



TENTATIVE SCHEDULE

Tuesday, August 11		
8:00 am - 8:00 pm	Registration	Sheraton Hotel
9:00 - 11:30 am	Open training	Dallas Convention Center Arena
3:00 - 6:00 pm	Open training	Dallas CC Hall A

Wednesday, August 12		
8:00 am - 8:00 pm	Registration	Sheraton Hotel
10:00 am - 12:00 pm	Open training	Dallas CC Hall A
6:00 - 8:00 pm	Open training (Arena opens at 6:30)	Dallas CC Hall A/Arena
8:00 PM	Competition Cards Due	Dallas CC Arena

Thursday, August 13		
9:00 am - 12:00 pm	Registration	Sheraton Hotel
11:30 am - 12:30 pm	General Warm-up - Session 1	Dallas CC Hall A
12:30 - 1:30 pm	Judge's Meeting - Session 1	Dallas CC Room A301
1:00 - 6:00 pm	T & T Preliminaries - Session 1	Dallas CC Arena

Friday, August 14		
9:00 - 11:00 am	Training for TR & TU Sr. finalists only	Dallas CC Hall A
1:30 - 2:30 pm	General Warm-up - Session 2	Dallas CC Hall A
2:30 - 3:00 pm	Judge's Meeting - Session 2	Dallas CC Room A301
3:00 - 6:30 pm	T & T Finals - Session 2	Dallas CC Arena
	Senior Elite Finals - DM, SY	
	Junior Elite Finals - TR, TU, DM SY	

Saturday, August 15		
9:30 - 11:00 am	General Warm-up - Session 3	Dallas CC Hall A
10:30 - 11:00 am	Judge's Meeting	Dallas CC Room A301
11:00 am - 1:15 pm	T & T Finals - Session 3	Dallas CC Arena
	Senior Elite Finals - TR, TU	
9:00 pm - 12:00 am	Championships Celebration Party	Eddie Deen's
	<i>Official Credential Required</i>	
	<i>Athletes can buy additional tickets for \$35 at Registration through August 12.</i>	

Trampoline & Tumbling
2009 VISA CHAMPIONSHIPS
THURSDAY, AUGUST 13
JR. & SR. ELITE PRELIMINARIES

SESSION 1

11:30 am - 12:30 pm General Warm-up - Training Hall A

12:30 - 1:00 pm Judge's Meeting - Session 1 - Room A301

	Training Hall A		Competition Arena			
	All disciplines		TR		DM	
			one touch warm-up		one touch warm-up	
12:30 - 1:00 pm	1:00 flights					
1:00 - 1:30 pm	1:30 flights		Jr.	M	Sr.	M
1:30 - 2:00 pm	2:00 flights		Jr.	M	Sr.	W
2:00 - 2:30 pm	2:30 flights		Sr.	W	Jr.	W
2:30 - 3:00 pm	3:00 flights		Sr.	M	Jr.	M
3:00 - 3:30 pm	3:30 flights		Jr.	W	Jr.	M
					TU	
					one touch warm-up	
3:30 - 4:00 pm	4:00 flights		Jr.	W	Sr.	M
4:00 - 4:30 pm	4:30 flights		Jr.	W	Sr.	W
			SY			
			one touch warm-up			
4:30 - 5:00 pm	5:00 flights		Jr.	M	Jr.	W
			Sr.	M		
5:00 - 5:30 pm	5:30 flights		Jr.	W	Jr.	M
			Sr.	W		
5:30 - 6:00 pm					Jr.	M

**Trampoline & Tumbling
2009 VISA CHAMPIONSHIPS**

**FRIDAY, AUGUST 14
JR. FINALS (TR, TU, DM, SY) & SR. FINALS (DM, SY)**

SESSION 2

1:30 - 2:30 pm General Warm-up - Training Hall A

2:30 - 3:00 pm Judge's Meeting - Session 2 - Room A301

	Training Hall A		Competition Arena			
	All disciplines		TR			DM
			one touch warm-up			one touch warm-up
2:30 - 3:00 pm	3:00 flights					
3:00 - 3:30 pm	3:30 flights		Jr.	W		Jr. M
3:30 - 4:00 pm	4:00 flights					Sr. M
4:00 - 4:30 pm	4:30 flights		Jr.	M		Sr. W
4:30 - 5:00 pm	5:00 flights					Jr. W
			SY			TU
			one touch warm-up			one touch warm-up
5:00 - 5:30 pm	5:30 flights		Jr.	M		Jr. W
			Sr.	M		
5:30 - 6:00 pm	6:00 flights		Jr.	W		Jr. M
			Sr.	W		