

Competition: _____

Gymnast: _____ No: _____



Level 7

Difficulty Max 4.00 (FIG) 8 A B C D E & F Body Difficulties (2 from each body group)	
Deductions: (- 0.30each) *Over maximum *Missing/Additional Diff	
Total Difficulty Score (Max 4.00)	

Artistry – 0.20 each Series of rhythmic steps Series of rhythmic steps (change direction) Series of rhythmic steps (traveling) 1 Body wave (forward or backward) 1 Body wave (side) 1 Isolated Acro 2 Acro/rotation element in a row on horizontal or vertical axis(min/max) Level Changes (min 2) Variety Sufficient use of movement Change of speed or dynamic Use of entire floor area	Max 2.40	
Musicality	0-1.00max	
Expression	0-0.60max	
Total Artistry	4.00 max	

Execution	Max 10.00	
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Judge Signature: _____

Competition: _____

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Difficulty Max 4.00 (FIG) 8 A B C D E & F Body Difficulties (2 from each body group)	
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Musicality	0-1.00max	
Expression	0-0.60max	
Total Artistry	4.00 max	

Execution	Max 10.00	
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Judge Signature: _____

Competition: _____

Gymnast: _____ No: _____



Level 8

Difficulty Max 6.00 (FIG) 9 A B C D E F G & H Body Difficulties (2 from each body group + 1 additional)	
Deductions: (- 0.30each) *Over maximum *Missing/Additional Diff	
Total Difficulty Score (Max 6.00)	

Artistry – 0.20 each Series of rhythmic steps Series of rhythmic steps (change direction) Series of rhythmic steps (traveling) 1 Body wave (forward or backward) 1 Body wave (side) 1 Isolated Acro 2 Acro/rotation element in a row on horizontal or vertical axis(min/max) Level Changes (min 2) Variety Sufficient use of movement Change of speed or dynamic Use of entire floor area	Max 2.40	
Musicality	0-1.00max	
Expression	0-0.60max	
Total Artistry	4.00 max	

Execution	Max 10.00	
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Level 8

Difficulty Max 6.00 (FIG) 9 A B C D E F G & H Body Difficulties (2 from each body group + 1 additional)	
Deductions: (- 0.30each) *Over maximum *Missing/Additional Diff	
Total Difficulty Score (Max 6.00)	

Artistry – 0.20 each Series of rhythmic steps Series of rhythmic steps (change direction) Series of rhythmic steps (traveling) 1 Body wave (forward or backward) 1 Body wave (side) 1 Isolated Acro 2 Acro/rotation element in a row on horizontal or vertical axis(min/max) Level Changes (min 2) Variety Sufficient use of movement Change of speed or dynamic Use of entire floor area	Max 2.40	
Musicality	0-1.00max	
Expression	0-0.60max	
Total Artistry	4.00 max	

Execution	Max 10.00	
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Judge Signature: _____