

For Immediate Release: February 16, 2010

Contact: Darren Preston

2010 MOUNTAIN PACIFIC SPORTS FEDERATION
WOMEN'S GYMNASTICS UPDATE # 6

PLENTY OF TEAM AND PERSONAL-HIGHS;
AGGIES CONTINUE TO ROLL



UC DAVIS (8-1) senior Kendall McCann nailed career-highs on both the balance beam (9.80) and all-around (38.700) for a pair of individual titles, as the Aggies scored a 193.175 in an MPSF dual win at home over Alaska-Anchorage (190.200). McCann also hit a personal-best on floor (9.775). Marcy Miller and Lida Gehlen tied for the uneven bars title (9.775) and Erika Van Dyke posted her second straight top floor score in a career-effort (9.85). Other career-marks included Miller's second-place all-around (38.250) and Michele Hurlock's third-place vault (9.725). UC Davis travels to CS Fullerton Sunday (Feb. 21) for another dual meet.



ALASKA-ANCHORAGE (0-10) hit a season-high team score of 190.200 in its dual loss at UC Davis. Senior Meagan Byrne and sophomores Shakea Sanders and Kaelei Spoor all posted career-nights for the Seawolves. UAA hit a season-high on vault (48.475), good for the sixth best outing in team history. Sanders led that effort with a 2010 UAA-best score (9.80). Spoor (9.675) and Courtney Williams (9.725) tied their career-highs on vault. Spoor also hit personal-highs on beam (9.8) and a second-place floor (9.75). Byrne tallied a career-all-around with a 37.375. UAA hosts Brown for a pair of duals this weekend (Feb. 19 & 21).

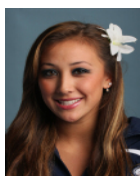


SEATTLE PACIFIC (0-8) received a third-place uneven bars performance from Samantha Taylor (9.775), along with a fourth-place and career-high all-around (38.275), as the Falcons finished third in a season-best total (190.500) with Boise State and Sacramento State last Friday in Boise, ID. Other top-five Seattle Pacific outings included Anissa Madrid's fifth-place all-around (38.225) and fourth-place beam with a season-best (9.70), as well as Brittany Malone and Sherah Veron's 9.80 fifth-place floor efforts. The Falcons visit Denver Friday and Air Force Saturday.



AIR FORCE (4-9) is back in action Saturday (Feb. 20), when it hosts Southeast Missouri State and MPSF opponent Seattle Pacific. The Falcons are coming off a bye week.

KENDALL McCANN
MPSF GYMNAST OF THE WEEK



UC Davis senior Kendall McCann (Belmont, CA) won individual titles with career-highs on the all-around (38.700) and balance beam (9.80), leading the Aggies to an MPSF dual win over Alaska-Anchorage. McCann also hit a career-mark on floor (9.775) and a third-place uneven bars routine (9.675).
Also Nominated: Samantha Taylor (SPU)

GymInfo

WOMEN'S GYMNASTICS
REGIONAL RANKING

Feb. 15, 2010- by Total Season Average

West Region

Rank	Team	Average	High	RQS
1	Oregon State	196.129	196.725	0.000
2	Stanford	195.983	196.650	195.850
3	UCLA	195.982	196.725	196.145
4	Washington	194.213	195.425	0.000
5	Boise State	193.650	195.075	0.000
6	San Jose State	192.188	193.300	191.965
7	Sac State	191.894	193.850	0.000
8	UC Davis	191.725	194.250	191.220
9	California	190.413	191.800	0.000
10	CS Fullerton	189.831	191.250	0.000
11	Seattle Pac.	188.400	190.500	0.000
12	Alaska U.	185.900	190.200	185.040

North Central Region

9	Air Force	185.796	188.650	185.225
---	-----------	---------	---------	---------

Week	Student-Athlete	School
Feb. 16	Kendall McCann	UC Davis
Feb. 9	Katie Yamamura	UC Davis
Feb. 2	Jenna Dudley	Air Force
Jan. 26	Tanya Ho	UC Davis
Jan. 19	Tanya Ho	UC Davis
Jan. 12	Katie Yamamura	UC Davis

GYMNASTICS ONLINE

Gymnastics updates are available on the MPSF website:

<http://www.mpsports.org>

<http://troester.com/gym>

THIS WEEK'S SCHEDULE
(All Times Local to Site)

Fri, Feb. 19
Brown at ALASKA-ANCHORAGE 7pm
Seattle Pac, SE Missouri St, Boise St. at DENVER 7pm

Sat, Feb. 20
SE Missouri State and Seattle Pacific at AIR FORCE 7pm

Sun, Feb. 21
UC Davis at CS FULLERTON 2pm
Brown at ALASKA-ANCHORAGE 2pm

LAST WEEK'S RESULTS
(Home Team in CAPS)

Fri, Feb. 12
1) UC DAVIS 193.175, Alaska-Anchorage 190.200
2) BOISE STATE 195.075, Sacramento State 193.850,
Seattle Pacific 190.500

2010 MPSF WOMEN'S GYMNASTICS
CHAMPIONSHIP

March 27, 2010; 6:00 pm (PT)
Host: Seattle Pacific University
Brougham Pavilion
Seattle, WA.

The MPSF champion will be determined at the
championship meet hosted by Seattle Pacific University on
March 27. For more information visit the Falcon website:

www.spufalcons.com

2010 NCAA WOMEN'S GYMNASTICS
CHAMPIONSHIP

April 22-24, 2010
Host: University of Florida
Stephen C. O'Connell Center
Gainesville, FL.



MPSF RANKINGS – TOP 6
BY TOTAL SEASON AVERAGE

TEAM SCORES:	Avg.	High	RQS
UC Davis	191.725	194.250	191.220
Seattle Pacific	188.400	190.500	0.000
Alaska, U.	185.900	190.200	185.040
Air Force	185.796	188.650	185.225
VAULT:	Avg.	High	RQS
<i>UC Davis</i>	48.192	48.625	48.105
1. Katie Yamamura (UCD)	9.700	9.750	9.690
2. Michelle Bobonski (UCD)	9.650	9.800	0.000
2. Marcy Miller (UCD)	9.650	9.750	0.000
4. Michele Hurlock (UCD)	9.633	9.725	9.615
5. Sherah Veron (SPU)	9.615	9.725	0.000
6. Leah Wilson (UAA)	9.613	9.725	9.590
UNEVEN P-BARS:	Avg.	High	RQS
<i>UC Davis</i>	47.617	48.725	47.395
1. Tanya Ho (UCD)	9.705	9.775	0.000
2. Marcy Miller (UCD)	9.600	9.775	0.000
3. Kaysha Heck (SPU)	9.575	9.700	0.000
3. Lida Gehlen (UCD)	9.575	9.875	9.515
5. Samantha Taylor (SPU)	9.540	9.775	0.000
6. Kristy Boswell (UAA)	9.535	9.675	0.000
BALANCE BEAM:	Avg.	High	RQS
<i>UC Davis</i>	47.604	48.175	47.490
1. Kendall McCann (UCD)	9.644	9.800	0.000
2. Erika Van Dyke (UCD)	9.588	9.775	9.550
3. Katie Yamamura (UCD)	9.505	9.775	0.000
4. Lisa Wong (AFA)	9.495	9.725	0.000
5. Christine Tao (UCD)	9.490	9.725	0.000
6. Anissa Madrid (SPU)	9.460	9.700	0.000
FLOOR EXERCISE:	Avg.	High	RQS
<i>UC Davis</i>	48.313	48.750	48.225
1. Katie Yamamura (UCD)	9.700	9.775	0.000
2. Erika Van Dyke (UCD)	9.692	9.850	9.660
3. Michelle Ho (UCD)	9.675	9.675	0.000
3. Betsy Lim (UCD)	9.675	9.675	0.000
5. Jenna Dudley (AFA)	9.671	9.775	9.650
6. Kendall McCann (UCD)	9.650	9.775	9.625
ALL-AROUND:	Avg.	High	RQS
1. Kendall McCann (UCD)	38.400	38.700	0.000
2. Tanya Ho (UCD)	38.315	38.700	0.000
3. Katie Yamamura (UCD)	38.180	38.825	0.000
4. Marcy Miller (UCD)	38.125	38.250	0.000
5. Jenna Dudley (AFA)	38.004	38.425	37.920
6. Samantha Taylor (SPU)	37.917	38.275	0.000