

Competition: _____

Gymnast: _____ No: _____



Advanced Group				

Difficulty	Max 6.00 (FIG)	
10 A, B, C,D, E, F Body Difficulties		
4 Collaborations 0.50 each		
1 with multiple exchanges		
1 with throw		
6 Exchanges 0.50 each		
1 with Difficulty		
1 minimum 6m		
4 additional exchanges		
Total Difficulty Score		
(Max 11.00)		

Artistry – 0.20 each	Max 1.00	
Required Apparatus Elements		
1 from each Technical Group		
(2 must be on Difficulty)		
Composition 0.20 each	Max 2.20	
1 Series of rhythmic steps		
1 Body wave		
1 Acro		
Level changes (min 2 times)		
6 Formations		
1 Large traveling with handling		
Musicality	0-0.50max	
Expression	0-0.30max	
Total Artistry	4.00 max	

Execution	Max 10.00	
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Judge Signature: _____

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