



PAC-10 NEWS

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FINAL WEEK OF COMPETITION BEFORE NEXT WEEK'S PAC-10 CHAMPIONSHIPS

This Week:

With the Pac-10 Championships one week away, teams have one final tune-up. The action begins Friday, March 19 with No. 7 OREGON STATE (12-3) hosts No. 18 Kentucky for a 7 p.m. PT meet. No. 22 WASHINGTON (4-9) takes on Seattle Pacific for a 7 p.m. PT dual.

On Saturday, March 20 No. 20 ARIZONA (6-6) and CALIFORNIA (0-13) travel to Denver, Colo., for a quad-meet against NC State and No. 19 Denver. The competition begins at 6 p.m. MT.

The action concludes Sunday, March 21 with No. 8 STANFORD (13-2) taking on UC Davis for 2 p.m. PT meet.

UPCOMING SCHEDULE

Friday, March 19

No. 18 Kentucky at No. 7 OREGON STATE, 7 p.m. PT
No. 22 WASHINGTON at Seattle Pacific, 7 p.m. PT

Saturday, March 20

No. 20 ARIZONA/CALIFORNIA/NC State at No. 19 Denver, 6 p.m. MT

Sunday, March 21

No. 8 STANFORD at UC Davis, 2 p.m. PT

All times are local to site

Rankings from GymInfo as of March 15

LAST WEEK'S RESULTS

Friday, March 12

No. 19 ARIZONA 196.175; No. 24 Minnesota 193.700
BYU 195.725; Boise State 195.3; ARIZONA STATE 193.625
No. 9 Utah 196.975; No. 8 OREGON STATE 196.65; No. 21 Southern Utah 196.025; No. 18 Penn State 195.7
No. 2 Oklahoma 196.9; No. 25 WASHINGTON 195.8

Sunday, March 14

UC Davis 194.600; TWU 192.825; CALIFORNIA 190.650
No. 3 UCLA 196.525; Michigan State 195.95; Cal State Fullerton 193.875

GYMINFO TOP 25 POLL*By season averages as of 3/15/10*

| | |
|------------------------|----------------|
| 1. Alabama | 197.155 |
| 2. Oklahoma | 196.935 |
| 3. UCLA | 196.900 |
| 4. Georgia | 196.690 |
| 5. Florida | 196.685 |
| 6. Arkansas | 196.510 |
| 7. OREGON STATE | 196.460 |
| 8. STANFORD | 196.450 |
| 9. Utah | 196.275 |
| 10. Michigan | 196.215 |
| 11. LSU | 196.200 |
| 12. Nebraska | 196.170 |
| 13. Illinois | 196.035 |
| 14. Missouri | 195.845 |
| 15. Penn State | 195.750 |
| 16. Iowa State | 195.715 |
| 17. Auburn | 195.675 |
| 18. Kentucky | 195.600 |
| 19. Denver | 195.245 |
| 20. ARIZONA | 195.195 |
| 21. Southern Utah | 195.150 |
| 22. WASHINGTON | 195.135 |
| 23. Boise State | 195.125 |
| 24. Michigan State | 194.840 |
| 25. Minnesota | 194.760 |

GYMINFO PRESEASON TOP 25 COACHES POLL

| | |
|--------------------------|------------|
| 1. Georgia (13) | 739 |
| 2. Utah (6) | 718 |
| 3. Alabama (8) | 680 |
| 4. Florida (2) | 676 |
| 5. UCLA (2) | 632 |
| 6. LSU | 576 |
| 7. STANFORD | 563 |
| 8. Arkansas | 537 |
| 9. Oklahoma | 516 |
| 10. OREGON STATE | 503 |
| 20. ARIZONA | 169 |
| 25. WASHINGTON | 64 |
| RV. ARIZONA STATE | |

PAC-10 NOTES

ARIZONA: The Wildcats extended their winning streak to three with a 196.175-193.7 victory over No. 24 Minnesota. The team score marked a new season-high for the GymCats. SR **Sarah Tomczyk** earned her first-career Pac-10 Special Performance of the Week honor after recording a career-high of 9.95 on floor.

ARIZONA STATE: The Sun Devils (193.625) finished third in their tri-meet behind BYU (195.725) and Boise State (193.3), but JR **Mary Atkinson** shined as she won the all-around (39.3), floor (9.85) and tied for first on vault (9.875). Atkinson led ASU to its highest vault team score of the season (49.075).

CALIFORNIA: FR **Madisyn O'Brien**, who has been limited by an ankle injury the previous two meets, competed in the all-around and recorded a 38.075, her second highest total for the season. The Golden Bears (190.650) finished third behind UC Davis (194.600) and TWU (192.825). It was the second-consecutive meet that Cal stayed above the 190 point threshold.

OREGON STATE: Facing a nationally ranked field, the Beavers (196.65) finished second in their quad-meet behind No. 9 Utah (196.975) and ahead of No. 21 Southern Utah (196.025) and No 18 Penn State (195.7). JR **Becky Colvin** tied a personal best of 9.925 on vault, then tied her career-high on floor with a 9.875. Colvin tied for first on vault and tied for ninth on floor, respectively. FR **Makayla Stambaugh** led OSU with an all-around score of 39.375 to place fourth overall.

STANFORD: After taking the week off for finals, the Cardinal wrap up its regular season against UC Davis. SR **Carly Janiga** ranks eighth in the NCAA in bars (9.895) and tied for ninth in the all-around (39.410). Scores are based on the Regional Qualifying Average.

UCLA: SO **Vanessa Zamarripa** earned her fourth-career Pac-10 Gymnast of the week honors after scoring a career-high 39.7 to win the all-around as the third-ranked Bruins (196.525) defeated Michigan State (195.95) and Cal State Fullerton (193.875). Zamarripa also earned individual victories on bars (9.95), which tied a career high, and beam (9.925). SO **Tauny Frattone** set a personal best on vault with a 9.95 to tie for first-place with teammate SO **Elyse Hopfner-Hibbs**. Frattone averages 9.866 on vault and has scored 9.9 or better five times in 11 meets this season.

WASHINGTON: For the second-straight week and the fourth time in five weeks, the Huskies scored a season best, 195.8, but fell to second-ranked Oklahoma (196.9). The GymDawgs tied season highs on three of the four events, recording a 49.025 on floor, a 49.000 on vault and a 49.925 beam. SO **Hatsune Akaogi** finished second in the all-around with a 38.975.

Season Bests (Top Ten)

Weekly rankings provided by Troester.com. Rankings by highest average.

Pac-10 Regional Qualifying Average (Top Ten)**All-Around**

| | | |
|-----|--------|-------------------------|
| 1. | 39.555 | Vanessa Zamarripa, UCLA |
| 2. | 39.415 | Anna Li, UCLA |
| 3. | 39.410 | Carly Janiga, STAN |
| 4. | 39.385 | Mandi Rodriguez, OSU |
| 5. | 39.270 | Mary Atkinson, ASU |
| 6. | 39.220 | Makayla Stambaugh, OSU |
| 7. | 39.105 | Shelley Alexander, STAN |
| 8. | 38.975 | Sarah Tomczyk, ARIZ |
| 9. | 38.945 | Molly Quirk, ARIZ |
| 10. | 38.895 | Aubree Cristello, ARIZ |

Floor

| | | |
|-----|-------|---------------------------|
| 1. | 9.920 | Mandi Rodriguez, OSU |
| | 9.920 | Makayla Stambaugh, OSU |
| | 9.920 | Elyse Hopfner-Hibbs, UCLA |
| 4. | 9.910 | Vanessa Zamarripa, UCLA |
| 5. | 9.900 | Nicole Pechanec, STAN |
| 6. | 9.895 | Carly Janiga, STAN |
| 7. | 9.890 | Brittani McCullough, UCLA |
| 8. | 9.870 | Ashley Morgan, STAN |
| | 9.870 | Mary Atkinson, ASU |
| 10. | 9.865 | Melanie Jones, OSU |

Beam

| | | |
|----|-------|---------------------------|
| 1. | 9.920 | Vanessa Zamarripa, UCLA |
| 2. | 9.885 | Elyse Hopfner-Hibbs, UCLA |
| 3. | 9.870 | Laura-Ann Chong, OSU |
| 4. | 9.865 | Anna Li, UCLA |
| 5. | 9.850 | Mandi Rodriguez, OSU |
| | 9.850 | Carly Janiga, STAN |
| 7. | 9.840 | Leslie Mak, OSU |
| 8. | 9.825 | Aisha Gerber, UCLA |
| | 9.825 | Allyse Ishino, STAN |
| | 9.825 | Molly Quirk, ARIZ |

Bars

| | | |
|-----|-------|---------------------------|
| 1. | 9.940 | Anna Li, UCLA |
| 2. | 9.925 | Vanessa Zamarripa, UCLA |
| 3. | 9.910 | Laura-Ann Chong, OSU |
| 4. | 9.895 | Carly Janiga, STAN |
| 5. | 9.890 | Allyse Ishino, STAN |
| 6. | 9.870 | Monique De La Torre, UCLA |
| 7. | 9.860 | Lichelle Wong, UCLA |
| | 9.860 | Makayla Stambaugh, OSU |
| 9. | 9.845 | Mary Atkinson, ASU |
| 10. | 9.840 | Brittani McCullough, UCLA |
| | 9.840 | Jen Kesler, OSU |

Vault

| | | |
|-----|-------|---------------------------|
| 1. | 9.935 | Vanessa Zamarripa, UCLA |
| 2. | 9.925 | Mandi Rodriguez, OSU |
| 3. | 9.900 | Tauny Frattone, UCLA |
| | 9.900 | Becky Colvin, OSU |
| 5. | 9.890 | Mary Atkinson, ASU |
| 6. | 9.885 | Shelley Alexander, STAN |
| 7. | 9.875 | Brittani McCullough, UCLA |
| 8. | 9.870 | Elyse Hopfner-Hiibs, UCLA |
| 9. | 9.860 | Ashley Morgan, STAN |
| 10. | 9.855 | Anna Li, UCLA |
| | 9.855 | Makayla Stambaugh, OSU |

NCAA Regional Qualifying Average (Top Ten)**All-Around**

| | | |
|----|---------------|--------------------------------|
| 1. | 39.570 | Sarah Shire, Missouri |
| 2. | 39.555 | Susan Jackson, LSU |
| | 39.555 | Vanessa Zamarripa, UCLA |
| 4. | 39.515 | Casey Jo Magee, Arkansas |
| 5. | 39.495 | Brandi Personett, Penn State |
| 6. | 39.460 | Morgan Dennis, Alabama |
| 7. | 39.435 | Kylee Botterman, Michigan |
| 8. | 39.415 | Anna Li, UCLA |
| 9. | 39.410 | Jaime Pisani, Arkansas |
| | 39.410 | Carly Janiga, STAN |

Floor

| | | |
|-----|--------------|----------------------------------|
| 1. | 9.935 | Jackie Flanery, Oklahoma |
| 2. | 9.930 | Morgan Dennis, Alabama |
| 3. | 9.920 | Brandi Personett, Penn State |
| | 9.920 | Mandi Rodriguez, OSU |
| | 9.920 | Makayla Stambaugh, OSU |
| | 9.920 | Courtney McCool, Georgia |
| | 9.920 | Elyse Hopfner-Hibbs, UCLA |
| 8. | 9.910 | Annie DiLuzio, Utah |
| | 9.910 | Vanessa Zamarripa, UCLA |
| 10. | 9.905 | Jaime Pisani, Arkansas |
| | 9.905 | Sarah Shire, Missouri |

Beam

| | | |
|----|--------------|----------------------------------|
| 1. | 9.925 | Hollie Vise, Oklahoma |
| 2. | 9.920 | Casey Jo Magee, Arkansas |
| | 9.920 | Vanessa Zamarripa, UCLA |
| 4. | 9.910 | Megan Ferguson, Oklahoma |
| | 9.910 | Grace Taylor, Florida |
| | 9.910 | Sarah Shire, Missouri |
| 7. | 9.895 | Ashley Priess, Alabama |
| 8. | 9.885 | Brandi Personett, Penn State |
| | 9.885 | Jamie Deetscreek, Utah |
| | 9.885 | Elyse Hopfner-Hibbs, UCLA |
| | 9.885 | Courtney McCool, Georgia |

Bars

| | | |
|-----|--------------|--------------------------------|
| 1. | 9.940 | Anna Li, UCLA |
| 2. | 9.925 | Vanessa Zamarripa, UCLA |
| 3. | 9.915 | Hollie Vise, Oklahoma |
| 4. | 9.910 | Laura-Ann Chong, OSU |
| 5. | 9.900 | Susan Jackson, LSU |
| | 9.900 | Sarah Shire, Missouri |
| | 9.900 | Kat Ding, Georgia |
| 8. | 9.895 | Carly Janiga, STAN |
| | 9.895 | Natalie Ettl, Penn State |
| 10. | 9.890 | Allyse Ishino, STAN |
| | 9.890 | Kylee Botterman, Michigan |

Vault

| | | |
|-----|--------------|--------------------------------|
| 1. | 9.940 | Susan Jackson, LSU |
| 2. | 9.935 | Vanessa Zamarripa, UCLA |
| | 9.935 | Brandi Personett, Penn state |
| 4. | 9.930 | Erin Davis, Nebraska |
| 5. | 9.925 | Mandi Rodriguez, OSU |
| 6. | 9.920 | Kyndal Robarts, Utah |
| 7. | 9.915 | Morgan Dennis, Alabama |
| 8. | 9.910 | Jaime Pisani, Arkansas |
| 9. | 9.905 | Ashanee Dickerson, Florida |
| 10. | 9.900 | Whitney Rose, Kentucky |

Bold Indicates Pac-10 player

2010 PACIFIC-10 WOMEN'S GYMNASTICS COMPOSITE SCHEDULE/RESULTS*(Times are local. Schedule subject to change.)***Friday, January 8**

Salbasgeon Suites Invitational

No. 10 OREGON STATE 195.625; No. 13 Illinois 192.85; Air Force 184.475; Alaska-Anchorage 183.475
No. 15 Nebraska 195.7; No. 25 WASHINGTON 193.45**Saturday, January 9**No. 8 Arkansas 195.4; No. 20 ARIZONA 192.65
No. 1 Georgia 195.15; No. 7 STANFORD 195.5
No. 5 UCLA 196.6; No. 2 Utah 195.125**Friday, January 15**

Lady Luck Invitational, 6 p.m.

No. 15 Missouri 195.625; No. 14 Kentucky 195.525; No. 16 LSU 195.350; ARIZONA STATE 192.675
No. 1 UCLA 196.125; No. 19 WASHINGTON 194.875**Saturday, January 16**

No. 5 OREGON STATE 196.125; Ohio State 193.05

Sunday, January 17No. 12 STANFORD 196.025; ARIZONA 194.675
ARIZONA STATE 192.675; CALIFORNIA 191.8**Friday, January 22**No. 1 UCLA 194.425; San Jose State 191.95; CAL 190.375
No. 5 OREGON STATE 195.7; No. 20 WASHINGTON, 192.8**Sunday, January 24**No. 20 ARIZONA 195.675; ARIZONA STATE 194.9
No. 8 STANFORD 196.425; No. 1 UCLA 195.825**Friday, January 29**No. 20 ARIZONA 194.7; CALIFORNIA 189.375
No. 6 OREGON STATE 196.225; No. 5 STANFORD 195.775**Sunday, January 31**

No. 7 UCLA 196.55; ARIZONA STATE 193.475

Friday, February 5No. 6 UCLA 196.725; No. 18 ARIZONA 193.8
No. 4 Utah 196.475; ARIZONA STATE 195.7**Sunday, February 7**No. 5 OREGON STATE 196.375; CALIFORNIA 190.1
No. 8 STANFORD 196.65; No. 24 WASHINGTON 194.075
Sacramento State 193.225; San Jose State 192.8**Friday, February 12**

No. 7 OREGON STATE 196.725; No. 21 ARIZONA 194.675

Saturday, February 13

No. 25 ARIZONA STATE 195.65; No. 24 WASHINGTON 195.425

Sunday, February 14

No. 8 STANFORD 195.975; No. 5 UCLA 195.625

Friday, February 19No. 1 Alabama 197.25; No. 21 ARIZONA 195.1
No. 8 STANFORD 196.675; No. 24 ARIZONA STATE 195.9
No. 23 WASHINGTON 195.625; CALIFORNIA 189.325**Sunday, February 21**

No. 9 UCLA 197.375; No. 3 OREGON STATE 196.325

Friday, February 26No. 7 OREGON STATE 196.925; No. 22 ARIZONA STATE 194.65
No. 3 UCLA 197.25; Cal State Fullerton 191.75; Utah State 188.7
No. 8 Arkansas 196.075; WASHINGTON 194.1;
Seattle Pacific 188.275**Sunday, February 28**No. 11 Nebraska 196.425; No. 20 ARIZONA 194.75;
No. 18 Denver 194.175; No. 25 West Virginia 192.975
No. 6 STANFORD 196.525; North Carolina 192.975;
Eastern Michigan 190.125; CALIFORNIA 188.825**Friday, March 5**No. 21 ARIZONA 195.75; WASHINGTON 195.675
Central Michigan 195.575; ARIZONA STATE 194.825
No. 7 STANFORD 196.8; San Jose State 195.075; CALIFORNIA 190.775
No. 10 LSU 196.925; No. 10 OREGON STATE 195.525**Saturday, March 6**

No. 5 Georgia 197.9; No. 3 UCLA 197.875

Friday, March 12No. 19 ARIZONA 196.175; No. 24 Minnesota 193.7
BYU 195.725; Boise State 195.3 ARIZONA STATE 193.625
No. 9 Utah 196.975; No. 9 OREGON STATE 195.65
No. 21 Southern Utah 196.025; No. 18 Penn State 195.7
No. 2 Oklahoma 196.9; No. 25 WASHINGTON 195.8**Sunday, March 14**UC Davis 194.6; TWU 192.825; CALIFORNIA 190.65
No. 3 UCLA 196.525; Michigan State 195.95; Cal State Fullerton 193.875**Friday, March 19**Kentucky at OREGON STATE, 7 p.m.
WASHINGTON at Seattle Pacific, 7 p.m.**Saturday, March 20**

ARIZONA / CALIFORNIA / NC State at Denver, 6 p.m.

Sunday, March 21

STANFORD at UC Davis, 2 p.m.

Saturday, March 27

Pac-10 Championships, Tucson, Ariz. 3 p.m.

Friday and Saturday, April 23 and 24

NCAA Event Finals

**UCLA'S ZAMARRIPA NAMED PAC-10
GYMNAST OF THE WEEK**

WALNUT CREEK, Calif. -- UCLA sophomore **Vanessa Zamarripa** merited Pac-10 Gymnast of the Week honors for March 8-14, Commissioner Larry Scott announced today.

Zamarripa, a sophomore from O'Fallon, Ill., scored a career-high 39.7 in the all-around to lead the third-ranked Bruins (196.525) to wins over Michigan State (195.95) and Cal State Fullerton (193.875). Zamarripa earned individual titles on bars (9.95), which tied a personal best, and beam (9.925). She has a team-high 21 individual victories on the season and has scored a 9.9 or better on 26 of her 37 routines across all apparatuses.

This marks the fourth-career weekly honor for Zamarripa and UCLA's Conference leading 30th all-time Pac-10 Gymnast of the Week selection.

ALSO NOMINATED:

Gymnast of the Week: Deanna Graham, ARIZ; Mary Atkinson, ASU; Avery Gee, CAL; Makayla Stambaugh, OSU

2010 PAC-10 GYMAST OF THE WEEK:

Jan. 12 - **Elyse Hopfner-Hibbs, UCLA**
 Jan. 19 - **Carly Janiga, STAN**
 Jan. 26 - **Makayla Stambaugh, OSU**
 Feb. 2 - **Mandi Rodriguez, OSU**
 Feb. 9 - **Ashley Morgan, STAN**
 Feb. 16 - **Vanessa Zamarripa, UCLA**
 Feb. 23 - **Vanessa Zamarripa, UCLA**
 Mar. 2 - **Allyse Ishino, STAN**
 Mar. 9 - **Carly Janiga, STAN**
 Mar. 16 - **Vanessa Zamarripa, UCLA**

**ARIZONA'S TOMCZYK EARNS PAC-10
SPECIAL PERFORMANCE OF THE WEEK**

WALNUT CREEK, Calif. -- ARIZONA senior **Sarah Tomczyk** merited Pac-10 Special Performance of the Week honors for March 8-14, Commissioner Larry Scott announced today.

Tomczyk led the 19th-ranked Wildcats to their third-straight victory, defeating No. 24 Minnesota, 196.175-193.7. In her last regular season home meet, the Naperville, Ill., native recorded a career-high 9.95 on floor to earn the individual victory. The team score of 196.175 was the highest team score for the Wildcats to date this season.

This marks the first-career Pac-10 Special Performance honor for Tomczyk and Arizona's second all-time selection.

ALSO NOMINATED:

Special Performance of the Week: Mariesah Pierce, CAL; Becky Colvin, OSU; Tauny Frattone, UCLA

2010 PAC-10 SPECIAL PERFORMANCE OF THE WEEK:

Jan. 12 - **Britnie Jones, ARIZ**
 Jan. 19 - **Elyse Hopfner-Hibbs, UCLA**
 Jan. 26 - **Vanessa Zamarripa, UCLA**
 Feb. 2- **Brittani McCullough, UCLA**
 Feb. 9- **Becky Colvin, OSU**
 Feb. 16- **Anna Li, UCLA**
 Feb. 23- **Mandi Rodriguez, OSU**
 Mar. 2- **Vanessa Zamarripa, UCLA**
 Mar. 9 - **Elyse Hopfner-Hibbs, UCLA**
 Mar. 16 - **Sarah Tomczyk, ARIZ**