

JUNIOR OLYMPIC LEVEL 9 & 10

2009 - 2013

Effective August 1, 2009

| Conn. Val. | 0.1 | 0.2 | SR | VA | Connection Value | 0.1 | 0.2 | SI | VA | Connection Value | 0.1 | 0.2 | SR | Content |
|--|-----|-----|---|----|--|--|-----|--|----|--|-----|-----|---|---|
| <u>Level 10</u> *Turn/flight C+C *For a connection of 2 elem. from Gr. 3/6/7 - turn/flight NOT req'd (elements must be diff.) C no turn/ C+D D+D flight req.) | | | <u>Level 10</u> Min of 1 C-Flight 2 nd diff. flight, min. B Min. C ele. w/ LA turn (not in mnt/dmt) | | Acro Flight (2 elem. excluding dmt.) *B + C (excluding mnt/dmt- C must be salto) | B+D, B+E C+C, C/D+D | | <u>Level 10</u> Acro Series- 2 flight, min. of 1 C; Also E (flight) +A (non-flight) Leap or jump w/ 180° cross or side split 360° Turn Dmt. - min. C or B with C-ele. connection | | Acro. Indirect A/B+ A/B +C C+D A/B + A/B +D C+C A/B+D | | | <u>Level 10</u> 1 Acro Series w/ 2 saltos OR 2 directly connected saltos (same or diff.) 3 Diff. Saltos Dance Pass w/ 2 diff. Gr. 1 elements (direct or indirect connection) - one a leap w/ 180° cross or side split Dmt. - min. C salto | <u>10</u> <u>9</u> A 3 3 B 3 4 C 2 1 SV 9.5 9.7 L9:DE's (max.1) = C Unallowable elements = no Value + 0.5 deduction from Start Value Award CV & DV unless a fall occurs Missing Spec. Req. = 0.50 |
| <u>Level 9</u> (If no turn/ C+C flight - must be different) | | | <u>Level 9</u> Min. of 1 B-Flight 2 nd diff. flight, min. C OR min. C-ele. w/ LA turn (not in mnt/dmt) | | Acro flight (3+ ele.) 2 Dance/Mix (excluding dmt) | B+ B+C B+C+C A+D B+D B+C C+C C +C (diff. dance) (same dance elem.) C+D | | <u>Level 9</u> Acro Series- 2 flight Leap or jump w/ 180° cross or side split 360° Turn Dmt. - min. B | | Acro Direct B+B B+C A +C A/B+D A+A+C A+A+D C+C | | | <u>Level 9</u> Same as L10 except Dmt. - min. B salto | |
| Turn/flight C+C | | | Salto/Hecht Dmt - B | | Turns A+C (or reverse) | | | | | 2 *Dance/Mix B+D C+C C+D (diff. dance) D-salto+A-jump (This order only) | | | | |
| | | | | | All acro elements used for CV must have flight | | | | | *No CV for a turn followed by a jump | | | | |

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| | | | | | | | | | | | | | C | SV | |
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