

2005 TOP
Averages and National Best

2005 Physical Abilities Regional and Naional Testing TOP Averages and National Best																							
	Shoulder Flexibility	National Best	Right Leg Split	National Best	Left leg Split	National Best	Leg Lifts	National Best	Pull Ups	National Best	Vertical Jump	National Best	Press Handstand	National Best	Handstand Hold	National Best	20 Meter Sprint	National Best	Rope Climb	National Best	Over All Average	National Best	Cutoff Scores
7 yr																							
Reg	21.52	45.00	8.63	15.00	7.98	15.00	13.38	26.00	10.64	20.00	12.16	18.00	1.10	5.00	5.66	30.00	3.80	3.15	8.29	2.38	43.40	85.50	????
8 yr																							
Reg	25.58	45.00	9.24	15.00	8.92	15.00	14.87	25.00	12.22	20.00	13.54	21.25	1.59	5.00	8.96	30.00	3.61	3.00	6.20	1.82	46.82	86.00	????
9 yr																							
Reg	29.18	45.00	9.76	15.00	9.30	15.00	16.20	26.00	14.07	20.00	15.32	23.00	3.29	10.00	14.95	30.00	3.46	2.89	14.28	5.84	48.55	84.50	62.00
Nat	39.60	45.00	10.20	14.00	9.60	14.00	18.40	26.00	18.80	20.00	15.10	19.50	6.00	10.00	26.80	30.00	3.55	3.20	9.40	5.69	63.30	88.30	na
10 yr																							
Reg	31.80	45.00	10.00	15.00	9.80	15.00	16.70	28.00	14.40	20.00	16.70	25.00	3.50	10.00	25.20	60.00	3.34	2.80	12.90	4.80	47.74	85.00	61.00
Nat	40.20	45.00	10.10	14.00	9.80	14.00	17.10	25.00	19.10	20.00	16.20	21.30	6.30	10.00	49.40	60.00	3.45	3.20	8.48	4.93	61.10	84.00	na
11 yr																							
Reg	33.31	45.00	10.34	15.00	10.18	15.00	17.46	26.00	15.87	20.00	17.98	26.00	4.68	10.00	33.39	60.00	3.25	2.79	10.61	4.75	52.74	84.00	67.00
Nat	42.70	45.00	10.10	15.00	9.50	14.00	17.80	25.00	19.40	20.00	17.10	22.80	6.30	10.00	51.50	60.00	3.40	3.10	7.40	4.20	61.80	78.50	na

