



**STATE OF TEXAS
OFFICE OF THE GOVERNOR**

Physical fitness, balance and flexibility greatly contribute to the health and well-being of our children. Texans have long recognized this fact, and we encourage young people to develop the strength that comes from activities like gymnastics.

In Texas and throughout the country, many children participate in gymnastics, one of the world's most popular and challenging sports. Practicing gymnastics builds speed, strength, agility and discipline. Furthermore, children who participate in this sport learn that through teamwork, focus and a commitment to excellence, they have the ability to realize personal and team goals.

In an effort to encourage physical fitness and sportsmanship, USA Gymnastics and clubs throughout Texas and the United States launch an awareness campaign every year. During this effort, organizers encourage participation in gymnastics and promote the many benefits of physical fitness and community service.

At this time, I encourage all Texans to learn more about the benefits of gymnastics and the importance of maintaining a healthy lifestyle.

Therefore, I, Rick Perry, Governor of Texas, do hereby proclaim September 17, 2011, to be

Gymnastics Day



in Texas, and urge the appropriate recognition whereof.

In official recognition whereof, I hereby affix my signature this the 29th day of July, 2011.

Rick Perry
Governor of Texas