

2010 SUPER CLINIC MASTER SCHEDULE

Friday, January 15

Start Time	End Time	Groups	Activity	Presenter
7:00 PM	9:00 PM	National Tech Committee	National Technical Committee Meeting	KD
				Wingate by Wyndham

Saturday, January 16

Start Time	End Time	Groups	Activity	Presenter	Room
8:30 AM	9:00 AM	All	Welcome, Clinic Orientation, Schedule Overview	KD	New Tampa Community Center
8:30 AM	9:00 AM	Coaches/Athletes	Strength & Conditioning	IK - Team A	New Tampa Community Center - Floor A
8:30 AM	9:00 AM	Coaches/Athletes	Flexibility	MA - Team B	New Tampa Community Center - Floor B
9:00 AM	9:30 AM	Coaches/Athletes	Strength & Conditioning	IK - Team B	New Tampa Community Center - Floor A
9:00 AM	9:30 AM	Coaches/Athletes	Flexibility	MA - Team A	New Tampa Community Center - Floor B
9:00 AM	10:30 AM	Judges	Review Rulebook, Clarifications, Elite Program	KD	New Tampa Community Center
9:30 AM	10:00 AM	Coaches	Coaches: Questions and Answers Athlete Break (leave floor)	IK	New Tampa Community Center - Floor A
10:00 AM	10:30 AM	Coaches/Athletes	How to Perform a Proper Handstand (2-arm)	IK - Team A	New Tampa Community Center - Floor A
10:00 AM	10:30 AM	Coaches/Athletes	How to Perform a Proper Handstand (1-arm)	MA - Team B	New Tampa Community Center - Floor B
10:30 AM	10:45 AM	All	Break		-
10:30 AM	11:00 AM	Coaches/Athletes	How to Perform a Proper Handstand (2-arm)	IK - Team B	New Tampa Community Center - Floor A
10:30 AM	11:00 AM	Coaches/Athletes	How to Perform a Proper Handstand (1-arm)	MA - Team A	New Tampa Community Center - Floor B
10:45 AM	12:30 PM	Judges	Review of Difficulty Book	KD	New Tampa Community Center
11:00 AM	11:30 AM	Coaches	Coaches: Questions and Answers Athlete Break (leave floor)	IK	New Tampa Community Center - Floor A
11:30 AM	12:00 PM	Coaches/Athletes	Training Specific to Bases	IK - Team A	New Tampa Community Center - Floor A
11:30 AM	12:00 PM	Coaches/Athletes	Training Specific to Tops	MA - Team B	New Tampa Community Center - Floor B
12:00 PM	12:30 PM	Coaches/Athletes	Training Specific to Bases	IK - Team B	New Tampa Community Center - Floor A
12:00 PM	12:30 PM	Coaches/Athletes	Training Specific to Tops	MA - Team A	New Tampa Community Center - Floor B
12:30 PM	1:30 PM	All	Lunch		-
1:30 PM	2:30 PM	Judges/Coaches	Online Tariff Sheet Submission No Athletes	BM, KD	New Tampa Community Center
2:30 PM	3:00 PM	Coaches/Athletes	How to Develop an Arch	IK - Team A	New Tampa Community Center - Floor A
2:30 PM	3:00 PM	Coaches/Athletes	How to Develop a Flag	MA - Team B	New Tampa Community Center - Floor B
2:30 PM	3:15 PM	Judges	Tariff Sheets - Pairs	KD	New Tampa Community Center
3:00 PM	3:30 PM	Coaches/Athletes	How to Develop an Arch	IK - Team B	New Tampa Community Center - Floor A
3:00 PM	3:30 PM	Coaches/Athletes	How to Develop a Flag	MA - Team A	New Tampa Community Center - Floor B
3:15 PM	4:45 PM	All	Break		-
3:30 PM	4:00 PM	Coaches	Coaches: Questions and Answers Athlete Break (leave floor)	IK	New Tampa Community Center - Floor A
4:00 PM	5:00 PM	Coaches	BioMechanics (no athletes)	MA	New Tampa Community Center - Floor A
4:45 PM	6:00 PM	Judges	Tariff Sheets - Trios	KD	New Tampa Community Center
5:00 PM	6:00 PM	Coaches	National Plan Presentation (no athletes)	TH	New Tampa Community Center
6:00 PM	7:00 PM	All	Dinner		-
7:00 PM	7:30 PM	Judges	Code of Conduct for Judges, National-event Feedback	KD	New Tampa Community Center
7:30 p.m.	8:30 PM	Selena Peco/Bob Meier	Videotape - Level 6 & 7 Men's Group	SP/BM	New Tampa Community Center
7:30 PM	8:30 PM	Coaches/Judges	National Plan Presentation	TH	New Tampa Community Center

Sunday, January 17

Start Time	End Time	Groups	Activity	Presenter	Room
8:30 AM	9:30 AM	Coaches	Preparing for Competition (peaking, psychology, choreography) No Athletes	MA	New Tampa Community Center - Floor B
8:30 AM	9:30 AM	Judges	Artistry - Video Review, Practical Judging, Discussion	KD	New Tampa Community Center
9:30 AM	9:45 AM	Judges	Break		-
9:30 AM	10:00 AM	Coaches	Coaches: Questions and Answers Athlete Break (leave floor)	MA	New Tampa Community Center - Floor B
10:00 AM	10:30 AM	Coaches/Athletes	Stalder Press	IK - Team A	New Tampa Community Center - Floor A
10:00 AM	10:30 AM	Coaches/Athletes	Artistic Impression/Polish, Etc...	MA - Team B	New Tampa Community Center - Floor B
9:45 AM	10:45 AM	Judges	Execution - Video Review, Practical Judging, Discussion	KD	New Tampa Community Center
10:45 AM	12:00 PM	Judges	Review/Q&A	KD	New Tampa Community Center
10:30 AM	11:00 AM	Coaches/Athletes	Stalder Press	IK - Team B	New Tampa Community Center - Floor A
10:30 AM	11:00 AM	Coaches/Athletes	Artistic Impression/Polish, Etc...	MA - Team A	New Tampa Community Center - Floor B
11:00 AM	11:30 AM	Coaches/Athletes	Training Full Twist	IK - Team A	New Tampa Community Center - Floor A
11:00 AM	11:30 AM	Coaches/Athletes	Creating a Comprehensive Warm-up	MA - Team B	New Tampa Community Center - Floor B
11:30 AM	12:00 PM	Coaches/Athletes	Training Full Twist	IK - Team B	New Tampa Community Center - Floor A
11:30 AM	12:00 PM	Coaches/Athletes	Creating a Comprehensive Warm-up	MA - Team A	New Tampa Community Center - Floor B
12:00 PM	2:00 PM	All	Lunch		-
2:00 PM	2:30 PM	Coaches/Athletes	Dynamic Basics & Technique (basket, tsuk)	IK - Team A	New Tampa Community Center - Floor A
2:00 PM	2:30 PM	Coaches/Athletes	Block Drills & Skills	MA - Team B	New Tampa Community Center - Floor B
2:00 PM	4:00 PM	Judges	Testing (Upgrades)	KD	New Tampa Community Center
2:00 PM	7:00 PM	National Judges Test	Written Portion & Video Review	Kd	New Tampa Community Center
2:30 PM	3:00 PM	Coaches/Athletes	Dynamic Basics & Technique (basket, tsuk)	IK - Team B	New Tampa Community Center - Floor A
2:30 PM	3:00 PM	Coaches/Athletes	Block Drills & Skills	MA - Team A	New Tampa Community Center - Floor B
3:00 PM	3:30 PM	Coaches	Coaches: Questions and Answers Athlete Break (leave floor)	MA	New Tampa Community Center - Floor B
3:30 PM	4:00 PM	Coaches/Athletes	Open Training Time - Dynamic	IK - Team A	New Tampa Community Center - Floor A
3:30 PM	4:00 PM	Coaches/Athletes	Open Training Time - Balance	MA - Team B	New Tampa Community Center - Floor B
4:00 PM	4:30 PM	Coaches/Athletes	Open Training Time - Dynamic	IK - Team B	New Tampa Community Center - Floor A
4:00 PM	4:30 PM	Coaches/Athletes	Open Training Time - Balance	MA - Team A	New Tampa Community Center - Floor B
4:30 PM	5:00 PM	Coaches	Coaches: Questions and Answers Athlete Break (leave floor)	MA	New Tampa Community Center - Floor B

CLINICIANS:

IK - Ivaylo Katsov
 MA - Marie Annonson
 TH - Tom Housley
 BM - Bob Meier

*Schedule is tentative and subject to change