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WAC GYMNASTICS
 February 4, 2010

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	WAC Meets			All Meets			High Score
	W	L	Pct.	W	L	Pct.	
Southern Utah	2	0	1.000	5	0	1.000	195.050
Boise State	1	0	1.000	3	0	1.000	194.200
Sacramento State	1	1	.500	2	4	.333	192.775
San Jose State	0	1	.000	5	3	.625	193.300
Cal State Fullerton	0	1	.000	1	4	.200	188.900
Utah State	0	1	.000	1	5	.167	191.650

Schedule: Week #4

Friday, February 5

Utah State at Utah State Tri Meet Time
7:00 p.m. MT

Saturday, February 6

Kent State at Southern Utah Time
7:00 p.m. MT

Sunday, February 7

*Boise State at Cal State Fullerton Time
3:00 p.m. PT
 Sacramento State at Stanford Quad Time
2:00 p.m. PT
 San Jose State at Stanford Quad Time
2:00 p.m. PT

*denotes WAC meet

Results: Week #3

Friday, January 29

*Boise State def. Utah State Time
191.625-191.125
 *Cal State Fullerton at Sacramento Tri 3rd/3, 188.900
 *Sacramento State at Sacramento Tri 1st/3, 193.575
 *Southern Utah at Sacramento Tri 2nd/3, 192.775

Saturday, January 30

*Southern Utah def. San Jose State Time
194.925-193.300

*denotes WAC meet



2010 WAC Gymnastics

SOUTHERN UTAH'S WHEELER, JOHNSON AND BOISE STATE'S GASPAR NAMED WAC GYMNASTS OF THE WEEK

Southern Utah's Elise Wheeler has been named the Verizon Wireless Western Athletic Conference Gymnast of the week and Boise State's Hailey Gaspar, along with Southern Utah's Melissa Johnson have been named the WAC's Co-Specialists of the Week for Jan. 25-31.

Wheeler, a senior from San Diego, Calif. (Madison HS) continued her streak of all-around titles this season, claiming her third and fourth consecutive titles of the season this past week. Wheeler scored a 39.200 at Sacramento State and a season-high 39.275 at San Jose State. Wheeler also added individual titles on floor (9.800) and bars (9.850) at Sacramento State, and on floor (9.825) at San Jose State.

Johnson, a senior from St. Charles, Ill. (St. Charles East HS) continued her streak of consecutive vault titles as she scored a 9.900 on the apparatus at both Sacramento State and San Jose State. The marks tie her career high on the event and are tied for the sixth-best in SUU team history. She also scored season-highs of 9.775 on bars and matched a career-best 9.825 on beam at Sacramento State.

Gaspar, a freshman from Los Alamitos, Calif. (Cypress HS) captured the vault title with a 9.900 in only her second career collegiate meet. Gaspar's 9.900 won her the vault title by .075 over the second-place finisher. She also tied for second on floor with a 9.750.



CAL STATE FULLERTON TO HOST 2010 WAC GYMNASTICS CHAMPIONSHIP

This year's Western Athletic Conference Gymnastics Championship will take place at Cal State Fullerton's Titan Gym on March 27. The event will begin at 6 p.m. (PT). For more information on the event, visit the WAC Championships page at www.wacsports.com.

WAC Media Services

Internet

Information on the Western Athletic Conference can be accessed many ways. The WAC's website is www.wacsports.com. Standings, top performances, team notes, meet stories, and releases will be available on the website along with PDFs of records and links to school sites.

E-Mail Lists

Media may contact **Jason Erickson** at the WAC (303-962-4206 or jerickson@wac.org) to be included on the league's e-mail lists.

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2010 WAC GYMNAST OF THE WEEK

Jan. 11 Thomasina Wallace, So., San Jose St.
 Jan. 18..... Hannah Redmon, Jr., Boise State
 Jan. 25..... Elise Wheeler, Sr., Southern Utah
 Feb. 1 Elise Wheeler, Sr., Southern Utah
 Feb. 8
 Feb. 15
 Feb. 22
 Mar. 1.....
 Mar. 8.....
 Mar. 15.....
 Mar. 22.....

2010 WAC SPECIALIST OF THE WEEK

Jan. 11 Lily Swann, Jr., San Jose State
 Jan. 18... Melissa Johnson, Sr., Southern Utah
 Jan. 25... Melissa Johnson, Sr., Southern Utah
 Eryn Stubblefield, Sr., Sacramento State
 Feb. 1 Melissa Johnson, Sr., Southern Utah
 Hailey Gaspar, Fr., Boise State
 Feb. 8
 Feb. 15
 Feb. 22
 Mar. 1.....
 Mar. 8.....
 Mar. 15.....
 Mar. 22.....

2010 WAC Gymnastics Schedule

Boise State (3-0, 1-0 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 15	Sacramento State, San Jose State	Reno	1st/3, 194.200
Jan. 29	*Utah State	Logan	W, 191.625
Feb. 7	*Cal State Fullerton	Fullerton	3:00 p.m.
Feb. 12	*Sacramento State	Boise	7:00 p.m.
Feb. 19	Denver, Southeast Missouri	Denver	6:00 p.m.
Feb. 26	*Southern Utah, Centenary	Cedar City	7:00 p.m.
Mar. 5	Utah State, BYU	Boise	7:00 p.m.
Mar. 12	BYU, Arizona St.	Provo	7:00 p.m.
Mar. 19	*San Jose State	Boise	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet

Cal State Fullerton (1-4, 0-1 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 10	San Jose State, UC Davis, Wisc.-WW	Davis	3rd/4, 188.000
Jan. 29	*Sacramento State, Southern Utah	Sacramento	3rd/3, 188.900
Feb. 7	*Boise State	Fullerton	12:00 p.m.
Feb. 12	*San Jose State	San Jose	7:00 p.m.
Feb. 21	UC Davis	Fullerton	2:00 p.m.
Feb. 26	*Utah State, UCLA	Fullerton	7:00 p.m.
Mar. 12	Michigan State	Fullerton	7:00 p.m.
Mar. 14	UCLA	Los Angeles	2:00 p.m.
Mar. 19	*Southern Utah	Cedar City	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet

Sacramento State (2-4, 1-1 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 15	Boise State, San Jose State	Reno	3rd/3, 188.925
Jan. 22	UC Davis, Seattle Pacific	Sacramento	2nd/3, 190.700
Jan. 29	*Cal State Fullerton, *Southern Utah	Sacramento	2nd/3, 192.775
Feb. 7	Stanford, San Jose State, Washington	Stanford	2:00 p.m.
Feb. 12	*Boise State	Boise	7:00 p.m.
Feb. 19	San Jose State	Sacramento	7:00 p.m.
Feb. 26	*San Jose State	San Jose	7:00 p.m.
Mar. 5	UC Davis, Eastern Michigan	Davis	7:00 p.m.
Mar. 12	Texas Woman's	Sacramento	7:00 p.m.
Mar. 19	*Utah State	Logan	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet

San Jose State (5-3, 0-1 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 10	UC Davis, Cal State Fullerton, Wisc.-WW	Davis	1st/4, 191.800
Jan. 15	Boise State, Sacramento State	Reno	2nd/3, 192.400
Jan. 22	California, UCLA	Berkely	2nd/3, 191.950
Jan. 30	*Southern Utah	San Jose	L, 193.300
Feb. 7	Stanford, Washington, Sacramento St.	Stanford	2:00 p.m.
Feb. 12	*Cal State Fullerton	San Jose	7:00 p.m.
Feb. 19	Sacramento State	Sacramento	7:00 p.m.
Feb. 26	*Sacramento State, UC Davis	San Jose	7:00 p.m.
Mar. 5	California, Stanford	San Jose	7:00 p.m.
Mar. 12	*Utah State	Logan	7:00 p.m.
Mar. 19	*Boise State	Boise	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet

Southern Utah (5-0, 2-0 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 14	Brigham Young	Provo	W, 194.100
Jan. 22	Utah State	Cedar City	W, 195.050
Jan. 29	*Sacramento State, Cal State Fullerton	Sacramento	1st/3, 193.575
Jan. 30	*San Jose State	San Jose	W, 194.925
Feb. 6	Kent State	Cedar City	7:00 p.m.
Feb. 15	*Utah State	Logan	7:00 p.m.
Feb. 26	*Boise State	Cedar City	7:00 p.m.
Mar. 7	Iowa	Iowa City	7:00 p.m.
Mar. 12	Utah, Penn State, Oregon State	Salt Lake City	7:00 p.m.
Mar. 19	*Cal State Fullerton	Cedar City	7:00 p.m.
Mar. 22	Brigham Young	Cedar City	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet

Utah State (1-5, 0-1 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 15	Central Michigan	Mount Pleasant	L, 187.275
Jan. 17	New Hampshire	Durham	3rd/4, 191.650
Jan. 22	Southern Utah	Cedar City	L, 191.225
Jan. 29	*Boise State	Logan	L, 191.125
Feb. 5	Brigham Young, Denver	Provo	7:00 p.m.
Feb. 12	Utah	Salt Lake City	7:00 p.m.
Feb. 15	*Southern Utah	Logan	7:00 p.m.
Feb. 19	Brigham Young	Logan	7:00 p.m.
Feb. 26	*Cal State Fullerton, UCLA	Fullerton	7:00 p.m.
Mar. 5	Boise State	Boise	7:00 p.m.
Mar. 12	*San Jose State	Logan	7:00 p.m.
Mar. 19	*Sacramento State	Logan	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet



2010 WAC Team Notes

Boise State Broncos (3-0, 1-0 WAC)

The Broncos have had an uncharacteristically low scoring start to their season ... in each of the two meets they have competed in, they have won each of the four individual events (vault, bars, beam, floor) ... Hannah Redmon earned her 10th career win on floor in the USU dual, putting her in the No. 5 spot for all-time career floor wins at Boise State.



San Jose State Spartans (5-3, 0-1 WAC)

San Jose State scored a season-best 193.300, and two Spartans won events Saturday night as the team opened the home portion of its schedule at Spartan Gym ... Thomasina Wallace won the bars with a 9.900, while Tiffany Louie tied for first on the floor with a career-high 9.825.



Cal State Fullerton Titans (1-4, 0-1 WAC)

Cal State Fullerton scored a 188.900 to finish third on Friday night in a tri-meet at Sacramento State ... junior Alaina Baker led the way for Cal State Fullerton, finishing third in the all-around with a 38.550 ... freshman Cami Casimere was fourth in the all-around standings with a 36.650 ... Baker's highest scores on the night came on bars and floor where she scored a 9.70 to finish tied for eighth and sixth in those events, respectively.



Southern Utah Thunderbirds (5-0, 2-0 WAC)

Southern Utah completed its weekend road trip in California by securing a pair of WAC victories over Sacramento State and San Jose State ... SUU concluded the weekend with a 194.925-193.300 win over San Jose State on Saturday night ... SUU swept all but one individual title during the night as Elise Wheeler and Melissa Johnson continued their streaks of consecutive titles.



Sacramento State Hornets (2-4, 1-1 WAC)

Sacramento State scored a season-high 192.775 and had the best team score on three of the four events but finished second in a three-team meet on Friday night at the Hornets Nest ... individually, Sacramento State was led by junior Lissa Zamolo who finished first on beam with a 9.850 ... senior Eryn Stubblefield was second on beam (9.825) and in the all-around (38.900).



Utah State Aggies (1-5, 0-1 WAC)

USU was .1 off of its season-highs for team-total, vault and beam with a 191.125 team total, 48.225 on vault and 47.800 on beam ... junior Lyndsie Boone posted a career-high in winning the all-around with a 38.850 and also tallied a career-high 9.825 on vault, finishing tied for second. Boone also was third on beam with a 9.725 ... Heather Heinrich tied for second on floor with a 9.750 and was tied for third on bars with a 9.650 in finishing second in the all-around with a season-high 38.425.



2010 GymInfo Poll (February 1 - by Scoring Average)

Rk.	School	Avg.	Team High
1	Alabama	196.494	197.450
2	Oklahoma	196.325	196.650
3	Florida	196.156	196.725
4	Utah	195.956	196.550
5	Oregon State	195.919	196.225
6	UCLA	195.905	196.600
7	Arkansas	195.894	196.750
8	Stanford	195.819	196.425
9	Georgia	195.512	196.500
10	Nebraska	195.406	196.025
11	Kentucky	195.262	195.525
12	L.S.U.	195.106	195.650
13	Iowa State	195.069	196.000
14	Missouri	195.006	196.400
15	Michigan	194.950	196.000
16	Auburn	194.912	195.325
17	Penn State	194.850	196.025
18	Arizona	194.425	195.675
19	Southern Utah	194.412	195.050
20	Denver	194.319	195.575
21	Michigan State	194.065	194.875
22	North Carolina St.	193.975	194.875
23	Illinois	193.969	195.225
24	Washington	193.944	194.875
25	Minnesota	193.587	195.350
26	Arizona State	193.469	194.900
27	New Hampshire	193.381	195.000
28	Kent State	193.248	195.170
29	West Virginia	193.062	194.600
30	Maryland-College	192.950	194.250

WAC Schools in the Top 50

31	Boise State	192.912	194.200
36	San Jose State	192.362	193.300
44	Sacramento State	190.798	192.775
50	Utah State	190.319	191.650

GymInfo - Women's Regional Ranking for: Team Total February 1 - by Scoring Average

West

Rank	Team	Avg.		High
1	Oregon State	195.919	W	196.225
2	UCLA	195.905	W	196.600
3	Stanford	195.819	W	196.425
4	Washington	193.944	W	194.875
5	Boise State	192.912	W	194.200
6	San Jose State	192.362	W	193.300
7	Sacramento State	190.798	W	192.775
8	UC Davis	190.731	W	191.575
9	California	190.517	W	191.800
10	Cal State-Fullerton	188.450	W	188.900
11	Seattle Pacific	187.650	W	188.400
12	Alaska	185.040	W	188.900

North Central

Rank	Team	Avg.		High
1	Utah	195.956	NC	196.550
2	Iowa State	195.069	NC	196.000
3	Southern Utah	194.412	NC	195.050
4	Denver	194.319	NC	195.575
5	Minnesota	193.587	NC	195.350
6	Brigham Young	192.775	NC	193.050
7	Iowa	192.637	NC	193.200
8	Utah State	190.319	NC	191.650
9	Air Force	185.225	NC	185.850
10	Wisconsin-WW	181.837	NC	183.875
11	Wisconsin-LC	181.744	NC	185.700
12	Winona State	175.560	NC	180.000

Bold = WAC Schools

2010 WAC Gymnastics Superlatives

INDIVIDUAL (top 10)

ALL-AROUND

Athlete	School	Score	Date
Elise Wheeler	Southern Utah	39.275	1/30
Thomasina Wallace	San Jose State	38.975	1/15, 1/22
Hannah Redmon	Boise State	38.925	1/15
Eryn Stubblefield	Sacramento State	38.900	1/30
Lyndsie Boone	Utah State	38.850	1/29
Amy Glass	Boise State	38.775	1/15
Lily Swann	San Jose State	38.625	1/22
Amelia Montoya	Utah State	38.600	1/22
Alaina Baker	Cal State Fullerton	38.550	1/29
Heather Heinrich	Utah State	38.425	1/29

VAULT

Athlete	School	Score	Date
Hannah Redmon	Boise State	9.900	1/15
Melissa Johnson	Southern Utah	9.900	1/29, 1/30
Hailey Gaspar	Boise State	9.900	1/29
Thomasina Wallace	San Jose State	9.850	1/15
Lindsey Schultz	Southern Utah	9.850	1/29
Lily Swann	San Jose State	9.825	1/10
Elise Wheeler	Southern Utah	9.825	1/14
Lyndsie Boone	Utah State	9.825	1/29
Chelsee Apple	Boise State	9.825	1/29
Amy Glass	Boise State	9.825	1/29

UNEVEN BARS

Athlete	School	Score	Date
Thomasina Wallace	San Jose State	9.925	1/10
Elise Wheeler	Southern Utah	9.875	1/22, 1/30
Jenna Vogt	Southern Utah	9.850	1/29
Amy Glass	Boise State	9.825	1/15
Alyssa Click	Southern Utah	9.800	1/29
Taylor Jacob	Boise State	9.775	1/15
Katie Tuller	Boise State	9.775	1/15
Bailey Baker	Southern Utah	9.775	1/14
Brandie Dickson	Utah State	9.775	1/17
Chelsea Marquardt	Utah State	9.775	1/17
Jessica Khoshknook	San Jose State	9.775	1/30
Eryn Stubblefield	Sacramento State	9.775	1/29
Melissa Johnson	Southern Utah	9.775	1/29

BALANCE BEAM

Athlete	School	Score	Date
Alyssa Click	Southern Utah	9.850	1/30
Ari Lamb	Southern Utah	9.850	1/30
Lissa Zamolo	Sacramento State	9.850	1/29
Lindsay Kazandjian	Boise State	9.825	1/15
Thomasina Wallace	San Jose State	9.825	1/15
Eryn Stubblefield	Sacramento State	9.825	1/22, 1/29
Melissa Johnson	Southern Utah	9.825	1/29
Kelsey Lang	Boise State	9.825	1/29
Lily Swann	San Jose State	9.800	1/15
Caitlin Kennedy	Southern Utah	9.800	1/30
Elise Wheeler	Southern Utah	9.800	1/30
Cayla Boyce	Sacramento State	9.800	1/29

FLOOR EXERCISE

Athlete	School	Score	Date
Hannah Redmon	Boise State	9.900	1/15
Elise Wheeler	Southern Utah	9.825	1/30
Tiffany Louie	San Jose State	9.825	1/30
Yvette Leizorek	Boise State	9.800	1/15
Bailey Baker	Southern Utah	9.800	1/22
Lyndsie Boone	Utah State	9.775	1/17
Shannon Coughlin	Southern Utah	9.775	1/22
Heather Heinrich	Utah State	9.775	1/22
Thomasina Wallace	San Jose State	9.775	1/22
Amy Glass	Boise State	9.750	1/15
Gabrielle Targosz	San Jose State	9.750	1/15, 1/22
Lindsey Schultz	Southern Utah	9.750	1/22
Lily Swann	San Jose State	9.750	1/30
Cayla Boyce	Sacramento State	9.750	1/29
Hailey Gaspar	Boise State	9.750	1/29

TEAM

TEAM TOTAL

School	Score	Date
Southern Utah	195.050	1/22
Boise State	194.200	1/15
San Jose State	193.300	1/30
Sacramento State	192.775	1/29
Utah State	191.650	1/17
Cal State Fullerton	188.900	1/29

VAULT

School	Score	Date
Boise State	49.025	1/15
Southern Utah	48.900	1/14
San Jose State	48.425	1/10
Utah State	48.325	1/17
Cal State Fullerton	48.100	1/10
Sacramento State	47.800	1/15

UNEVEN BARS

School	Score	Date
Southern Utah	48.875	1/22
Boise State	48.800	1/15
Sacramento State	48.650	1/29
San Jose State	48.500	1/30
Cal State Fullerton	48.050	1/10
Utah State	48.050	1/22

BALANCE BEAM

School	Score	Date
Southern Utah	48.800	1/14
Sacramento State	48.550	1/29
Boise State	48.200	1/29
San Jose State	48.175	1/30
Utah State	47.900	1/22
Cal State Fullerton	46.425	1/29

FLOOR EXERCISE

School	Score	Date
Southern Utah	48.850	1/22
Boise State	48.775	1/15
San Jose State	48.600	1/30
Sacramento State	48.450	1/29
Utah State	48.075	1/17
Cal State Fullerton	47.300	1/29