



National Elite Program Committee Conference Call February 3, 2005

The meeting was called to order 1:00 p.m. by Gary Anderson, National Elite Program Chairman.

I. Roll Call:

Chairman	Gary Anderson
Region I	Derick Moellenbeck-absent
Region II	Brad Loan
Region III	Michael Harris
Region IV	Greg LaFleur
Region V	Mary Lee Tracy
Region VI	Barbara Tiess
Region VII	Jen Bundy
Region VIII	Toni Rand
EPM	Gary Warren

II. Opening remarks

Gary Anderson opened the meeting by welcoming the committee and new committee member, Barbara Tiess.

III. TOP changes for the 2005 season

Recommendation to accept the following changes to the 2005 TOP season:

- **Eliminate the Push Up Test**
- **Add a 30 second handstand hold test**
- **Change the Leg Flexibility test to using 2 vault boards low end to low end**
- **Decrease the value of the Shoulder Flexibility Test to 5 points**
- **Increase the value of the Leg Flexibility Test to 15 points**
- **Add the following additional Press Handstand criteria:**
 - **Hands cannot be farther apart than the width of the gymnast's shoulders**
 - **Pres MUST come to a completely straight handstand with a completely open shoulders open angle**
 - **Legs MUST come to a horizontal position at the straddle L position at the beginning and at the end of the press**
 - **Athlete cannot bounce off of her arms to initiate the press.**
 - **Once an athlete walks while performing her press using the floor, the test is over.**
 - **Press Handstand deductions will be strictly enforced.**
- **Increase the State/Regional/National TOP Testing fees to \$40.00**
- **Additional fees are to go to the National Office (will now = \$15.00)**

Motion: Jen Bundy
Second: Toni Rand
PASSED

IV. TOP State Managers

Recommendation to assign TOP State Managers to oversee the TOP program in each state using the following "Duties and Responsibilities." TOP State Managers Must:

- Coach or work at a club that participates in the TOP program
- Participate in State/Regional clinics where TOP athletes are attending.
- Conduct and attend all TOP tests in their state (unless there is more than one State TOP Manager for that state)
- Be responsible for assigning and educating respective TOP State Testing Staff
- Be responsible for notifying all clubs within their state of dates and locations of all TOP tests and

clinics. This should be done in cooperation with the Regional Elite Chairman. Notifications can be done via State/Regional Newsletters, emails or by direct mailings.

- Communicate directly with the National TOP Manager state TOP test sites and dates.
- Be responsible for collecting all registration forms and fees
- Be responsible for reporting TOP testing results to the National Office in a timely manor.
- Be responsible for sending the entry fees to the Regional Chairman along with an itemized account of expenses.

Motion: Mary Lee
Second: Mike Harris
PASSED

State TOP Managers will be asked to attend the State TOP Manager Education Clinic that is scheduled for April 30-May 1, 2005 to be held at the National Team Training Center, Houston, Texas. Airfare will be paid for by State/or/Regional funds. USA Gymnastics will be responsible for room, board and local transportation. A listing of the TOP State Managers can be found on the TOP Website: www.usa-gymnastics.org/women/tops/tops.html

Motion to adjourn - 2:00 p.m.

Motion: Greg LaFleur
Second: Barbara Tiess
PASSED



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URL: <http://www.usa-gymnastics.org/publications/technique/2005/3/wnepc-03feb05.html>