

**2009 National Qualifier Schedule:**  
**ALL coaches must dress in warm-ups and sneakers!**

Friday:

7:30pm-9:00pm      NQ Judges' Seminar: Host Hotel

9:00pm              Coaches' Meeting: Host Hotel (Hand in D Forms)

Saturday:

9:00am              Gym Opens for Warm-up Group JR Group A

9:30am              Judges Depart Hotel (breakfast at the Host Hotel)

10:20-10:30am      Timed Warm-ups Junior Group A  
10:30-12:00        Junior Group A: Rope/Hoop

10:40am              Gym Opens: Junior Group B

12:00-12:10        Judges' Break

12:00-12:10        Timed Warm-up Junior Group B  
12:15-1:45pm      Junior Group B: Rope/Hoop  
1:34-2:15pm        Junior Awards: Rope and Hoop

1:00pm              Gym Opens: Senior Group A

1:45-2:30pm        Judges Lunch

2:30-2:40pm        Timed Warm-up Sr. Group A  
2:45-4:00pm        Senior Group A: Rope/Hoop

2:30pm              Gym Opens: Senior Group B

4:00-4:10pm        Judges Break

4:00-4:10pm        Timed Warm-up Sr. Group B  
4:15-5:30pm        Senior Group B: Rope/Hoop  
5:30-6:00pm        Senior Awards: Rope and Hoop

7:30-9:00pm        Coaches/Judges' Dinner

Sunday:

8:00am              Gym Opens for Warm-up Group JR Group B

8:30am	Judges Depart Hotel (breakfast at the Host Hotel)
9:30-9:40am	Timed Warm-ups Junior Group B
9:45-11:15	Junior Group B: Ball/Clubs
9:45am	Gym Opens: Junior Group A
11:15-11:30	Judges' Break
11:15-11:25	Timed Warm-up Junior Group A
11:30-1:00pm	Junior Group A: Ball/Clubs
1:15-1:45	Awards: Juniors
12:15pm	Gym Opens: Senior Group B
1:00-1:45	Judges Break
1:45-1:55	Timed Warm-up Sr. Group B
2:00-3:30	Senior Group B: Ball/Ribbon
2:00pm	Gym Opens: Senior Group A
3:30-3:40	Judges Break
3:30-3:40	Timed Warm-up Sr. Group A
3:45-5:15	Senior Group A: Ball/ Ribbon
5:15-5:45	Awards: Seniors
6:00-6:30	National Gala