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WAC GYMNASTICS
 January 28, 2010

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	WAC Meets			All Meets			High Score
	W	L	Pct.	W	L	Pct.	
Boise State	0	0	.000	2	0	1.000	194.200
Southern Utah	0	0	.000	2	0	1.000	195.050
San Jose State	0	0	.000	5	2	.714	192.400
Cal State Fullerton	0	0	.000	1	2	.333	188.000
Sacramento State	0	0	.000	1	3	.250	190.700
Utah State	0	0	.000	1	4	.200	191.650

Schedule: Week #4

Friday, January 29

	<u>Time</u>
*Boise State at Utah State	7:00 p.m. MT
*Cal State Fullerton at Sacramento Tri	7:00 p.m. PT
*Sacramento State at Sacramento Tri	7:00 p.m. PT
*Southern Utah at Sacramento Tri	7:00 p.m. PT

Saturday, January 30

	<u>Time</u>
*Southern Utah at San Jose State	7:00 p.m. PT

*denotes WAC meet

Results: Week #3

Friday, January 22

	<u>Time</u>
Southern Utah def. Utah State	195.050-191.225
Sacramento State at Sacramento Tri	2nd/3, 190.700
San Jose State at Cal Tri	2nd/3, 191.950



2010 WAC Gymnastics

SOUTHERN UTAH'S WHEELER, JOHNSON AND SACRAMENTO STATE'S STUBBLEFIELD NAMED WAC GYMNASTS OF THE WEEK

Southern Utah's Elise Wheeler has been named the Western Athletic Conference Gymnast of the week and Sacramento State's Eryn Stubblefield, along with Southern Utah's Melissa Johnson have been named the WAC's Co-Specialists of the Week for Jan. 18-24.

Wheeler, a senior from San Diego, Calif. (Madison HS) captured her second consecutive all-around title with a 39.175 in a dual meet against conference foe Utah State. The total included a meet-best 9.875 on bars as the San Diego native won four individual titles, including beam (9.775), bars, floor (9.800) and the all-around.

Stubblefield, a senior from Salem, Ore. (Corvallis HS) finished first on beam in Sacramento State's home opener against UC Davis and Seattle Pacific with a season-high 9.825. The senior also finished first on vault for her first career victory in the event.

Johnson, a senior from St. Charles, Ill. (St. Charles East HS) captured her second consecutive title on vault as the senior scored a 9.825 on the apparatus, helping Southern Utah to a 195.050-191.225 victory over Utah State on Friday night.

CAL STATE FULLERTON TO HOST 2010 WAC GYMNASTICS CHAMPIONSHIP

This year's Western Athletic Conference Gymnastics Championship will take place at Cal State Fullerton's Titan Gym on March 27. The event will begin at 6 p.m. (PT). For more information on the event, visit the WAC Championships page at www.wacsports.com.



WAC Media Services

Internet

Information on the Western Athletic Conference can be accessed many ways. The WAC's website is www.wacsports.com. Standings, top performances, team notes, meet stories, and releases will be available on the website along with PDFs of records and links to school sites.

E-Mail Lists

Media may contact **Jason Erickson** at the WAC (303-962-4206 or jerickson@wac.org) to be included on the league's e-mail lists.

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2010 WAC GYMNAST OF THE WEEK

- Jan. 11 Thomasina Wallace, So., San Jose St.
- Jan. 18..... Hannah Redmon, Jr., Boise State
- Jan. 25..... Elise Wheeler, Sr., Southern Utah
- Feb. 1
- Feb. 8
- Feb. 15
- Feb. 22
- Mar. 1.....
- Mar. 8.....
- Mar. 15.....
- Mar. 22.....

2010 WAC SPECIALIST OF THE WEEK

- Jan. 11 Lily Swann, Jr., San Jose State
- Jan. 18... Melissa Johnson, Sr., Southern Utah
- Jan. 25... Melissa Johnson, Sr., Southern Utah
 Eryn Stubblefield, Sr., Sacramento State
- Feb. 1
- Feb. 8
- Feb. 15
- Feb. 22
- Mar. 1.....
- Mar. 8.....
- Mar. 15.....

2010 WAC Gymnastics Schedule

Boise State (2-0, 0-0 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 15	Sacramento State, San Jose State	Reno	1st/3, 194.200
Jan. 29	*Utah State	Logan	7:00 p.m.
Feb. 7	*Cal State Fullerton	Fullerton	3:00 p.m.
Feb. 12	*Sacramento State	Boise	7:00 p.m.
Feb. 19	Denver, Southeast Missouri	Denver	6:00 p.m.
Feb. 26	*Southern Utah, Centenary	Cedar City	7:00 p.m.
Mar. 5	Utah State, BYU	Boise	7:00 p.m.
Mar. 12	BYU, Arizona St.	Provo	7:00 p.m.
Mar. 19	*San Jose State	Boise	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet

Cal State Fullerton (1-2, 0-0 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 10	San Jose State, UC Davis, Wisc.-WW	Davis	3rd/4, 188.000
Jan. 29	*Sacramento State, Southern Utah	Sacramento	7:00 p.m.
Feb. 7	*Boise State	Fullerton	12:00 p.m.
Feb. 12	*San Jose State	San Jose	7:00 p.m.
Feb. 21	UC Davis	Fullerton	2:00 p.m.
Feb. 26	*Utah State, UCLA	Fullerton	7:00 p.m.
Mar. 12	Michigan State	Fullerton	7:00 p.m.
Mar. 14	UCLA	Los Angeles	2:00 p.m.
Mar. 19	*Southern Utah	Cedar City	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet

Sacramento State (1-3, 0-0 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 15	Boise State, San Jose State	Reno	3rd/3, 188.925
Jan. 22	UC Davis, Seattle Pacific	Sacramento	2nd/3, 190.700
Jan. 29	*Cal State Fullerton, *Southern Utah	Sacramento	7:00 p.m.
Feb. 7	Stanford, San Jose State, Washington	Stanford	2:00 p.m.
Feb. 12	*Boise State	Boise	7:00 p.m.
Feb. 19	San Jose State	Sacramento	7:00 p.m.
Feb. 26	*San Jose State	San Jose	7:00 p.m.
Mar. 5	UC Davis, Eastern Michigan	Davis	7:00 p.m.
Mar. 12	Texas Woman's	Sacramento	7:00 p.m.
Mar. 19	*Utah State	Logan	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet

San Jose State (5-2, 0-0 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 10	UC Davis, Cal State Fullerton, Wisc.-WW	Davis	1st/4, 191.800
Jan. 15	Boise State, Sacramento State	Reno	2nd/3, 192.400
Jan. 22	California, UCLA	Berkely	2nd/3, 191.950
Jan. 30	*Southern Utah	San Jose	7:00 p.m.
Feb. 7	Stanford, Washington, Sacramento St.	Stanford	2:00 p.m.
Feb. 12	*Cal State Fullerton	San Jose	7:00 p.m.
Feb. 19	Sacramento State	Sacramento	7:00 p.m.
Feb. 26	*Sacramento State, UC Davis	San Jose	7:00 p.m.
Mar. 5	California, Stanford	San Jose	7:00 p.m.
Mar. 12	*Utah State	Logan	7:00 p.m.
Mar. 19	*Boise State	Boise	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet

Southern Utah (2-0, 0-0 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 14	Brigham Young	Provo	W, 194.100
Jan. 22	Utah State	Cedar City	W, 195.050
Jan. 29	*Sacramento State, Cal State Fullerton	Sacramento	7:00 p.m.
Jan. 30	*San Jose State, Cal State Fullerton	San Jose	7:00 p.m.
Feb. 6	Kent State	Cedar City	7:00 p.m.
Feb. 15	*Utah State	Logan	7:00 p.m.
Feb. 26	*Boise State	Cedar City	7:00 p.m.
Mar. 7	Iowa	Iowa City	7:00 p.m.
Mar. 12	Utah, Penn State, Oregon State	Salt Lake City	7:00 p.m.
Mar. 19	*Cal State Fullerton	Cedar City	7:00 p.m.
Mar. 22	Brigham Young	Cedar City	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet

Utah State (1-4, 0-0 WAC)

Date	Opponent (s)	Location	Time/Result
Jan. 15	Central Michigan	Mount Pleasant	L, 187.275
Jan. 17	New Hampshire	Durham	3rd/4, 191.650
Jan. 22	Southern Utah	Cedar City	L, 191.225
Jan. 29	*Boise State	Logan	7:00 p.m.
Feb. 5	Brigham Young, Denver	Provo	7:00 p.m.
Feb. 12	Utah	Salt Lake City	7:00 p.m.
Feb. 15	*Southern Utah	Logan	7:00 p.m.
Feb. 19	Brigham Young	Logan	7:00 p.m.
Feb. 26	*Cal State Fullerton, UCLA	Fullerton	7:00 p.m.
Mar. 5	Boise State	Boise	7:00 p.m.
Mar. 12	*San Jose State	Logan	7:00 p.m.
Mar. 19	*Sacramento State	Logan	7:00 p.m.
Mar. 27	WAC Championship	Fullerton	6:00 p.m.

*WAC Meet



2010 WAC Team Notes

Boise State Broncos (2-0, 0-0 WAC)

The Broncos did not compete last week ... the team returns to action on Friday, Jan. 29 as the squad heads to compete against Utah State in Logan ... the meet will count as a league contest in the WAC standings.



San Jose State Spartans (5-2, 0-0 WAC)

For the third time in three meets this season, San Jose State's Thomasina Wallace won the all-around with a 38.975 ... the Spartans finished second to top-ranked UCLA as San Jose State scored a 191.950 ... Wallace finished third in two events Friday night, on the beam with a 9.800 and on the floor with a season-best 9.775. She added a 9.750 on vault to finish fourth and a 9.650 on bars.



Cal State Fullerton Titans (1-2, 0-0 WAC)

Cal State Fullerton did not compete last week ... the team will compete this week at the Sacramento Tri Meet in Sacramento on Friday, Jan. 29 ... the meet will count as a WAC contest against Sacramento State.



Southern Utah Thunderbirds (2-0, 0-0 WAC)

Southern Utah hit 24-of-24 routines without suffering a fall on Friday night as the Thunderbirds cruised to a 195.050-191.225 victory over Utah State ... the T-Birds swept every individual title during the night as SUU had more than 3,000 fans in attendance at the home opener this past week ... Wheeler's score of 39.175 in the all-around wrapped up her fourth individual title as the Thunderbirds secured the 195.050-191.225 victory.



Sacramento State Hornets (1-3, 0-0 WAC)

Eryn Stubblefield finished first on vault and beam and Jasmine Lipka won on floor to lead the Sacramento State gymnastics team on Friday night at the Hornets Nest ... the Hornets scored 190.700 to defeat Seattle Pacific (186.450) but came up short against UC Davis (191.525) ... The loss to the Aggies snapped a 22-meet winning streak against UC Davis. UCD last defeated the Sacramento State on March 15, 2002.



Utah State Aggies (1-4, 0-0 WAC)

USU had season-highs on bars with a 48.050 and beam with a 47.900 this past week against Southern Utah ... senior Heather Heinrich posted a 9.775 on floor Friday, tying a 9.775 by Lyndsie Boone from Jan. 17 at the New Hampshire Invitational for top score on floor this season for the Aggies ... freshman Amelia Montoya had career-high scores in the all-around, vault, bars and beam ... Montoya's 38.600 all-around score is a USU season-high.



2010 GymInfo Poll (Jan. 25 - by Scoring Average)

Rk.	School	Avg.	Team High
1	Alabama	196.458	197.450
2	Oklahoma	196.400	196.650
3	Utah	195.992	196.550
4	Florida	195.967	196.575
5	Stanford	195.833	196.425
6	Oregon State	195.817	196.125
7	UCLA	195.744	196.600
8	Georgia	195.717	196.500
9	Nebraska	195.642	196.025
10	Arkansas	195.608	195.925
11	Missouri	195.583	196.400
12	Kentucky	195.187	195.525
13	L.S.U.	195.125	195.650
14	Iowa State	194.883	196.000
15	Auburn	194.808	195.325
16	Denver	194.808	195.575
17	Michigan	194.600	194.875
18	Southern Utah	194.575	195.050
19	Penn State	194.458	195.325
20	Arizona	194.333	195.675
21	Boise State	194.200	194.200
22	Michigan State	193.862	194.425
23	Minnesota	193.833	195.350
24	Washington	193.708	194.875
25	Ohio State	193.625	194.200
26	Illinois	193.550	194.425
27	NC State	193.525	193.825
28	Arizona State	193.467	194.900
29	Kent State	192.897	195.170
30	New Hampshire	192.858	195.000

WAC Schools in the Top 50

37	San Jose State	192.050	192.400
47	Utah State	190.050	191.650

GymInfo - Women's Regional Ranking for: Team Total Jan. 25 - by Scoring Average

West

Rank	Team	Avg.		High
1	Stanford	195.833	W	196.425
2	Oregon State	195.817	W	196.125
3	UCLA	195.744	W	196.600
4	Boise State	194.200	W	194.200
5	Washington	193.708	W	194.875
6	San Jose State	192.050	W	192.400
7	California	191.087	W	191.800
8	UC Davis	190.450	W	191.525
9	Sacramento State	188.920	W	188.920
10	Cal State-Fullerton	188.000	W	188.000
11	Seattle Pacific	187.425	W	188.400
12	Alaska	183.833	W	185.350

North Central

Rank	Team	Avg.		High
1	Utah	195.992	NC	196.550
2	Iowa State	194.883	NC	196.000
3	Denver	194.808	NC	195.575
4	Southern Utah	194.575	NC	195.050
5	Minnesota	193.833	NC	195.350
6	Brigham Young	192.775	NC	193.050
7	Iowa	192.712	NC	193.200
8	Utah State	190.050	NC	191.650
9	Air Force	185.158	NC	185.850
10	Wisconsin-WW	181.837	NC	183.875
11	Wisconsin-La Cr.	180.425	NC	183.675
12	Winona State	173.692	NC	175.200

Bold = WAC Schools

2010 WAC Gymnastics Superlatives

INDIVIDUAL (top 10)

ALL-AROUND

Athlete	School	Score	Date
Elise Wheeler	Southern Utah	39.175	1/22
Thomasina Wallace	San Jose State	38.975	1/15, 1/22
Hannah Redmon	Boise State	38.925	1/15
Amy Glass	Boise State	38.775	1/15
Lily Swann	San Jose State	38.625	1/22
Amelia Montoya	Utah State	38.600	1/22
Lyndsie Boone	Utah State	37.950	1/22
Alaina Baker	Cal State Fullerton	37.675	1/10
Heather Heinrich	Utah State	37.650	1/17
Chelsea Marquardt	Utah State	37.600	1/22

VAULT

Athlete	School	Score	Date
Hannah Redmon	Boise State	9.900	1/15
Melissa Johnson	Southern Utah	9.875	1/14
Thomasina Wallace	San Jose State	9.850	1/15
Lily Swann	San Jose State	9.825	1/10
Elise Wheeler	Southern Utah	9.825	1/14
Hailey Gaspar	Boise State	9.800	1/15
Amy Glass	Boise State	9.800	1/15
Heather Heinrich	Utah State	9.800	1/17
Caitlin Kennedy	Southern Utah	9.800	1/22
Brittany Potvin-Green	Boise State	9.775	1/15
Lindsey Schultz	Southern Utah	9.775	1/22

UNEVEN BARS

Athlete	School	Score	Date
Thomasina Wallace	San Jose State	9.925	1/10
Elise Wheeler	Southern Utah	9.875	1/22
Amy Glass	Boise State	9.825	1/15
Jenna Vogt	Southern Utah	9.800	1/22
Taylor Jacob	Boise State	9.775	1/15
Katie Tuller	Boise State	9.775	1/15
Bailey Baker	Southern Utah	9.775	1/14
Brandie Dickson	Utah State	9.775	1/17
Chelsea Marquardt	Utah State	9.775	1/17
Alaina Baker	Cal State Fullerton	9.750	1/10
Jessica Khoshknook	San Jose State	9.750	1/10
Jackie Dillon	Utah State	9.750	1/17
Caitlin Kennedy	Southern Utah	9.750	1/22
Katie Merritt	San Jose State	9.750	1/22
Amanda Blauvelt	Sacramento State	9.750	1/22

BALANCE BEAM

Athlete	School	Score	Date
Lindsay Kazandjian	Boise State	9.825	1/15
Thomasina Wallace	San Jose State	9.825	1/15
Eryn Stubblefield	Sacramento State	9.825	1/22
Lily Swann	San Jose State	9.800	1/15
Ari Lamb	Southern Utah	9.800	1/14
Alyssa Click	Southern Utah	9.775	1/14
Elise Wheeler	Southern Utah	9.775	1/22
Hailey Gaspar	Boise State	9.750	1/15
Brooke Cersosimo	Southern Utah	9.750	1/14
Traci Takada	Sacramento State	9.750	1/22

FLOOR EXERCISE

Athlete	School	Score	Date
Hannah Redmon	Boise State	9.900	1/15
Yvette Leizorek	Boise State	9.800	1/15
Bailey Baker	Southern Utah	9.800	1/22
Elise Wheeler	Southern Utah	9.800	1/22
Lyndsie Boone	Utah State	9.775	1/17
Shannon Coughlin	Southern Utah	9.775	1/22
Heather Heinrich	Utah State	9.775	1/22
Thomasina Wallace	San Jose State	9.775	1/22
Amy Glass	Boise State	9.750	1/15
Gabrielle Targosz	San Jose State	9.750	1/15, 1/22
Lindsey Schultz	Southern Utah	9.750	1/22

TEAM

TEAM TOTAL

School	Score	Date
Southern Utah	195.050	1/22
Boise State	194.200	1/15
San Jose State	192.400	1/15
Utah State	191.650	1/17
Sacramento State	190.700	1/22
Cal State Fullerton	188.000	1/10

VAULT

School	Score	Date
Boise State	49.025	1/15
Southern Utah	48.900	1/14
San Jose State	48.425	1/10
Utah State	48.325	1/17
Cal State Fullerton	48.100	1/10
Sacramento State	47.800	1/15

UNEVEN BARS

School	Score	Date
Southern Utah	48.875	1/22
Boise State	48.800	1/15
San Jose State	48.475	1/10, 1/22
Cal State Fullerton	48.050	1/10
Utah State	48.050	1/22
Sacramento State	48.025	1/22

BALANCE BEAM

School	Score	Date
Southern Utah	48.800	1/14
San Jose State	47.975	1/15
Utah State	47.900	1/22
Boise State	47.600	1/15
Sacramento State	47.425	1/22
Cal State Fullerton	46.175	1/10

FLOOR EXERCISE

School	Score	Date
Southern Utah	48.850	1/22
Boise State	48.775	1/15
San Jose State	48.225	1/22
Utah State	48.075	1/17
Sacramento State	48.025	1/22
Cal State Fullerton	46.175	1/10