



# JR. OLYMPIC VAULT VALUES FOR LEVEL 9

(Effective August 1, 2010 - July 31, 2013)

GROUP I HANDSPRINGS, YAMASHITAS	GROUP II HANDSPRINGS with or without 1/1 TURN - SALTO FORWARD OR BACKWARD	GROUP III TSUKAHARA or ½ on - SALTO FWD OR BWD with or without TURN	GROUP IV Round - off, Flic-flac on - SALTO FWD OR BWD with or without LA TURN	GROUP V Round - off, Flic-flac with ½ or 1/1 turn on - HNDSPG or SALTO FWD OR BWD with or without LA TURN		
1.101 Handspring 8.6		<i>Note for the J.O. Program:</i> All Group 3 vaults may be performed with a 90° to 180° LA turn in the first flight	4.101 RO,FF on – Repulsion off <b>7.0</b>	5.101 RO,FF ½ on – Hndspg off 8.9		
1.102 Hndspring- ½ 8.7			4.102 RO,FF on – Repulsion ½ off 7.7			
1.103 Yamashita 8.6						
1.104 Yami - ½ 8.7						
1.105 ¼ - ½ on - 8.7						
¾ - ½ off						
1.106 ¼ - ½ on –			3.201 Tsukahara Tuck 9.6		4.201 RO,FF on - Back Tuck 9.6	5.201 RO,FF ½ on - 1/1 twist off 9.2
Repulsion off <b>7.0</b>						5.202 RO,FF ½ on - 1½ twist off 9.4
1.201 Hsp - 1/1 9.0						
1.202 Hsp - 1½ 9.4						
1.204 Yami - 1/1 9.0	2.301 Hsp - Front Tuck 10.0	3.302 Tsuk Tuck 1/1 10.0	4.302 RO,FF on - B. Tuck 1/1 10.0	5.307 RO,FF 1/1 on - 1/1 twist off 9.3		
1.205 ¼ - ½ on - 8.9	2.302 Hsp - Front Tuck ½ 10.0	3.303 Tsuk Pike 9.7	4.304 RO,FF on - B. Pike 9.7			
1¼-1/1 off	2.304 Hsp - Front Pike 10.0	3.304 Tsuk layout 10.0	4.305 RO,FF on - B. Layout 10.0			
1.206 ¼ - ½ on - 9.3	2.310 Fr. Hndsp onto board,	3.306 ¼-½ on - ¾-½ off, Fr. Tuck 9.9	4.307 RO,FF on - ½ off, Fr. Tuck 9.9			
1¾ -1½ off	Hsp. – Fr. Tuck (Ilg) 10.0	or ¼ on - ¼ off, Fr. Tuck	<b>or</b> RO,FF on - B. Tuck ½			
1.207 1/1 on - H/Y 9.0	2.311 Fr. Hndsp onto board,	(land facing out)	4.312 RO,FF on - 1/1 twist off 9.1			
1.208 1/1 on - ½ off 9.3	Hsp. – Fr. Pike (Garbarino) 10.0	or Tsuk tuck ½	4.313 RO,FF on - 1½ twist off 9.3			
			(Allen)			
1.301 Hsp - 2/1 9.9			4.412 RO,FF on - 2/1 twist off 9.8	5.420 RO,FF ½ on - 2/1 twist off 9.9		
1.305 ¼ - ½ on - 9.8			(Allen)			
2¼ - 2/1 off						
1.307 1/1 on - 1/1 9.7		3.509 ¼-½ on - ¾-½ off, Fr. Tuck ½				
		(Shible) 10.0				
			4.607 RO, FF on - ½ turn off,			
			Fr. Tuck ½ (Beckman) 10.0			

*Change in vault value from the 2009 indicated by bold italics font*