



SPORTS UPDATE

For Immediate Release: April 6, 2010

Contact: Darren Preston

2010 MOUNTAIN PACIFIC SPORTS FEDERATION MEN'S GYMNASTICS CHAMPIONSHIP UPDATE

MPSF MEN'S GYMNASTICS CHAMPIONSHIP RESULTS

April 3, 2010; 7:00 p.m. (CT)
Host: University of Oklahoma
Howard McCasland Field House; Norman, OK

http://www.soonersports.com/sports/m-gym/archive/2010_mpsf_championship.html

http://www.soonersports.com/tickets/ticket-information_mens_gymnastics.html

TEAM	SCORE
1. Oklahoma	354.550
2. California	354.450
3. Stanford	347.150
4. Nebraska	341.650
5. Air Force	329.500

NCAA NATIONAL RANKINGS

TEAM SCORES:	National Qualifying Avg.
2. Oklahoma	357.410
4. Stanford	354.480
6. California	349.040
10. Nebraska	342.200
13. Air Force	337.050
All-Around:	Avg.
1. Steven Legendre (Okla)	88.010
2. Jake Dalton (Okla)	87.470
4. Alex Naddour (Okla)	86.800
7. Kyle Shanahan (Neb)	85.450
Floor Exercise:	Avg.
1. Oklahoma	62.070
2. Stanford	60.970
7. California	58.190
1. Steven Legendre (Okla)	16.020
2. Eddie Penev (Stan)	15.690
3. Jake Dalton (Okla)	15.550
4. Bobby Shortle (Okla)	15.510
9. Josh Dixon (Stan)	15.190
10. Alex Buscaglia (Stan)	15.130

Pommel Horse:	Avg.
3. Oklahoma	57.370
5. Stanford	56.933
5. California	57.100
10. Stanford	54.300
4. Alex Naddour (Okla)	15.000
6. Glen Ishino (Cal)	14.900
Still Rings:	Avg.
2. Stanford	59.970
5. Oklahoma	58.490
7. California	57.520
9. Air Force	57.450
2. Tim Gentry (Stan)	15.550
5. James Fosco (Stan)	15.090
Vault:	Avg.
1. Oklahoma	64.050
2. Stanford	63.350
7. California	62.310
9. Nebraska	62.160
1. Tim Gentry (Stan)	16.120
2. Steven Legendre (Okla)	16.050
3. Ian Jackson (Okla)	16.010
4. Bobby Shortle (Okla)	15.950
5. Jake Dalton (Okla)	15.920
10. Eddie Penev (Stan)	15.860
Parallel Bars:	Avg.
3. California	58.210
4. Stanford	57.930
5. Oklahoma	57.870
9. Nebraska	56.490
1. Kyle Bunthuwong (Cal)	15.190
4. Glen Ishino (Cal)	14.710
6. Jake Dalton (Okla)	14.680
7. Ryan Lieberman (Stan)	14.640
8. Corey English (Okla)	14.620
9. Steven Legendre (Okla)	14.590
High Bar:	Avg.
3. Stanford	57.980
4. Oklahoma	57.590
5. California	57.520
6. Nebraska	56.970
7. Kyle Bunthuwong (Cal)	14.870
9. Jake Dalton (Okla)	14.750

OKLAHOMA WINS MPSF CHAMPIONSHIP



#2 OKLAHOMA won its 10th conference championship in the last 12 years on Saturday, serving as the host for the first time since 2005. The Sooners collected 354.550 points, edging second place California (354.450). OU picked up its 31st and 32nd individual MPSF Titles under coach Mark Williams, as Steven Legendre won the floor (16.000) and Ian Jackson turned in the top vault by tying a career-high (16.200). Legendre placed second all-around (87.300). Oklahoma clinched its 18th overall conference crown on pommel horse, led by Alex Naddour's 14.700. The Sooners vie for a ninth national championship, Apr. 15-17 at the US Military Academy in West Point, NY.



#6 CALIFORNIA came within one-tenth of host and No. 2 Oklahoma, scoring a 354.450. Sophomore MPSF Gymnast of the Year Glen Ishino ran away with the all-around title (90.100), nearly three full points ahead of the runner-up. He also won the pommel horse title (15.150), as the Bears also won a team title on that event (57.600). Kyle Bunthuwong brought home titles on parallel bars (15.100) and high bar (14.95), while Ishino was second on high bar (14.800). Cal next partakes in the national championships.



#4 STANFORD finished third with a team score of 347.150. The Cardinal won the team still rings event (59.950), guided by Tim Gentry's title (15.45). James Fosco (15.100) and Nick Noone (14.800) completed the 1-2-3 sweep on the event. Gentry was second on vault (16.15) and Eddie Penev took the silver on floor (15.975). Third place finishers included Ryan Lieberman on parallel bars (14.600) and John Martin on high bar (14.700). Stanford next competes at the national championship meet.



#10 NEBRASKA placed fourth with an overall score of 341.650. Daniel Brule posted a career-high on floor (14.90) and Bear Danley hit a career-vault (15.45). Kyle Shanahan finished sixth on high bar (14.45), seventh on horse (14.000), and in the Huskers' top finish of the night, placed fourth on parallel bars (14.550). Shanahan was the top all-arounder for Nebraska (85.750) with Andrea Hofer right behind (85.200), placing seventh and eighth, respectively.



#13 AIR FORCE was led by junior Nash Mills ninth place all-around finish (81.950), as the Falcons recorded a team score of 329.500. Mills was the top Falcon on rings (14.300), parallel bars (13.800), and high bar (13.400). Joel Uptmor posted a top-10 finish on vault (15.650).

MPSF GYMNASTICS ONLINE

MPSF Gymnastics updates are available on the conference website:

<http://www.mpsports.org>

GymInfo
MEN'S GYMNASTICS
<http://www.troester.com/gym>
National Rankings
April 5, 2010

Rank	Team	Nat'l Qualifying Avg.
1	Illinois	358.030
2	Oklahoma	357.410
3	Michigan	356.810
4	Stanford	354.480
5	Ohio State	349.690
6	California	349.040
7	Minnesota	348.790
8	Penn State	348.340
9	Illinois-Chicago	343.050
10	Nebraska	342.200
11	Iowa	341.770
12	Temple	338.340
13	Air Force	337.050
14	William & Mary	336.620
15	Springfield	334.960

2010 NCAA MEN'S GYMNASTICS CHAMPIONSHIP

April 15-17, 2010
Host: US Military Academy
Hollerder Center; West Point, NY



2010 MPSF GYMNASTS OF THE WEEK

Week	Student-Athlete	School
Mar. 30	Nash Mills	Air Force
Mar. 23	Nash Mills	Air Force
Mar. 16	Glen Ishino	California
Mar. 9	Glen Ishino	California
Mar. 2	Tim Gentry	Stanford
Feb. 23	Kyle Bunthuwong	California
Feb. 16	Ian Jackson	Oklahoma
Feb. 9	Tim Gentry	Stanford
Feb. 2	John Robinson	Nebraska
Jan. 26	Jake Dalton	Oklahoma
Jan. 19	Jake Dalton	Oklahoma