



SPORTS UPDATE

For Immediate Release: March 9, 2010

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2010 MOUNTAIN PACIFIC SPORTS FEDERATION MEN'S GYMNASTICS UPDATE # 8

THIS WEEK'S SCHEDULE

Fri, Mar. 12	
Air Force at ARMY	7pm
Sat, Mar. 13	
Nebraska and Penn State at CALIFORNIA	4pm
Oklahoma at OHIO STATE	4pm
Sun, Mar. 14	
Air Force at SPRINGFIELD	2pm

LAST WEEK'S RESULTS

Sun, Mar. 7
Illinois-Chicago 348.600, AIR FORCE 346.450
Stanford 361.650, Oklahoma 360.300, NEBRASKA 347.500
Sat, Mar. 6
OHIO STATE 351.800, California 346.000
Fri, Mar. 5
Stanford 356.700, AIR FORCE 338.500, Illinois-Chicago 336.200

NCAA NATIONAL RANKINGS

TEAM SCORES: Three Score Avg.

1. Stanford	359.917
2. Oklahoma	358.750
8. Nebraska	346.050
9. California	345.433
12. Air Force	340.233

All-Around: Avg.

1. Jake Dalton (Okla)	88.833
2. Steven Legendre (Okla)	88.483
3. Tim Gentry (Stan)	87.983
4. Kyle Bunthuwong (Cal)	87.967
7. Kyle Shanahan (Neb)	86.467
9. Nash Mills (AFA)	85.567
10. Andreas Hofer (Neb)	85.250

Floor Exercise: Avg.

1. Oklahoma	62.300
2. Stanford	61.050
8. Nebraska	58.367

1. Steven Legendre (Okla)	16.067
2. Jake Dalton (Okla)	15.817
3. Eddie Penev (Stan)	15.650
4. Bobby Shortle (Okla)	15.517
9. Josh Dixon (Stan)	15.150

Pommel Horse: Avg.

4. Oklahoma	57.400
5. Stanford	57.333
6. California	56.767
3. Alex Naddour (Okla)	15.200
10. Glen Ishino (Cal)	14.733
10. John Martin (Stan)	14.733

Still Rings:

2. Stanford	60.050
3. Oklahoma	59.267
6. Air Force	58.850
9. Nebraska	57.750
2. Tim Gentry (Stan)	15.683
7. Ian Jackson (Okla)	14.983
8. James Fosco (Stan)	14.933
10. Kyle Bunthuwong (Cal)	14.883

Vault: Avg.

1. Stanford	64.500
2. Oklahoma	64.033
5. Nebraska	62.733
9. Air Force	62.250
10. California	62.217

1. Tim Gentry (Stan)	16.300
2. Jake Dalton (Okla)	16.250
3. Eddie Penev (Stan)	16.200
4. Alex Buscaglia (Stan)	16.117
5. Josh Dixon (Stan)	16.083
6. Steven Legendre (Okla)	16.033
7. Bobby Shortle (Okla)	15.983

Parallel Bars: Avg.

1. Stanford	59.117
3. Oklahoma	58.617
4. California	58.550
10. Nebraska	56.750
1. Kyle Bunthuwong (Cal)	15.417
2. Nicholas Noone (Stan)	15.383
4. Steven Legendre (Okla)	14.917
5. Jake Dalton (Okla)	14.900
7. Dennis Mannhart (Cal)	14.867
9. Glen Ishino (Cal)	14.767
10. Cameron Foreman (Stan)	14.750

High Bar: Avg.

2. Stanford	59.000
4. Oklahoma	58.333
6. Nebraska	57.517
7. California	56.867
2. Alex Buscaglia (Stan)	15.250
6. Kyle Shanahan (Neb)	14.933
7. Abhinav Ramani (Stan)	14.883
8. Kyle Bunthuwong (Cal)	14.850

STANFORD BREAKS 2010 NCAA MARKS
FOR SECOND STRAIGHT WEEK



#1 STANFORD (9-0) knocked off its second top-ranked opponent in successive weeks, this time No. 1 Oklahoma in a tri-meet in Lincoln, NE. The Cardinal scored another 2010 NCAA-high 361.650, ahead of the Sooners and host Nebraska Huskers. The Cardinal turned in a national-high on vault (65.550), with five scores of at least 16, led by Tim Gentry's 16.5. Gentry also led the rings rotation with a 15.4, while Eddie Penev led the floor (15.7) and John Martin on horse (14.75). Stanford is off until March 26.



#2 OKLAHOMA (9-1) once again turned in the nation's second best team score (360.300), placing second in a tri-meet, behind Stanford and ahead of Nebraska. Steven Legendre claimed his second all-around title of the year (88.850) and also won the floor (16.100). Alex Naddour won the horse for his fourth title (14.900). The Sooners travel to Ohio State Saturday (Mar. 13).



#12 AIR FORCE (1-9) sophomore Devin Menefee recorded a career-high and top routine on rings (15.25) and junior Nash Mills won the all-around (84.750) in leading the Falcons to second place in a home tri-meet last Friday, behind Stanford and ahead of Illinois-Chicago. Air Force posted a program-record on parallel bars (56.650) and season-bests on horse (53.650), rings (59.000), and high bar (55.300). James Okamoto was third on horse with a career-high (14.100). Mills and Joel Uptmor shared a vault title (15.750) and Menefee won rings (15.350) in a dual Sunday with the Flames. The Falcons head to Army and Springfield for two more duals this week.



#8 NEBRASKA (7-5) posted a team score of 347.500 in a third place home triangular finish to No. 1 Oklahoma and No. 2 Stanford. Kyle Shanahan took second on high bar (14.95). Nine Huskers earned a career-high. Cory Baumgarten had career-efforts on floor (14.45), rings (14.40) and vault (15.70). Nebraska travels to California for another tri-meet, taking on Penn State and host Cal Saturday (Mar. 13).



#9 CALIFORNIA (1-6) was outlasted in a dual at No. 5 Ohio State on Saturday, 351.800-346.000. The Bears took team victories on parallel bars and high bar. Sophomore Glen Ishino was the all-around champion (89.050), while Dennis Mannhart was second (88.200). Mannhart won p-bars (15.250), was second on floor (15.050), and third on vault (15.700) and high bar (14.600). Ishino was second on horse (15.000) and p-bars (15.050) and third on floor (14.750) and rings (15.150). The Bears host a tri-meet Saturday (Mar. 13) against Nebraska and Penn State.

GLEN ISHINO MPSF GYMNAST OF THE WEEK



California sophomore **Glen Ishino** (Santa Ana, CA) won an all-around title with a season-high (89.050) at No. 5 Ohio State. He was second on horse (15.00) and p-bars (15.05), in addition to third-place on floor (14.75) and rings (15.15). Ishino added a fourth-place outcome on vault (15.6). The rings routine was a career-high, while the p-bars and floor were season-highs.

Also Nominated: Steven Legendre (OU); Devin Menefee (AFA)

MPSF MEN'S GYMNASTICS CHAMPIONSHIP

April 3, 2010; 7:00 p.m. (CT)

Host: University of Oklahoma

Howard McCasland Field House; Norman, OK

http://www.soonersports.com/sports/m-gym/archive/2010_mpsf_championship.html

http://www.soonersports.com/tickets/ticket-information_mens_gymnastics.html

GymInfo
MEN'S GYMNASTICS
<http://www.troester.com/gym>
National Rankings
March 8, 2010

Rank	Team	Three Score Average
1	Stanford	359.917
2	Oklahoma	358.750
3	Illinois	355.283
4	Michigan	354.033
5	Ohio State	350.850
6	Penn State	349.033
7	Minnesota	347.883
8	Nebraska	346.050
9	California	345.433
10	Iowa	342.583
11	Illinois-Chicago	342.333
12	Air Force	340.233
13	Temple	339.050
14	Springfield	334.700
15	Army	329.483

2010 NCAA MEN'S
GYMNASTICS CHAMPIONSHIP

April 15-17, 2010

Host: US Military Academy
Hollender Center; West Point, NY



2010 MPSF GYMNASTS OF THE WEEK

Week	Student-Athlete	School
Mar. 9	Glen Ishino	California
Mar. 2	Tim Gentry	Stanford
Feb. 23	Kyle Bunthuwong	California
Feb. 16	Ian Jackson	Oklahoma
Feb. 9	Tim Gentry	Stanford
Feb. 2	John Robinson	Nebraska
Jan. 26	Jake Dalton	Oklahoma
Jan. 19	Jake Dalton	Oklahoma

MPSF
GYMNASTICS ONLINE

MPSF Gymnastics updates are available on the conference website:

<http://www.mpsports.org>