



**WOMEN'S JR. OLYMPIC VAULT VALUES  
FOR LEVELS 7 & 8**



Effective August 1, 2008– July 31, 2009

**LEVEL 7**

**Group 1 Vaults that have no more than 360° turn in one flight and no more than 540° turn in total. THE FOLLOWING VAULTS ARE ALLOWED AND ARE ALL VALUED AT 10.0 FOR LEVEL 7:**

<b>1.101</b>	<b>Handspring</b>
<b>1.102</b>	<b>Handspring – ½ twist off</b>
<b>1.103</b>	<b>Yamashita</b>
<b>1.104</b>	<b>Yamashita – ½ twist off</b>
<b>1.105</b>	<b>¼ - ½ twist on – ¾ - ½ twist off</b>
<b>1.106</b>	<b>¼ to ½ twist on – repulsion (with flight to feet) off</b>
<b>1.201</b>	<b>Handspring – 1/1 twist</b>
<b>1.204</b>	<b>Yamashita – 1/1 twist</b>
<b>1.205</b>	<b>¼ - ½ on – 1¼ - 1/1 twist off</b>
<b>1.207</b>	<b>1/1 twist on – Handspring or Yamashita off</b>
<b>1.208</b>	<b>1/1 twist on – ½ twist off</b>

**LEVEL 8**

**ALLOWABLE VAULTS:**

**The following Group 1, 3, 4 & 5 Vaults are allowed at Level 8:**

<b>1.101</b>	<b>Handspring</b>	<b>9.0</b>
<b>1.102</b>	<b>Handspring – ½ twist off</b>	<b>9.1</b>
<b>1.103</b>	<b>Yamashita</b>	<b>9.0</b>
<b>1.104</b>	<b>Yamashita – ½ twist off</b>	<b>9.1</b>
<b>1.105</b>	<b>¼ - ½ twist on – ¾ - ½ twist off</b>	<b>9.1</b>
<b>1.106</b>	<b>¼ - ½ twist on – repulsion (with flight to feet) off</b>	<b>7.0</b>
<b>1.201</b>	<b>Handspring – 1/1 twist</b>	<b>9.4</b>
<b>1.202</b>	<b>Handspring – 1½ twist</b>	<b>9.6</b>
<b>1.204</b>	<b>Yamashita – 1/1 twist</b>	<b>9.4</b>
<b>1.205</b>	<b>¼ - ½ twist on – 1¼ - 1/1 twist off</b>	<b>9.3</b>
<b>1.206</b>	<b>¼ - ½ twist on – 1 ¾ - 1½ twist off</b>	<b>9.5</b>
<b>1.207</b>	<b>1/1 twist on – HSP/Yami off</b>	<b>9.4</b>
<b>1.208</b>	<b>1/1 twist on – ½ twist off</b>	<b>9.6</b>
<b>1.301</b>	<b>Handspring – 2/1 twist off</b>	<b>10.0</b>
<b>1.305</b>	<b>¼ - ½ twist on – 2¼ - 2/1 twist off</b>	<b>9.9</b>
<b>3.201</b>	<b>Tsukahara Tuck</b>	<b>9.8</b>
<b>3.303</b>	<b>Tsukahara Pike</b>	<b>10.0</b>
<b>3.306</b>	<b>Tsukahara Tuck w/ ½</b>	<b>10.0</b>
<b>4.101</b>	<b>RO, FF on – Repulsion off</b>	<b>7.5</b>
<b>4.102</b>	<b>RO, FF on – Repulsion ½ off</b>	<b>9.1</b>
<b>4.312</b>	<b>RO, FF on – 1/1 twist off</b>	<b>9.3</b>
<b>4.313</b>	<b>RO, FF on – 1½ twist off (Allen)</b>	<b>9.5</b>
<b>4.201</b>	<b>RO, FF on – Back Tuck</b>	<b>9.8</b>
<b>4.304</b>	<b>RO, FF on – Back Pike</b>	<b>10.0</b>
<b>5.101</b>	<b>RO, FF ½ on – Handspring</b>	<b>9.1</b>
<b>5.201</b>	<b>RO, FF ½ on – 1/1 twist off</b>	<b>9.5</b>
<b>5.202</b>	<b>RO, FF ½ on – 1½ twist off</b>	<b>9.7</b>
<b>5.420</b>	<b>RO, FF ½ on – 2/1 twist off</b>	<b>10.0</b>