



USA
GYMNASTICS

In cooperation with Region 5 presents the



2012 Region 5 Congress GENERAL INFORMATION

DATE/SITE:

Region 5 **September 14-16, 2012** **Indianapolis, IN** **Indianapolis Marriott Downtown**

PURPOSE OF REGIONAL CONGRESSES:

The purpose of regional congress is to provide education to the teachers, coaches, judges and gymnastics business owners of the region. Education and training enable everyone to effectively and professionally serve in the development of the young gymnasts across the country.

REGION 5 EDUCATION:

Over 75 Sessions covering the following areas:

Coaches Education – Sessions covering popular topics for the developmental through elite gymnastics coach. Learn from leaders in the gymnastics community.

Recreational Education – A recreational track covering programs for tots through teens; be the best instructor in your gym!

Business Education – Sessions covering marketing, managing your business, staff retention and more.

Judges Education – Sessions covering compulsory, optional and elite judging criteria, technique and more.

Online Registration will be available for members and printable forms will be available for all others at [here](#).

<u>COST</u>	<u>Early Bird (Ends July 22nd)</u>	<u>Regular Price (Ends Sept. 2)</u>	<u>On-site Registration</u>	<u>Full Dinner Banquet</u>
Professional, Jr. Pro & Instructor Members	\$145.00	\$175.00	\$200.00	\$30.00*
Other Member Types and Non – Members	\$175.00	\$205.00	\$230.00	\$30.00*
Member Clubs*	1st – \$145.00 2nd - \$135.00 3rd - \$125.00 4th - \$115.00 5th - \$105.00 6th or more - \$100.00	1st – \$175.00 2nd - \$165.00 3rd - \$155.00 4th - \$145.00 5th - \$135.00 6th or more - \$125.00	N/A	\$30.00/ea*
One Day Price	Friday - \$75.00 Saturday - \$75.00 Sunday - \$50.00	Friday - \$100.00 Saturday - \$100.00 Sunday - \$75.00	Friday - \$125.00 Saturday - \$125.00 Sunday - \$100.00	

*Pricing is for Congress Attendees Only

HOUSING

A block of rooms has been reserved. Call by August 12, 2012

National Travel Systems Sports Travel Team

Toll Free: 1-888-603-8747; Main Line: 806-794-3135

Email: sportsinfo@nationaltravelsystems.com

website: www.ntssportstravel.com

Single/Double Rate of \$125.00 + tax

Please be Aware that Parking Rates at hotel are: Self Park - \$17 per night

Any reservations after the cut-off date will be based strictly on availability.

Indianapolis Marriott Downtown

350 West Maryland Street

Indianapolis, IN 46225

Please check the USA Gymnastics website – www.usa-gymnastics.org for a detailed daily schedule/speakers – coming soon.

HERE IT IS THE OBLIGATORY FINE PRINT:

*Offer above is only available to Pro, Jr. Pro & Instructor Members affiliated with a Member Club.

There is a \$30.00 cancellation fee up until Sept. 2nd; no refunds after Sept. 2nd.

Cancellation request must be received in writing to callen@usagym.org

Substitution of participants will be allowed until Sept. 2nd if submitted in writing to callen@usagym.org.

Onsite substitutions will be charged a \$30 transfer fee.

Minimum age for Congress attendees is 16.