



USA Gymnastics Trampoline & Tumbling

Guide to the 2009 U. S. Elite Challenge

Admission to Ft. Smith Convention Center

Admission to the U.S. Elite Challenge is free. Enter through Hall B-C.

Appeals (Protests)

Appeals

1. An appeal can only be filed by a coach or competitor. Spectators are not allowed to participate in the appeal process. A difficulty inquiry can be made at the judge's table using the appropriate form. (See Rules and Policies for inquiry form.)
2. The written appeal, with the appropriate appeal fee must be submitted to the Meet Referee prior to the start of the next round. The next round is the actual competition, not the warm-up of the next flight. In the case of an appeal concerning the final pass, the appeal must be submitted immediately after the end of the round. In any case, no appeals will be accepted after the medals have been awarded.
3. Appeals concerning the execution scores can only be made with respect to numerical error.
4. Appeals must be dealt with by the Jury of Appeal prior to the start of the next round and their decision must be announced immediately.
5. Video - The organizing committee is required to have an official video for the Jury of Appeal to review.
6. The Jury of Appeal may not watch the video individually. They must assemble in the designated location in order to view the video together. The video will be watched at real time and a straw poll will be taken, after which discussion may be held. If necessary the jury may re-watch the video and a straw poll will be taken after each viewing.
7. Coaches are not allowed to speak to the Jury of Appeal. All information must be in writing on the appeal form.
8. The decision of the Jury of Appeal is final.

Awards

Medals will be awarded for 1st through 3rd place in each division. Awards for synchronized trampoline will be presented Friday evening following competition. All other awards will be presented following each group of finals on Sunday.

Corrections to Entries

Forms to correct entries are available at the Competition Office. The corrections should be submitted with a \$10.00 change fee (unless the change is a result of an error on the part of USA Gymnastics), **at the Competition Office.**

Credentials/Passes

Coaches should come by the Competition Office to receive a credential. Judges' credentials will be distributed at their first judge's meeting.

Competition Cards

Competition cards are required for all competitors. Blank competition cards are available near the Competition Office.

Reminder: All competition cards must be turned in at the specified time and place, completely filled out with skill identification and difficulty value in place and added. Otherwise there will be a deduction of 0.2 pts taken from the difficulty score. Changes may be made with no penalty until the start of the round.

Friday, May 8 – 5:15 pm – Comp cards are due for all events

Dress Code

A reminder that the dress code for coaches, judges and athletes is in effect for all training, warm-up and competition sessions for all levels. Please refer to the Code of Points for the complete dress code. **Athletes must wear their club uniform. Official USA Gymnastics apparel, including the World Age Group team apparel, must not be worn.**

Hospitality Schedule

A Hospitality Area for coaches, judges, volunteers and staff is located near the competition floor. In addition to coffee on Saturday and Sunday mornings, meals will be served as follows:

Friday, May 8	6:30 pm	Dinner
Saturday, May 9	11:30 am	Lunch
	6:00 pm	Dinner
Sunday, May 10	12:00 pm	Lunch

Parking

Parking is available at no charge in the Convention Center parking lots.

Schedule

The detailed schedule is available on the USAG web site at:

<http://www.usa-gymnastics.org/PDFs/T&T/T&T%20Program%20Events/09elitechallenge/schedule.pdf>.

Spotters

Due to the level of competition, for the safety of the athletes, coaches and athletes must serve as spotters during all trampoline competition.

Staging

Staging (lineup area) is located near the Competition Office. All athletes must enter the competition floor through staging. Only athletes and credentialed officials are allowed in the staging area. When your flight is called, report to staging immediately. All corrections to flights will be made at staging. **You should arrive in the staging area at least 30 minutes before your flight is scheduled.** Flights will be called early if the competition is running ahead of schedule. Do not leave your belongings in the staging area. USA Gymnastics is not responsible for lost or stolen items.

Swine Flu Precautions

There is much concern throughout the U.S. with the spread of swine flu. Recognizing this, USA Gymnastics encourages all participants in the U. S. Elite Challenge to follow the precautions set forth by the Centers for Disease Control: *Wash your hands. Try to stay in good general health. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food. Try not to touch surfaces that may be contaminated with the flu virus. Avoid close contact with people who are sick.* Also, if you experience flu-like symptoms, do not travel to Ft. Smith or attempt to participate in the event.

Training

There is open training on **Friday, May 8, 12:00 pm – 5:00 pm.**

Volunteers

Volunteers are needed for data entry, staging, trampoline spotters and video. Please encourage parents from your club to help.

Warm-Up Rules

Level 10 Warm-up

Double Mini	Prelims - 1 run, 4 touches	Finals – 1 run, 4 touches [^]
Tumbling	Prelims - 1 run, 4 touches	Finals – 1 run, 3 touches*
Trampoline	Prelims - 3 touches	Finals – 1 touch*

Jr./Sr. Elite Warm-up

Double Mini	Prelims - 1 run, 4 touches	Finals – 1 run, 4 touches [^]
Tumbling	Prelims - 1 run, 4 touches	Finals – 1 run, 4 touches*
Trampoline	Prelims - 2 touches	Finals – 1 touch*

[^]1 run equals running to double mini and performing 2 or 3 straight jumps. 1 touch equals 2 skills.

*1 touch is equal to about 10 skills