



**STATE OF TEXAS
OFFICE OF THE GOVERNOR**

Physical health and fitness are integral to the well-being of our children. Texans have long recognized this fact, which is why we promote living an active lifestyle through participation in sports and other programs.

In Texas and throughout the country, many children participate in gymnastics, one of the world's most popular and challenging sports. Gymnastics builds speed, strength, agility and discipline. Furthermore, children who participate in this fine sport hone key skills and learn that through teamwork, focus and a commitment to excellence, they have the ability to realize personal and team goals.

In an effort to encourage physical fitness and sportsmanship, USA Gymnastics and clubs throughout Texas and the United States launch an awareness campaign each August. During this effort, organizers encourage participation in gymnastics while promoting the many benefits of physical fitness and community service.

At this time, I encourage all Texans to learn more about the benefits of gymnastics and the importance of maintaining a healthy lifestyle.

Therefore, I, Rick Perry, Governor of Texas, do hereby proclaim September 12, 2009,

Gymnastics Day

in Texas, and urge the appropriate recognition whereof.

In official recognition whereof, I hereby affix my signature this the 3rd day of July, 2009.


Governor of Texas

