



## Technical Update April 2013 #2

### Clarifications and Reminders:

- At level 8, if a group is missing a pair/group element or individual element, the deduction is -1.0 for each missing element. You do not take an additional -1.0 special requirement deduction for not having the correct number of elements. The number of elements is not a Special Requirement deduction at level 8.
- The only exception to this rule is stated in the JO COP, page 35 in regards to individual elements for the dynamic routine. If a P/G is missing any of the three category 2 elements in addition to the salto or series the deduction would be -1.0 for each missing individual element and an additional -1.0 for missing the salto/series. These are two different special requirements. This is also stated on page 67, 2.3.15.
- In levels 4-7, where it is asking for a straddle, you may also do pike or tuck. The statement on page 3 of the USA COP that says the positions are interchangeable is referring only if they are asking for a straddle or pike – then you can interchange a tuck. If it is asking for specific positions such as tuck, inlocate to tuck, 2:2 straddle or croc or a series of specific position such as tuck to pike, you may not substitute other positions.
- For level 7 pairs, you cannot link elements of the same shape without coming down in between – for example – you cannot do inlocate to tuck hold and then continue to hold the tuck for 3 more seconds in order to get credit for the high tuck. You may do inlocate to high tuck and then straighten the legs and do high pike because it is a different position.
- The CJP penalty for a “restart without justification” (-.3) would be taken if the coach has turned in the wrong music. If the music will not play or the music people put in the wrong music or there is a malfunction of the music equipment causing the need for a restart, no penalty is taken because these situations are not the fault of the athlete or coach.
- Manually fading of the music AT ALL LEVELS is a -1.0 CJP deduction.





- Hopping during a scale is an execution deduction not a time fault or loss of credit situation.
- In level 4, the bridge individual must start with the athlete laying down and then pushing up to bridge and finishing in a laying down position in order to receive credit.
- Reminder that all braces and tape must be flesh colored or a CJP deduction of .3 will be taken at all levels of competition.
- Boys in long pants must have white/nude socks or white/nude shoes or a -.3 deduction applies. If the pants are dark in color they must be broken with a lighter color from the ankle to the hip or a -.3 deduction will be applied.
- Words must not be included with music during an exercise. Music containing words such as hey, olay, ya, yeah etc. is okay. Music using voice as an instrument, with indistinguishable words, is also okay. If music does contain distinguishable words, coaches must be warned with the objectionable lyrics defined. At the second offense, the penalty is - 0.5 taken by the CJP. If the music has not received a warning or penalty at Regional Championships, no deduction may be taken at National Championships.
- Clarifications regarding the co-efficient for WP:
  - There is no co-efficient bonus for WP for mounts.
  - The co-efficient applies for static holds and during motions of the base.
  - It does not apply during motions of the top.

### **Questions and Answers:**

**Q#1** - When determining the value of the motion of a base, do you use the value of the top + base in static to determine if the foot to hand is less than 5 or more than 6, or just the value of the top?

**A#1** - There was not an intent to devalue all of the motions of the base when the top is in foot to hand. But when you eliminated the static hold of the base, that is what happens. This is currently on a list of questions to the FIG TC. For now, we have been giving the benefit of the doubt to the athletes and allowing them to use the value of the top and base in the static hold to determine the value of the base during the motion.

