



*In cooperation with Region 4 presents the*

## 2010 Region 4 Congress GENERAL INFORMATION

**DATE/SITE:**

**Region 4                  June 25 – 27, 2010                  Coralville, IA                  Coralville Marriott Hotel and Conference Center**

**PURPOSE OF REGIONAL CONGRESSES:**

The purpose of regional congress is to provide education to the teachers, coaches, judges and gymnastics business owners of the region. Education and training enable everyone to effectively and professionally serve in the development of the young gymnasts across the country.

**REGION 4 EDUCATION:**

Over 75 Sessions covering the following areas:

**Coaches Education** – Sessions covering popular topics for the developmental through elite gymnastics coach. Learn from leaders in the gymnastics community.

**Recreational Education** – A recreational track covering programs for tots through teens; be the best instructor in your gym!

**Business Education** – Sessions covering marketing, managing your business, staff retention and more.

**Judges Education** – Sessions covering compulsory, optional and elite judging criteria, technique and more.

**Other** – Men’s, Rhythmic, Sports Science and more.

**Registration will begin on January 25, 2010 Online Registration will be available for members and printable forms will be available for all others at <http://www.usa-gymnastics.org/membership/congress/regional.php>**

<b><u>COST</u></b>	<b>Early Bird (Ends May 15th)</b>	<b>Regular Price (Ends June 11th)</b>	<b>On-site Registration</b>
<b>Professional, Jr. Pro &amp; Instructor Members</b>	\$125.00	\$175.00	\$200.00
<b>Other Member Types and Non – Members</b>	\$175.00	\$205.00	\$230.00
<b>Member Clubs*</b>	1st – \$125.00 2nd - \$115.00 3rd - \$115.00 4th - \$115.00 5th - \$115.00 6th or more - \$100.00	1st – \$175.00 2nd - \$165.00 3rd - \$155.00 4th - \$145.00 5th - \$135.00 6th or more - \$125.00	N/A
<b>One Day Price**</b>	Friday - \$75.00 Saturday - \$75.00 Sunday - \$50.00	Friday - \$100.00 Saturday - \$100.00 Sunday - \$75.00	Friday - \$125.00 Saturday - \$125.00 Sunday - \$100.00

\*This offer is only available to Pro, Jr. Pro & Instructor Members affiliated with a Member Club.

\*\*One day registration prices do not apply to multiple days. It is intended for one day only.

**HOUSING**

**A block of rooms has been reserved. Call by June 09, 2010**  
**National Travel Systems Sports Travel Team**  
**6502 Slide Rd/Suite 404**  
**Lubbock, TX 79424**

**Marriott Coralville Hotel & Conference Center**  
**300 E. 9th St.**  
**Coralville, IA 52241**

**Toll Free: 1-888-603-8747; Main Line: 806-794-3135**

**Email: [sportsinfo@nationaltravelsystems.com](mailto:sportsinfo@nationaltravelsystems.com)    website: [www.ntssportstravel.com](http://www.ntssportstravel.com)**

**Single/Double Rate of \$122.00**

Any reservations after the cut-off date will be based strictly on availability.

**Please check the USA Gymnastics website – [www.usa-gymnastics.org](http://www.usa-gymnastics.org) for a detailed daily schedule/speakers – coming soon.**

**Minimum age for Congress attendees is 16.**

**There is a \$30.00 cancellation fee up until June 11th No refunds after June 11th.  
 (Substitution of participants will be allowed until June 11th if submitted in writing.)**