

2008 TOP
Averages and National Best

2008	Shoulder Flexibility-avg	National Best	Right Leg Split-avg	National Best	Left leg Split-avg	National Best	Leg Lifts-avg	National Best	Cast Handstand-avg	National Best	Vertical Jump-avg	National Best	Press Handstand-avg	National Best	Handstand Hold-avg	National Best	20 Meter Sprint-avg	National Best	Rope Climb-avg	National Best	PA Total-avg	PA National Best	National Testing Cutoff Score	Diamond Level Cutoff Score
7 yr																								
Reg	4.44	5.00	10.42	15.00	9.88	15.00	12.51	20.00	0.62	5.00	12.24	17.00	1.43	5.00	7.32	30.00	3.75	3.13	6.80	1.75	44.26	86.50		75.00
8 yr																								
Reg	4.64	5.00	11.06	15.00	10.48	15.00	13.88	20.00	1.27	5.00	13.62	20.00	2.09	5.00	12.57	30.00	3.59	2.91	5.36	1.59	50.41	86.50		75.00
9 yr																								
Reg	4.66	5.00	11.28	15.00	10.84	15.00	14.81	20.00	3.12	10.00	15.40	24.25	3.89	10.00	16.70	30.00	3.42	2.79	12.90	5.10	50.90	87.00	62.00	
Nat	4.95	5.00	9.76	14.00	8.96	15.00	18.32	20.00	5.80	10.00	15.67	20.75	6.91	10.00	26.04	30.00	3.28	2.88	10.04	5.23	61.32	79.50		
10 yr																								
Reg	4.72	5.00	11.65	15.00	11.20	15.00	15.46	20.00	4.13	10.00	16.49	24.00	4.86	10.00	33.33	60.00	3.32	2.75	11.08	4.42	55.25	87.50	69.00	
Nat	4.99	5.00	10.46	15.00	9.66	14.00	18.67	20.00	6.90	10.00	16.30	19.50	7.91	10.00	48.71	60.00	3.19	2.95	9.17	4.83	67.37	85.00		
11 yr																								
Reg	4.71	5.00	11.77	15.00	11.25	15.00	15.93	20.00	4.60	10.00	17.69	24.00	5.47	10.00	40.42	60.00	3.23	2.69*	9.95	3.17	58.74	85.50	70.00	
Nat	4.95	5.00	10.49	14.00	9.48	14.00	17.70	20.00	7.40	10.00	17.33	22.50	7.39	10.00	47.66	60.00	2.85	2.66*	8.60	5.04	63.98	82.00		

* = 11 Year Old National Testing Sprint was measured at 60'5"

