



Helping Kids in Need

“I became involved with Children’s Miracle Network Hospitals about 20 years ago, before I was even married or had children of my own. As you can imagine, my life was completely changed forever after winning the Olympics in 1984! I was getting 25-50 phone calls a day just for charity work and appearances. After a few years of trying to do as many of those as I could, I decided I wanted to do more than just lend my name to an organization’s “letterhead” or send in an auction item. I wanted to make an impact...a difference!

Children have always been a passion of mine. If that whole “Olympic thing” didn’t work out for me, my plans were to go into early childhood development. So helping raise funds for children’s hospitals was a perfect fit for me.”

Mary Lou Retton
1984 Olympic all-around champion
Children’s Miracle Network Hospitals spokeswoman

Join Mary Lou Retton in supporting the fundraising to benefit Children’s Miracle Network Hospitals. Follow the easy step-by-step directions below to create your online giving page at www.helpmakemiracles.org/event/usagym

THANK YOU!

By hosting the USA Gymnastics Fitness Program, you have taken an active role in your community merely by doing something you love: teaching gymnastics. The skills your students learn in this program will provide a basis for them to participate in other sports and activities. In addition, these kids will gain not only healthy lifestyle habits, but also self-confidence and socialization skills.

You and your students are also helping children who are suffering from illness or disease in your community by raising money for Children’s Miracle Network Hospitals as part of National Gymnastics Day. The great thing is that 100 percent of the funds your students raise remain in your community to benefit your local Children’s Miracle Network Hospital.

Please visit www.usagym.org/fitness for additional resources related to this program. Thank you once again for your participation in the 2012 USA Gymnastics Fitness Program. We hope that helping children through this program will be a tradition in your gym club for years to come.

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