



## 2012 Region 4 Congress GENERAL INFORMATION

**DATE/SITE:**

**Region 4                      June 8 – 10, 2012                      St. Louis, MO                      Marriott St. Louis Union Station**

**PURPOSE OF REGIONAL CONGRESSES:**

The purpose of regional congress is to provide education to the teachers, coaches, judges and gymnastics business owners of the region. Education and training enable everyone to effectively and professionally serve in the development of the young gymnasts across the country.

**REGION 4 EDUCATION:**

Over 75 Sessions covering the following areas:

**Coaches Education** – Sessions covering popular topics for the developmental through elite gymnastics coach.

**Recreational Education** – A recreational track covering programs for tots through teens; be the best instructor in your gym!

**Business Education** – Sessions covering marketing, managing your business, staff retention and more.

**Judges Education** – Sessions covering compulsory, optional and elite judging criteria, technique and more.

**Registration will begin on November 24<sup>th</sup>.**

**Online Registration will be available for members and printable forms will be available for all others [here](#).**

<b>COST</b>	<b>Early Bird (Ends May 1st)</b>	<b>Regular Price (Ends June 1st)</b>	<b>On-site Registration (starts June 7<sup>th</sup>)</b>
<b>Professional, Jr. Pro &amp; Instructor Members</b>	\$125.00	\$175.00	\$200.00
<b>Other Member Types and Non – Members</b>	\$175.00	\$205.00	\$230.00
<b>Member Clubs*</b>	1st – \$125.00 2nd - \$115.00 3rd - \$115.00 4th - \$115.00 5th - \$115.00 6th or more - \$100.00	1st – \$175.00 2nd - \$165.00 3rd - \$155.00 4th - \$145.00 5th - \$135.00 6th or more - \$125.00	N/A
<b>One Day Price**</b>	Friday - \$75.00 Saturday - \$75.00 Sunday - \$50.00	Friday - \$100.00 Saturday - \$100.00 Sunday - \$75.00	Friday - \$125.00 Saturday - \$125.00 Sunday - \$100.00
<b>Visa Championships Tickets – for Congress Attendees - Available until May 1<sup>st</sup>.</b>			
<b>Gold Medal Seats \$275.00</b>	<b>100 Level Sides \$150.00</b>	<b>200 Level Sides &amp; 100 Level Ends \$105.00</b>	

**HOUSING**

**A block of rooms has been reserved. Call by May 16, 2012**

**National Travel Systems Sports Travel Team**

**Toll Free: 1-888-603-8747; Main Line: 806-794-3135**

**Email: [sportsinfo@nationaltravelsystems.com](mailto:sportsinfo@nationaltravelsystems.com)**

**website: [www.ntssportstravel.com](http://www.ntssportstravel.com)**

**Single/Double Rate of \$139.99+tax**

**Any reservations after the cut-off will be strictly on availability.**

**Marriott St. Louis Union Station**

**1820 Market Street**

**St. Louis, MO 63103**

This hotel does not own parking lots in St. Louis

The Hotel offers overnight valet parking, currently at

\$24.00 per day. Rates are subject to change without

notice. Self-Parking is available at nearby and adjacent  
lots currently starting at \$16.00 for overnight parking,

**Please check the USA Gymnastics website – [www.usa-gymnastics.org](http://www.usa-gymnastics.org) for a detailed daily schedule/speakers – coming soon.**

**HERE IT IS THE OBLIGATORY FINE PRINT:**

\*Offer above is only available to Pro, Jr. Pro & Instructor Members affiliated with a Member Club.

There is a \$30.00 cancellation fee up until June 1st; no refunds after June 1st.

Cancellation request must be received in writing to [callen@usagym.org](mailto:callen@usagym.org)

Substitution of participants will be allowed until May 31st if submitted in writing to [callen@usagym.org](mailto:callen@usagym.org).

Onsite substitutions will be charged a \$30 transfer fee.

Minimum age for Congress attendees is 16.