

Gymnasts of the Week – March 1-7, 2010

Awards are given by conference offices

Big Ten Conference

Gymnast of the Week

Sharaya Musser, Penn State - Colorado Springs, Colo.

Musser wins her first Gymnast of the Week honor of after she claimed the all-around title in the Nittany Lions first-place finish of their quadrangular meet over the weekend. The freshman's first-place finish on vault (9.975) and on the balance beam (9.925), along with a fourth on bars (9.875) and a sixth-place effort in floor exercise (9.825) gave her the top all-around mark of 39.600. All of her scores were career-highs as she helped Penn State to a season-high mark of 196.725.

Freshman of the Week

Sharaya Musser, Penn State - Colorado Springs, Colo.

Musser wins her second Freshman of the Week honor of after she claimed the all-around title in the Nittany Lions first-place finish of their quadrangular meet over the weekend. The freshman's first-place finish on vault (9.975) and on the balance beam (9.925), along with a fourth on bars (9.875) and a sixth-place effort in floor exercise (9.825) gave her the top all-around mark of 39.600. All of her scores were career-highs as she helped Penn State to a season-high mark of 196.725.

Big 12 Conference

Gymnast of the Week

Sarah Shire, Missouri, Sr., Columbia, Mo.

Shire claimed her third consecutive weekly honor after sweeping every individual event en route to capturing the all-around title (39.675). This marked the seventh all-around victory of the season and the 20th career crown for the senior. Her event wins on vault (9.925), bars (9.875), beam (9.925) and floor (9.950) helped the Tigers to their highest away meet score (196.200) this season.

Specialist of the Week

Hollie Vise, Oklahoma, Sr., Dallas, Texas

Vise posted career highs on bars (9.925), beam (9.950) and floor (9.925), winning all three event titles. Her performance led the Sooners to their first win over a No. 1 opponent in program history as OU defeated Alabama 197.950 to 197.275. The senior ranks first nationally on beam and third on bars. Vise also leads the Conference in both events.

East Atlantic Gymnastics League

Gymnast of the Week

Kara Wright – North Carolina

North Carolina senior Kara Wright placed third in the all-around at No. 4 Florida with a 39.200, tying her personal-best score. Wright notched a 9.850 on floor, finishing in a four-way tie for fifth place. Also, the Virginia Beach native scored a 9.800 on vault and bars.

Specialist of the Week

Brooke Barr – North Carolina State

NC State sophomore Brooke Barr won vault against William & Mary with a 9.80. In addition, she placed second on bars with 9.750 and third on beam with a 9.70.

Rookie of the Week

Meaghan Biros - Pittsburgh

Pittsburgh freshman Meaghan Biros scored an all-around career-high of 38.850 and finished third in a quad meet against Western Michigan, George Washington and Penn. Biros finished fourth on vault (9.775), bars (9.70) and floor (9.725). She also tied her career high on the beam at 9.650.

Eastern College Athletic Conference

Gymnast of the Week

Brigitte Kivisto-Yale University - Senior, Boca Raton, Fla.

Kivisto set two career highs in balance beam with a 9.825, as well as the all-around with a 38.975. She has set and broken her career highs week after week.

Rookie of the Week

Megan Milavec-University of Pennsylvania - Freshman, Venitia, Pa.

Milavec scored her career high on all three events this past weekend. Since the team has been riddled with major injuries for the season she has stepped up into the line up where all her score have counted towards the team score. She is a very hard working gymnast in the gym and she always challenges herself to improve. Even though Penn placed third, her effort helped the Red and Blue break a major losing streak to George Washington.

Specialist of the Week

Bethany Neczypor-Cornell University - Sophomore, North Royalton, Ohio

A week after setting her personal best score on bars and winning the Ivy Classic, Neczypor set another personal best this weekend as she topped all ECAC competitors on bars with a 9.825. Her score on bars led the Big Red to a season high team bars score of 48.45 which is the highest in the ECAC for the year. Her scores on both bars and beam helped Cornell to earn a season high team score of 192.65

Coach's Choice

Katie Graham-University of Pennsylvania - Sophomore, Albuquerque, N.M.

Graham scored her season high on vault and beam. She has been stepping up into the lineup when needed due to major injuries on the team. Graham works hard in the gym and has prepared herself to the best of her abilities and patiently waits to see if she has made the lineup. Even though Penn placed third, her effort helped the Red and Blue break a major losing streak to George Washington.

Mid American Conference

Gymnast of the Week

Andrea de la Garza, Central Michigan, Jr., Macomb, Mich./Dakota

Competing with an injured leg, Andrea de la Garza put together one of the best performances of her career in the Chippewas' win over No. 23 Arizona State. De la Garza shared the all-around title with teammate Katie Simon behind a season-best 39.275, the top all-around score in the conference over the weekend. The score was de la Garza's highest since her freshman year. The junior posted a 9.800 or higher in all four events, headlined by a career-best 9.850 on bars. She

also posted scores of 9.825 on beam and 9.800 on both vault and floor. Her consistent scores helped catapult the Chippewas in the national rankings as CMU enters this week ranked No. 23 in the country.

Specialist of the Week

Erin Rothrock, Kent State, So., York, Pa./York Catholic

Sophomore Erin Rothrock claimed her third bars title of the year with a 9.850 against 15th-ranked Kentucky. It was also her third meet of a 9.850 or better. Rothrock holds a .04 edge over her nearest competitor in the Mid-American with an average bar score of 9.807.

Mountain Pacific Sports Federation

Gymnast of the Week

Tanya Ho – UC Davis

UC Davis senior Tanya Ho (Elk Grove) wins this award for the third time this year, by virtue of a pair of season-highs all around (38.850) and uneven bars (9.80), placing second and first respectively, as well as a fourth place finish on floor (9.70) in a tri-meet win over Sac State and EMU. She added a 9.675 vault, and her 9.675 beam helped UCD achieve its second best of all-time (48.600) in that event.

Pac-10 Conference

Gymnast of the Week

Carly Janiga – Stanford

Janiga, a senior from Paradise Valley, Ariz., led the Cardinal to a season-high team score (196.8) as it defeated San Jose State (195.075) and California (190.775). The six-time All-American and defending Pac-10 all-around champion captured three individuals titles, including the all-around (39.55) and tied a personal best on the beam (9.95). Janiga also won the floor with a score of 9.925. For the season, Janiga has 14 victories across all apparatuses.

Specialist of the Week

Elyse Hopfner-Hibbs – UCLA

Hopfner-Hibbs, a native of Toronto, Ontario, recorded her first-career perfect 10 on the beam as the third-ranked Bruins fell to No. 5 Georgia, 197.9-197.875. The perfect 10 was only the seventh all-time scored by a Bruin on the beam and first since Kate Richardson (Feb.1, 2004). The reigning Pac-10 Freshman of the Year has hit all 23 of her routines across all apparatuses on the season and 43-straight dating back to last year.

Southeastern Conference

Co-Gymnasts of the Week

Casey Jo Magee – Arkansas - Senior • 5-4 • Eugene, Ore.

She set the school record in the all-around for the second time this season, and scored a 9.90 or better in all four events. She broke her all-around school record of 39.625 with a 39.650 in the win

at No. 22 Minnesota, helping Arkansas to its third-best point total in school history and the best ever in a road meet.

Susan Jackson – LSU - Senior • 5-0 • Spring, Texas

Led LSU to an upset victory over No. 6 Oregon State and helped preserve the Tigers' unbeaten streak at home this season at 5-0 ... Anchored all four events and captured her eighth all-around title out of nine meets this season with a 39.650, the second-highest total for her this season ... Scored a 9.90 or higher on all four events, including 9.925's on vault and floor to win both event titles.

Freshman of the Week

Marissa King – Florida - Freshman • 5-1 • Cambridge, England

All-around win was the 2008 Great Britain Olympian's first as a Gator. The total of 39.475 sets her collegiate best...She shared the floor win with teammates Ashanée Dickerson, Liz Green & Randy Stageberg at 9.875. The mark was the third collegiate-best event score set by King Friday evening. King was runner-up in vault with a collegiate-best 9.90 and shared third in the balance beam with her top mark of 9.875.

Western Athletic Conference

Gymnast of the Week

Hannah Redmon – Boise State

Redmon, a junior from Sparks, Nevada (Reed HS) picked up her fourth win on both vault and bars this season as well as her fifth win on floor in Friday's home meet. Redmon tied her career best on vault with a 9.950 to claim the event title. She recorded a 9.900 on floor and a 9.825 on bars.

Co-Specialists of the Week

Tiffany Louie – San Jose State

Louie, a senior from Millbrae, Calif. (Carlmont HS) posted a career-high 9.900 on floor at a home tri meet last week. She also added a 9.575 on bars in the final home meet of her career.

Elise Wheeler – Southern Utah

Wheeler, a senior from San Diego, Calif. (Madison HS) scored the top mark of the night in a dual meet at Iowa, recording a 9.900 on floor to capture the individual title in the event. The win marked her 23rd title of the season.
