2014 T&T JO Program Update

Rules will take effect January 1st, 2014

National Championships

1. The Junior Olympic National Championships will now be divided into two separate events to accommodate the growth of the sport. The Level 5-7 Junior Olympic National Championships will be held in conjunction with the national elite competition the Elite Challenge. Combining the younger athlete's national competition with the Elite Challenge will continue to offer younger athletes the opportunity to be exposed to elite level of competition.
2. Junior Olympic National Championships for Levels 8-10 will be held at the USA Gymnastics Championships.

Age Groups Change

1. For Levels 5-7, there will be a change in the age divisions for the younger athletes. The 6 and under and 7-8 age groups will now be combined into one age division: 8 & under.

Competition Cards

Competition cards will be **required** for all disciplines beginning with Level 8 athletes through Elite.

Tumbling

1. Front fulls are not permitted in the Levels 8-9. The are considered an illegal skill and the pass will be interrupted.

2. In Level 6 Tumbling, the 1st pass must begin with a running round off. There is no longer an option to begin the pass with a run or a power hurdle. A deduction will be taken if the pass does not begin with a run.
3. The Level 8 mobility score for Tumbling has been changed to 54.5. This score will be retroactive to January 1, 2013. Athletes that have met the score, mobility skill requirements with approval of the State Chair will be allowed to mobilize to Level 9. 11.5.1

Level	Total Score
5 to 6	54.6
6 to 7	52.2
7 to 8	50.4
8 to 9	54.5
9 to 10	52.8

4. The competitive passes for Level 10 have been changed to two optional routines in order to facilitate transition of the L10 athletes to the Elite level of competition. There will no longer be a compulsory routine or a 5 skill routine. The two optional routines will consist of a straight and twisting pass with the requirements, minimum and maximum difficulty as outlined below.

Level 10 Tumbling

Pass one: Straight Pass

Must contain one double somersault located anywhere in the pass
Minimum difficulty 3.7
Maximum difficulty 6.5
Maximum individual skill difficulty 3.1

Pass two: Twisting Pass

Must contain one full twist located anywhere in the pass
Minimum difficulty 3.4
Maximum difficulty 6.5
Maximum individual skill difficulty 3.1

Finals: 2-Eight Skill Free passes

No repeats across 2 free passes. Skills may repeat from prelims.
Skills may be repeated if preceded by a different skill.
Minimum difficulty 3.4 per pass
Maximum difficulty 6.5 per pass
Maximum individual skill difficulty 3.1

5. In Level 10 Tumbling, there will no longer be an additional bonus given for performing for than one double in a pass.

Level 10 Double Mini

Pass Requirements:

The pass requirements for Level 10 DMT have changed as follows:

Level 10 DMT: Minimum DD per pass

Women – 2.1

Men – 2.1

Level 10 DMT: Maximum DD per pass

Women – 6.0

Men – 6.8

Qualification to Nationals:

In Level 10 Double Mini Trampoline, there will no longer be a minimum difficulty requirement for qualification to Nationals.

Trampoline

In Level 10 Trampoline the maximum difficulty will be the same for all ages:

Women – 10.5

Men - 11.0