We presented the routines to an audience of our family and friends. We practiced tons of hours and had a really fun time. We were all exhausted when it was finished but as a team we collected \$4,000 on that day alone. It was AWESOME. Everyone in the gym felt great about it.

USA Gymnastics: What advice can you offer to athletes who are planning to participate next year?

Mary Kate: Ask everyone you can think of to help. Call, email, knock on doors. Put something together like a bake sale or a show! Doing an event really brings your team together and it's a great way to raise money. Have fun!



Emma Timblin 3rd Place Winner Northern Elite Gymnastics and Cheer, Flanders, N.J. raised \$4,840

USA Gymnastics: Why did you decide to help raise money for the Children's Miracle Network?

Emma: Last year was very rewarding raising money to help those in need and it was something I definitely wanted to do again. It's important to help those less fortunate.

USA Gymnastics: How did you encourage your teammates to take part in the fundraiser?

Emma: I helped some of my teammates build their fundraising page and kept asking them how much they raised and made suggestions to them. We also talked about how they really wanted to help support Children's Miracle Network.

USA Gymnastics: Who did you ask for donations?

Emma: Friends and family members; people that supported me last year; and others who wanted to help the children.

USA Gymnastics: What is your favorite memory from this year's fundraiser?

Emma: Seeing how much I accomplished and how many people I helped.

USA Gymnastics: What advice can you offer to athletes who are planning on participating next year?

Emma: Just keep thinking positively and you can do it! ✨

See list of clubs and donations on p.48



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CLUB FUNDRAISING LIST

CLUB	TOTAL
Gymnastics World, Broadview Heights, OH	\$27,936.26
Northern Elite, Flanders, NJ	\$21,065.49
Flip Fest, Crossville, TN	\$14,318.75
California Sports Centers, San Jose, CA	\$11,943.53
Arizona Sunrays, Phoenix, AZ	\$9,593.76
AZ KTAR FM, Glendale, AZ	\$6,180.00
Region 6 Auction, Boston, MA	\$5,979.00
West Valley Gymnastics, Campbell, CA	\$5,088.90
Aim High Academy, East Greenwich, RI	\$3,874.04
Discover Gymnastics, Houston, TX	\$3,501.00
Ten Point O Gymnastics, Ridgeville, OH	\$2,500.00
Olympiad Gymnastics, St Louis, MO	\$2,286.30
Queen City Gymnastics, Cincinnati, OH	\$2,085.00
All Star Gymnastics, Harvey, LA	\$2,000.00
All Star Gyms, KS	\$2,000.00
Dynamite Academy, Waterbury, CT	\$2,000.00
1st Class Gymnastics, Lackawanna, PA	\$1,659.44
TNT Gymnastics & Fitness, Jacksonville, FL	\$1,560.00
Online donation	\$1,411.00
Sonshine Academy, Conway, AR	\$1,297.01
American School of Gymnastics, Wilbraham, MA	\$1,280.07
Shenandoah Tumblers, Winchester, VA	\$1,400.00
Legacy Gymnastics, Lexington, KY	\$1,141.50
Jump Start Gymnastics	\$762.50
Leaps N Bounders, Trevoise, PA	\$745.00
SIGS Sportplex, New Albany, NY	\$745.00
Gym South Gymnastics & Cheerleading, Fayetteville, GA	\$708.37
The Little Gym of Nightsdale, Nightsdale, NC	\$683.00
Countryside Gymnastics, Fayetteville, NC	\$665.00
Santa Cruz Gymnastics Center, Santa Cruz, CA	\$654.75
Inspire Athletics, Elkhart, IN	\$650.00
WISC, Williamsburg, VA	\$608.00
Palm Valley, Harlingen, TX	\$595.00
Champions Academy, Morgan Hill, CA	\$591.00
Online donation	\$533.00
I & M Gymnastics, Channahon, IL	\$522.00
Gymnastics Academy of Boston, Plainville, MA	\$493.00
Atlantic Gymnastics Training Center, Dover, NH	\$447.80
Emerald City Gymnastics, Ft Walton Beach, FL	\$423.50
The Gymnastics Academy of Plainville	\$423.00
Gymnastics, Etc., Sulphur, LA	\$400.00
North Florida Gymnastics, Jacksonville, FL	\$327.84
CS Gymnastics Inc, Flanders, NJ	\$300.00
Janet's All-Star Cheerleading, Gym and Dance, Wright, KS	\$285.00
Metro Gymnastics Center, Tigard, OR	\$277.13
Technique Gymnastics, Rancho Cordova, CA	\$275.00
Frisco Gymnastics Center, Frisco, TX	\$220.00
Starz Gymnastics, Omaha, NE	\$217.50
DMG Inc, Lafayette, IN	\$200.00
Illinois Gymnastics Institute Inc., Westmont, IL	\$180.00
Sharp's Gymnastics Academy, Indianapolis, IN	\$160.00
Hartland Gymnastics Academy, Howell, MI	\$150.00
Patti's All American, Dyer, IN	\$141.00
Rutgers Gymnastics	\$140.55
Naples Progressive Gymnastics, Naples, FL	\$100.00
Flip 2 It, Roseville, CA	\$100.00
Danik Gymnastics, Eagle, ID	\$87.81
Flagstaff Gymnastics, Flagstaff, AZ	\$65.00
Youngsters Inc., Yuba City, CA	\$50.00
Leaps N Bounds, Fairfield, ME	\$50.00
Firehouse Gym, Johnsburg, IL	\$40.00
Los Alamos Flyers, Los Alamos, CA	\$40.00
The Little Gym of Lake Osago, OR	\$29.00
Monroe County YMCA, Bloomington, IN	\$20.00
The Little Gym, Beaverton, OR	\$5.00

TOTAL: \$147,613.80