

Competition: _____

Gymnast: _____ No: _____



Level 4				

Difficulty Max 1.20 (FIG) 6 A & B Body Difficulties 2 leaps/jumps 2 balances 1 pivot 1 flexibility	_____ X 2.5= _____
Deductions: (- 0.30 each) *Over maximum *Missing/Additional Diff.	
Total Difficulty Score (Max 3.00)	

Required Apparatus Elements: 7 Required Elements _____ X 0.20	Max 1.40	
Composition – 0.20 each 1 Series of rhythmic steps 1 Body wave 1 Acro Level changes (min 2) 1 Large traveling with handling	Max 1.00	
Musicality	0-0.40max	
Expression	0-0.20max	
Total Artistry	3.00 max	

Execution	Max 5.00	
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Judge Signature: _____

Competition: _____

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Composition – 0.20 each 1 Series of rhythmic steps 1 Body wave 1 Acro Level changes (min 2) 1 Large traveling with handling	Max 1.00	
Musicality	0-0.40max	
Expression	0-0.20max	
Total Artistry	3.00 max	

Execution	Max 5.00	
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Competition: _____

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Level 4

Difficulty Max 1.20 (FIG) 6 A & B Body Difficulties (1 from each group +2 additional)	_____ X 2.5= _____
Deductions: (- 0.30 each) *Over maximum *Opposite leg – Min 2 *Missing/Additional Diff.	
Total Difficulty Score (Max 3.00)	

Artistry – 0.20 each 2 Series of rhythmic steps 1 Body wave (forward) 1 Body wave (backward) 1 Arm(s) wave(s) 2 Acro (min/max) Level changes 2 chaine turns on releve in a row	Max 1.80	
Musicality	0-0.80max	
Expression	0-0.40max	
Total Artistry	3.00 max	

Execution	Max 5.00	
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Level 4

Difficulty Max 1.20 (FIG) 6 A & B Body Difficulties (1 from each group +2 additional)	_____ X 2.5= _____
Deductions: (- 0.30 each) *Over maximum *Opposite leg – Min 2 *Missing/Additional Diff.	
Total Difficulty Score (Max 3.00)	

Artistry – 0.20 each 2 Series of rhythmic steps 1 Body wave (forward) 1 Body wave (backward) 1 Arm(s) wave(s) 2 Acro (min/max) Level changes 2 chaine turns on releve in a row	Max 1.80	
Musicality	0-0.80max	
Expression	0-0.40max	
Total Artistry	3.00 max	

Execution	Max 5.00	
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Judge Signature: _____