

Gymnasts of the Week – March 1-7, 2010

Awards are given by conference offices

Big Ten Conference

Gymnast of the Week

Paul Ruggeri, Illinois - Jr., Manlius, N.Y./Fayetteville Manlius

Ruggeri wins his sixth career Gymnast of the Week honor and third this season. The Illini junior posted two first-place finishes and helped Illinois to a 357.500-346.600 win over Iowa during the weekend. He finished first on high bar, matching his career-best and school-best score of 16.100, and was also first on parallel bars (15.300). Additionally, he was fifth on still rings with a score of 14.400 and was ninth on vault with a mark of 15.050 as Illinois recorded its highest team score of the season.

Freshman of the Week

Harris Coleman, Minnesota - Gainesville, Fla./Gainesville

Coleman wins his first Freshman of the Week honor recording a first-place finish and two 15-plus performances for the Gophers over the weekend. He recorded a career-best and a team season-high score on the pommel horse, scoring a 15.200 to claim top honors in the event. He also recorded a 15.550 on vault and a 14.450 in floor exercise to claim eighth in both events. Coleman also was seventh on high bar with a mark of 13.800.

Eastern Intercollegiate Gymnastics League

Gymnast of the Week

Kip Webber – Army - Freshman, Boxborough, Mass.

Webber turned in a strong performance for the Black Knights, as Army (331.85) posted its highest team score of the season in a tough loss to Springfield at Blake Arena in Springfield. He captured first on vault (15.90- the highest for Army on the event this year) and fourth place on floor exercise (14.40). He attended Acton - Boxborough Regional High School and received his early training at the New England Academy of Gymnastics. He was a six-time Junior Olympic qualifier with an undeclared major.

Mountain Pacific Sports Federation

Gymnast of the Week

Glen Ishino – California

California sophomore **Glen Ishino** (Santa Ana, CA) won an all-around title with a season-high (89.050) at No. 5 Ohio State. He was second on horse (15.00) and p-bars (15.05), in addition to third-place on floor (14.75) and rings (15.15). Ishino added a fourth-place outcome on vault (15.6). The rings routine was a career-high, while the p-bars and floor were season-highs.