

Competition: _____

Gymnast: _____ No: _____



Level 6				

Difficulty	Max 2.50 (FIG)	
7 A B C & D Body Difficulties		
(1 from each group + 3 additional)		_____ X 2= _____
Deductions: (- 0.30each)		
*Over maximum		
*Missing/Additional Diff.		
Total Difficulty Score		
(Max 5.00)		

Required Apparatus Elements:	Max 2.00	
8 Technical Groups (max 1.60)		
_____ X 0.20 _____		
2 Additional Apparatus on Diff.		
_____ X 0.20 _____		
Throws (0.20 each)		
1 med. With Mastery _____		Max 0.60
1 med. With Mastery catch _____		
1 Large throw _____		
Composition – 0.20 each		
1 Series of rhythmic steps		Max 1.60
1 Series of rhythmic steps		
Change direction		
1 Body wave		
2 Acro		
Level changes (min 2)		
2 handlings with		
non-dominant hand		
Musicality	0-0.50max	
Expression	0-0.30max	
Total Artistry		5.00 max

Execution	Max 5.00	
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*Over maximum		
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Total Difficulty Score		
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Required Apparatus Elements:	Max 2.00	
8 Technical Groups (max 1.60)		
_____ X 0.20 _____		
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_____ X 0.20 _____		
Throws (0.20 each)		
1 med. With Mastery _____		Max 0.60
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Level changes (min 2)		
2 handlings with		
non-dominant hand		
Musicality	0-0.50max	
Expression	0-0.30max	
Total Artistry		5.00 max

Execution	Max 5.00	
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Level 6

Difficulty Max 2.50 (FIG) 7 A B C & D Body Difficulties (1 from each group +3 additional)	_____ X 2= _____
Deductions: (- 0.30each) *Over maximum *Opposite leg – Min 2 *Missing/Additional Diff	
Total Difficulty Score (Max 5.00)	

Artistry – 0.20 each Series of rhythmic steps Series of rhythmic steps (change direction) Series of rhythmic steps (traveling) 1 Body wave (forward) 1 Body wave (backward) 1 Body wave (side) 1 Isolated Acro 2 Acro/rotation element in a row on horizontal axis(min/max) Level changes (min 2) 2 Elements of rotation on vertical axis in a row Sufficient use of movement Use of entire floor area	Max 2.40	
Musicality	0-1.00max	
Expression	0-0.60max	
Total Artistry	4.00 max	

Execution	Max 5.00	
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Level 6

Difficulty Max 2.50 (FIG) 7 A B C & D Body Difficulties (1 from each group +3 additional)	_____ X 2= _____
Deductions: (- 0.30each) *Over maximum *Opposite leg – Min 2 *Missing/Additional Diff	
Total Difficulty Score (Max 5.00)	

Artistry – 0.20 each Series of rhythmic steps Series of rhythmic steps (change direction) Series of rhythmic steps (traveling) 1 Body wave (forward) 1 Body wave (backward) 1 Body wave (side) 1 Isolated Acro 2 Acro/rotation element in a row on horizontal axis(min/max) Level changes (min 2) 2 Elements of rotation on vertical axis in a row Sufficient use of movement Use of entire floor area	Max 2.40	
Musicality	0-1.00max	
Expression	0-0.60max	
Total Artistry	4.00 max	

Execution	Max 5.00	
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Judge Signature: _____