Trampoline & Tumbling
2nd Annual International Development Camp
August 17 – 21, 2012

COMPETITION AND TRAINING CAMP EXCHANGE

INVITATION

Purpose	To promote, develop and foster relationships through an international competition, training camp exchange, and coaches' education for future elite caliber athletes
Host	USA Gymnastics
Location	USA Gymnastics National Team Training Center Houston, Texas, USA
Date	17 August – 21 August, 2012
Cost	$500 per person which includes accommodation and meals
Equipment	Euro Tramp trampolines with 4x4 and 4x5 beds Ross athletic rod floor Euro Tramp Double Mini
Transportation	Each Federation will be responsible for the cost and organization of their flights. Ground transportation to and from the airport will be provided.
Local airports	George Bush Intercontinental Airport (IAH)
Athletes	A maximum of 8 male and 8 female Trampoline athletes A maximum of 8 male and 8 female Tumbling athletes A maximum of 8 male and 8 female Double Mini athletes
Age	11 to 14 years of age
Coaches	4 per federation (Additional coaches upon request) Two coaches' education hours provided each day.
Judges	Each country must supply a nationally qualified judge for each discipline (TRI, DMT, TU) they are sending. Coaches may judge.
Fitness	Strength trainer to provide two strength and fitness sessions per day
Medical	USA Gymnastics will have an athletic trainer on site

Registration Deadline: July 1, 2012
Payments Due: August 1, 2012

Registration Form must be faxed or sent to Mary Obaka, USA Gymnastics at 317-237-5069 or emailed to mobaka@usagym.org by July 1, 2012.
Copies of Foreign athlete, coaches and judges form must also be received by that date. Payments due by August 1, 2012.
Contact Susan Jacobson for additional information sjacobson@usagym.org

Trampoline & Tumbling
2nd Annual International Development Camp
August 17 – 21, 2012

COMPETITION AND TRAINING CAMP EXCHANGE

Tentative Schedule

17 August	Arrivals after 12:00 PM CST
18 August	Fitness Testing
	Breakfast
	Morning training session
	Lunch
	Coaches Education Hour
	Competition
	Dinner
	Coaches Education Hour
19 August	Wake up fitness session
	Breakfast
	Morning training session
	Lunch
	Afternoon training session
	Coaches Education Hour
	Dinner
	Coaches Education Hour
20 August	Wake up fitness session
	Breakfast
	Morning training session
	Lunch
	Coaches Education Hour
	Afternoon Training Session
	Dinner
	Coaches Education Hour
21 August	Departures Before 12:00 PM CST