

Chris Estrada

CHRIS ESTRADA, 23, calls Plains, Texas, his hometown but now resides in Lafayette, La., where he moved five years ago to train at Trampoline and Tumbling Express. He's coached by Tara Guidry and national team coordinator Dmitri Poliaroush.

Estrada recently won his second consecutive trampoline title at the 2006 Trampoline and Tumbling National Championships in Schaumburg, Ill., July 8-9. He said, "It's pretty exciting to win the title. I was second to Ryan Weston going into finals but then ended up first after finals. It was all very interesting. All three of us (Ryan, Michael Devine and I) were four-tenths apart from one another. It was very close."

Estrada, whose goal going into the championships was to win a second title, said he followed the same routine he's used the entire year. "I wanted to stick with my solid routine."

Estrada has had an incredible two years in the sport. He won the 2005 men's trampoline national title, went on to win the title at the 2006 Winter Classic. In April 2006, he finished sixth at the highly competitive Pacific Alliance Championships in Honolulu, Hawaii, where he was the top American at the competition.



Estrada, the son of Manuel and Corina Estrada, has an older brother Eric and a younger brother Daniel.

Estrada's ultimate goal for trampoline is to compete in the Olympic Games! ✧

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