ODP Pass Requirements

TRAMPOLINE

First Optional

1 10-skill routine
1 skill with no twist or rotation
1 skill to front or back
1 skill in combination with requirement # 3 from front or back
1 skill with 360 of backward rotation combined with only 360 of twist
No repeated skills

Second Optional and finals

1 10-skill routine
DD cap per skill - 1.6
In the event an athlete exceeds the DD cap of 1.6, the entire routine will receive no score.

TUMBLING

First Optional - Straight Pass (prelims and finals)

1 8-skill pass
All skills are non-twisting.
DD cap per skill 2.4
In the event an athlete exceeds the DD cap of 2.4, the entire pass will receive no score.

Second Optional - Twisting Pass (prelims and finals)

8-skill pass
DD cap per skill - 2.6
The last skill must contain a minimum of 360 of twist (full)
In the event an athlete exceeds the DD cap of 2.6, the entire pass will receive no score.

DOUBLE MINI TRAMPOLINE (NEXT PAGE)

DOUBLE MINI TRAMPOLINE

Prelims

2 passes
DD cap 3.6 per skill
No repeats over the 2 passes
In the event an athlete exceeds the DD cap of 3.6, the entire routine will receive no score.

Finals

2 passes
DD cap 3.6 per skill
No repeats over the 4 passes
In the event an athlete exceeds the DD cap of 3.6, the entire routine will receive no score.

Please refer to the Elite code of points for additional rules and competition guidelines.